

**APPENDIX 6  
FIELD EXPERIENCE MANUAL**

**NEW MEXICO STATE UNIVERSITY  
PSYCHOPHARMACOLOGY TRAINING**

**SUPERVISED CLINICAL EXPERIENCE  
TRAINING MANUAL**

**Rev. 12/2016**

## TABLE OF CONTENTS

Introduction .....	2
What You Need to Know When Setting Up Your 80 Hour Practicum .....	4
Sample Forms to be Used for 80 Hour Practicum .....	5-16
What You Need to Know When Setting Up Your 400 Hour Practicum. .... (when treating patients with psychotropics)	17
Sample Forms to be Used for 400 Hour Practicum .....	19-86
Everything You Need to Know Now that Your Coursework and Practica are Complete. ....	87
Final Form to be submitted to the Training Director. ....	92
Checklist of Material to be Sent to the Training Director before Applying for Your Conditional License to Prescribe. ....	97

**FORM 400-7****400-hour Practicum Patient Intake Forms  
FOR ADULTS  
FOR ADOLESCENTS**

**(These are sample forms. You may use the following forms or another of your choosing as long as all necessary information is recorded.**

**Please see the New Mexico RxP regulations)**

**(Prescribing Psychologist Student Letterhead)**  
**INTAKE FORM (Adolescent 12-17)**

**Please Use Ink**

Name \_\_\_\_\_ Sex:  Male  Female DOB \_\_\_\_\_  
 Age \_\_\_\_\_ Social Security# \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Home telephone \_\_\_\_\_  
 Emergency contact \_\_\_\_\_ Relationship \_\_\_\_\_ Telephone \_\_\_\_\_  
 School \_\_\_\_\_ Grade \_\_\_\_\_ Teacher's Name \_\_\_\_\_ Telephone \_\_\_\_\_

**Information about Mother:**

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_ SS# \_\_\_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Home telephone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Years of School Completed \_\_\_\_\_ Place of Employment \_\_\_\_\_  
 Type of Work \_\_\_\_\_ E-mail address \_\_\_\_\_  
 Marital Status \_\_\_\_\_ Number of Marriages \_\_\_\_\_ Religion \_\_\_\_\_

**Information about Father:**

Name \_\_\_\_\_ DOB \_\_\_\_\_ Age \_\_\_\_\_ SS# \_\_\_\_\_  
 Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Home telephone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_  
 Years of School Completed \_\_\_\_\_ Place of Employment \_\_\_\_\_  
 Type of Work \_\_\_\_\_ E-mail address \_\_\_\_\_  
 Marital Status \_\_\_\_\_ Number of Marriages \_\_\_\_\_ Religion \_\_\_\_\_

**OTHERS IN THE HOME:**

Name	DOB	Age	Relationship
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Ht:** \_\_\_\_\_ **Wt:** \_\_\_\_\_

*(Note: Please check what applies to YOREF. If it is not applicable, please check HX, then specify who on the line provided, such as paternal uncle, maternal grandmother, etc.)*

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## APPENDIX 6 FIELD EXPERIENCE MANUAL

### NEUROLOGICAL

Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blackouts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Head injury	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Convulsions/ seizures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### ADDICTIONS

Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nicotine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Caffeine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### PULMONARY/LUNGS

Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bronchitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Emphysema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Pneumonia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### DIGESTIVE (GI)

Stomach/duodenal ulcer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Nausea or vomiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Weight loss and/or gain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diverticulosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Colitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Blood in stools	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Constipation or diarrhea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### REPRODUCTIVE

Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Genital herpes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Liver problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gallbladder problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hernia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Breast disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### CARDIOVASCULAR

High or low blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Arteriosclerosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chest pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Irregular heartbeat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Heart murmur	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### EYE/EARS/NOSE/THROAT

Dental/oral problem	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Eye or eyelid infection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other eye problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Ear infection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Deafness or decreased hearing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Allergies or hay fever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Frequent nosebleeds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Difficulty swallowing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Strep throat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### KIDNEY/RENAL

Kidney or bladder disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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### ENDOCRINE/METABOLIC

Thyroid problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes (Type I or Type II)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Present**  
**Past**  
**Uncertain**  
**None**  
**Family Hx**  
**Who**

Prostate problem (males)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gynecologic problem (females)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Hemorrhoids	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**Present**  
**Past**  
**Uncertain**  
**None**  
**Family Hx**  
**Who**

**HEMATOLOGIC**

Anemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**MUSCULOSKELETAL**

Arthritis or other stiffness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Gout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Muscle weakness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Muscle pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bone fracture	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**IMMUNE SYSTEM**

Medication allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Food allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other allergies, excluding ENT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tumor(s), cancerous or benign	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**CURRENT HEALTH HABITS**

**Yes**    **No**

Daily aerobic exercise	<input type="checkbox"/>	<input type="checkbox"/>
Stable weight	<input type="checkbox"/>	<input type="checkbox"/>
Stable sleep	<input type="checkbox"/>	<input type="checkbox"/>
Coping skills for stress	<input type="checkbox"/>	<input type="checkbox"/>
Wake up rested most mornings	<input type="checkbox"/>	<input type="checkbox"/>
Have someone to turn to when troubled or upset	<input type="checkbox"/>	<input type="checkbox"/>

