

# NMT Student Health Center

## Frequently Asked Questions (Q&A)

**Q: Where is the NMT Student Health Center located?**

A: The Student Health Center is conveniently located in Fidel Student Center 151. The entrance is located on the North West Corner of the building, just across from Workman.

**Q: How do I make an appointment at the health center?**

A: You can make an appointment in person, or by calling the health center at

**575-835-5094**

**Q: What are the hours of operation at the Student Health Center?**

A: The student health center is open Monday – Friday from 8 am – 4 pm. We do not close for lunch. We are closed for major holidays and campus holidays.

**Q: What types of services are provided at the health center?**

A: We offer a wide variety of college health services. Please see our services flyer on our website, or call with any questions you may have.

**Q: Are the services at the NMT health center confidential?**

A: Your medical information is confidential. If you are over 18 years of age then your medical information will not be shared with anyone, including your parents, professors, and other medical providers, unless you provide your consent.

**Q: I missed class because I am sick. Can the health center write me a note to excuse my absence from class?**

A: Illness and injury may occasionally impact your ability to attend class or complete assignments. We urge students to notify their professors immediately when an injury or illness prevents them from attending class or completing course work.

The student health center does not provide written medical excuses for class absences. Students may request documentation to verify the date and time they were seen for an appointment at the health center, but no further information will be provided. Students are responsible for making up all missed work. This approach allow for students, as young adults, to advocate for themselves and to take responsibility for their health and academics. This also encourages instructors to communicate directly with students if concerns arise.

**Q: Do I need health insurance while I am a student at NMT?**

A: Yes. It is strongly recommended that you maintain health insurance throughout the duration of your time at NMT. The health center offers limited college health services only. For any services that are outsourced such as labs, XRAY, cost of prescriptions medications, and referrals to specialist require health insurance.

**Q: Can I fill my prescriptions at the NMT Student Health Center?**

A: No. There is no pharmacy on the NMT campus. There are two local pharmacies in the Socorro area to meet this need. There are very limited medications at the Student Health Center available to students such as Tylenol and ibuprofen.

**Local Pharmacies:**

Walmart Pharmacy: 575-838-1426

**Q: Do you have flu shots?**

A: The student health center sponsors a flu vaccine clinic in October of every year. If you cannot make it to or have missed our clinic, then you can go to a local pharmacy or clinic to get the influenza vaccine.

**Q: Can I get up to date on my vaccines at the health center?**

A: The student health center does not provide routine vaccinations. There are options in the Socorro area for vaccination needs, including clinics and pharmacies.

**Q: Can you refer me to a specialist?**

A: To be referred to a specialist, you must first make and attend an appointment with the Nurse Practitioner. The Nurse Practitioner can refer you to a specialist if, after evaluation, they conclude that this is the best next step for your care.

**Q: Can I just walk in and have a nurse take a look at me?**

A: Due to the volume of students we see, we do not offer walk in services. We encourage you to make an appointment if you have a health concern. You can make an appointment in person or by telephone.

**Q: I'd like to start birth control. How do I go about that?**

A: You can make an appointment at the health center if you would like to discuss birth control options with a practitioner. Our nurse practitioners are license prescribers who can write you a prescription if, after evaluation, deemed appropriate. There are also local clinics that provide reproductive and health services.

**Q: Do you offer free condoms?**

A: Yes, the health center offers free condoms. No appointment is needed for this service.

**Q: Do you prescribe ADHD medication?**

A: The majority of our students on ADHD medication continue to receive their ADHD medication from their home prescriber. Please work out details involved in managing your medication with your home prescriber prior to arriving to campus.

**Q: Do you treat sexually transmitted infections?**

A: Yes. There are options for you to get testing through our office. You can get tested and treated for sexually transmitted infections at the student health center. If you believe that you have a STI you should make and attend an appointment for evaluation.

**Do you have other questions? We would love to hear from you. Please call us at: [575-835-5094](tel:575-835-5094)**