RS-6 / Voluntary Declaration of Pregnancy

Date: _____

Important Information:

- The declaration of pregnancy is **voluntary**.
- An individual who is occupationally exposed to radiation may voluntarily declare pregnancy in writing in order to receive additional radiation protection considerations for the embryo/fetus.
- If pregnancy is declared in writing, the dose limit to the embryo/fetus becomes: **0.5 rem (5 mSv) total for the entire gestation period**, with efforts made to avoid substantial variation above a uniform monthly exposure rate.
- This declaration may be withdrawn at any time in writing.
- All information will be treated as confidential and shared only with individuals who need the information for radiation protection purposes.

SECTION 1 – Declaration

I, _____ (print name), voluntarily declare that I am pregnant.

I have been provided with NRC Regulatory Guide 8.13, "Instruction Concerning Prenatal Radiation Exposure," and have had the opportunity to review it. I understand that I may contact the NMT Radiation Safety Officers with questions concerning prenatal occupational radiation exposure.

I understand that, following my written declaration of pregnancy, NMT will take measures to ensure that the occupational dose to the embryo/fetus during the entire pregnancy does not exceed 500 millirem (5 millisieverts), in accordance with applicable regulatory requirements.

I understand that:

- This declaration is voluntary.
- I may withdraw this declaration at any time and for any reason in writing.
- The institution will take appropriate steps to limit radiation dose to my embryo/fetus in accordance with regulatory requirements and institutional policy.

I agree to promptly notify the NMT Radiation Safety Officers when the pregnancy ends or if I determine that I am no longer pregnant.

Estimated date of conception: _____

Anticipated due date: _____

Signature: _____ Department: _____

Printed Name: _____ Supervisor / Authorized User: _____

Date: _____

SECTION 2 – RSO Review and Action

Upon receipt of this declaration, the Radiation Safety Officer (RSO) will:

☐ Review current radiation work assignments

☐ Evaluate prior dose during current gestation period

☐ Ensure fetal dosimeter is assigned (if applicable)

☐ Evaluate projected embryo/fetal dose and applicable dose-control measures

☐ Recommend modifications to work practices if necessary

Comments / work modifications (if required): _____

_____

_____

RSO signature: _____ Date: _____

Printed Name: _____

SECTION 3 – Withdrawal of Declaration (Optional)

I withdraw my voluntary declaration of pregnancy.

Signature: _____

Date: _____