**INFECTIONS**

Measles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
German measles/Rubella	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Polio	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mumps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Scarlet fever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Chicken pox	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Mononucleosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

**DERMATOLOGIC/SKIN**

Eczema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Psoriasis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Skin rash	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Open wound(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please list all medications (include over-the-counter) and their doses that you are currently taking:

MEDICATION	DOSE	MEDICATION	DOSE
------------	------	------------	------

1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

Have you ever been hospitalized for a psychiatric reason?  Yes  No  
 Please list all hospitalizations, medical and psychiatric:

Dates of hospitalization	Place	Reason	Psychiatric medications prescribed, if any

Your answers to this questionnaire can help me to quickly and accurately understand your concerns.

Yes	Yes
1. Have you been consistently depressed or down, most of the day, nearly every day, for the past two weeks, or longer? (If YES, continue with next question; if NO, skip to Question 5.) <input type="checkbox"/>	10. Do you feel anxious or uneasy in particular places or situations? <input type="checkbox"/>
2. Have you become less interested in things you used to enjoy most of the time? <input type="checkbox"/>	11. In the past month, have you been repeatedly bothered by unwanted thoughts or images? <input type="checkbox"/>
3. When something good happens, do you feel better, even if only temporarily? <input type="checkbox"/>	12. In the past month, have you done something repeatedly without being able to resist doing it? <input type="checkbox"/>
4. Have you felt sad, low, or depressed most of the time for the last two years? <input type="checkbox"/>	13. Have you ever experienced or witnessed serious injury or threat to yourself or another person, or an actual death? <input type="checkbox"/>
5. Other than when intoxicated on drugs or alcohol, have you ever felt so "up" or "high" that other people thought you were not your usual self? <input type="checkbox"/>	14. Have you ever re-experienced a distressing event through dreams, flashbacks, or physical reactions? <input type="checkbox"/>
6. Have you ever gone for days at a time without feeling the need for much sleep? <input type="checkbox"/>	15. In the past 12 months, have you had three or more alcoholic drinks within a three hour period on more than three occasions? <input type="checkbox"/>
7. Are you currently feeling "up," "high," or full of energy? <input type="checkbox"/>	16. In the past 12 months, did you drink alcohol or take a drug, more than once, to get high, feel better, or change your mood? <input type="checkbox"/>
8. Have you been frequently irritable, over-reacting to setbacks that you or others would consider relatively minor? <input type="checkbox"/>	
9. Have you had anxiety attacks, i.e., become intensely frightened, uncomfortable, or uneasy, for no apparent reason? <input type="checkbox"/>	If so, which of the following did you use? <input type="checkbox"/>
	Stimulants, amphetamines, Speed, crystal meth, Dexedrine, Ritalin, diet pills. <input type="checkbox"/>

- |  |  |   |
|--|--|---|
| <p>Cocaine: snorting, IV, freebase, crack, "Speedball." <input type="checkbox"/></p> <p>Narcotics, heroin, morphine, methadone, painkillers. <input type="checkbox"/></p> <p>Hallucinogens: LSD ("acid"), mescaline, peyote, PCP ("Angel dust," "Peace Pill"), psilocybin, STP, mushrooms, Ecstasy, MDA, or MDMA. <input type="checkbox"/></p> <p>Inhalants: glue, ethyl chloride, nitrous oxide ("laughing gas"), amyl or butyl nitrate ("Poppers"). <input type="checkbox"/></p> <p>Marijuana: hashish, THC. <input type="checkbox"/></p> <p>Tranquilizers or downers. <input type="checkbox"/></p> <p>Miscellaneous: steroids, nonprescription sleep aides, diet pills, other _____ <input type="checkbox"/></p> <p>17. In the past three months, have you ever eaten a huge amount of food within a two-hour period? <input type="checkbox"/></p> <p>18. Would people who know you well describe you as a worrier? <input type="checkbox"/></p> <p>19. Have you ever felt that you should cut <input type="checkbox"/></p> |  | <p>down on your drinking/drug use? <input type="checkbox"/></p> <p>20. Has anyone annoyed you by telling you to cut down on your drinking/drug use? <input type="checkbox"/></p> <p>21. Have you ever felt guilty or bad about your drinking/drug use? <input type="checkbox"/></p> <p>22. Do you ever wake up in the morning wanting to have an alcoholic drink or take drugs (eye opener)? <input type="checkbox"/></p> <p>23. Has anyone ever criticized you or told you that you have a gambling problem? <input type="checkbox"/></p> <p>24. Have you ever had to lie to family members, friends, or therapists about your gambling practices? <input type="checkbox"/></p> <p>25. In the past month, have you wanted to harm yourself? <input type="checkbox"/></p> <p>26. In the past month, did you have suicidal thoughts (e.g., wished you were dead or would be better off dead)? <input type="checkbox"/></p> <p>27. Have you ever made a suicide plan? <input type="checkbox"/></p> <p>28. Have you ever attempted suicide? <input type="checkbox"/></p> |
|--|--|---|

**FAMILY MENTAL HEALTH HISTORY**

Family Member	Age, if still living	Mental health or substance abuse problems, if any*	If deceased, age at death	If deceased, cause of death
Mother				
Father				
Sister/Brother (circle one)				
Sister/Brother (circle one)				
Sister/Brother (circle one)				
Sister/Brother (circle one)				
Sister/Brother (circle one)				
Maternal Grandmother				
Maternal Grandfather				
Paternal Grandmother				
Paternal Grandfather				

\*Such as: alcoholism, drug addiction, depression, bipolar disorder, schizophrenia, ADHD, anxiety/panic, obsessive-compulsive disorder (OCD), learning disability, sleep disorder, violent tendencies.

NAME: \_\_\_\_\_ Visit Type: *Intake Follow-up Med Check Other* Date: \_\_\_\_\_

	Never	Rarely	Some-times	Frequently	Almost Always	SD	IR	SR
1. I get along with others.	4	3	2	1	0	+		+
2. I tire quickly.	0	1	2	3	4		+	+
3. I feel no interest in things.	0	1	2	3	4		+	+



4. I feel stressed at work/school/housework/volunteering.	0	1	2	3	4	+	+	
5. I blame myself for things.	0	1	2	3	4		+	+
6. I feel irritated.	0	1	2	3	4		+	+
7. I feel unhappy in my marriage/significant relationship.	0	1	2	3	4	+		+
8. I have thoughts of ending my life.	0	1	2	3	4		+	+
9. I feel weak.	0	1	2	3	4		+	+
10. I feel fearful.	0	1	2	3	4		+	+
11. After heavy drinking, I need a drink the next morning to get going. (If you do not drink, mark "never")	0	1	2	3	4		+	+
12. I find my work/school/ housework/volunteering satisfying.	4	3	2	1	0	+	+	
13. I am a happy person.	4	3	2	1	0		+	+
14. I work/study too much.	0	1	2	3	4	+	+	
15. I feel worthless	0	1	2	3	4		+	+
16. I am concerned about family troubles.	0	1	2	3	4	+		+
17. I have an unfulfilling sex life.	0	1	2	3	4	+		+
18. I feel lonely.	0	1	2	3	4	+		+
19. I have frequent arguments.	0	1	2	3	4	+		+
20. I feel loved and wanted.	4	3	2	1	0	+		+
21. I enjoy my spare time.	4	3	2	1	0	+	+	
22. I have difficulty concentrating.	0	1	2	3	4		+	+
23. I feel hopeless about the future.	0	1	2	3	4		+	+
24. I like myself.	4	3	2	1	0		+	+
25. Disturbing thoughts come into my mind that I can't get rid of.	0	1	2	3	4		+	+
26. I feel annoyed by people who criticize my drinking (or frequent drug use). (If not applicable, mark "never")	0	1	2	3	4	+		+
27. I have an upset stomach.	0	1	2	3	4		+	+
28. I am not working/studying housework/volunteering as well as I used to.	0	1	2	3	4	+	+	
29. My heart pounds too much.	0	1	2	3	4		+	+
30. I have trouble getting along with my friends and close acquaintances.	0	1	2	3	4	+		+
31. I am satisfied with my life.	4	3	2	1	0		+	+
32. I have trouble at work/school housework/volunteering because of drinking or drug use. (If not applicable, mark "never")	0	1	2	3	4	+	+	
33. I feel that something bad is going to happen.	0	1	2	3	4		+	+
34. I have sore muscles.	0	1	2	3	4		+	+
35. I feel afraid of open spaces, or driving, or being on buses, subways, and so forth.	0	1	2	3	4		+	+
36. I feel nervous.	0	1	2	3	4		+	+
37. I feel my love relationships are full and complete.	4	3	2	1	0	+		+
38. I feel that I am not doing well at work/school.	0	1	2	3	4	+	+	
39. I have too many disagreements at work/school.	0	1	2	3	4	+	+	
40. I feel something is wrong with my mind.	0	1	2	3	4		+	+
41. I have trouble falling asleep or staying asleep.	0	1	2	3	4		+	+
42. I feel blue.	0	1	2	3	4		+	+
43. I am satisfied with my relationships with others.	4	3	2	1	0	+		+
44. I feel angry enough at work/school housework/volunteering to do something I may regret.	0	1	2	3	4	+	+	
45. I have headaches.	0	1	2	3	4		+	+
46. I feel restless & can't sit still.	0	1	2	3	4	+	+	+
47. I hear or see things that may not be there.	0	1	2	3	4	+	+	+
48. I do impulsive things (spending/gambling/dangerous driving)	0	1	2	3	4	+	+	+
49. My thoughts race.	0	1	2	3	4	+	+	+
					<b>TOTAL:</b>			

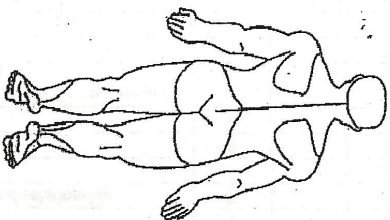
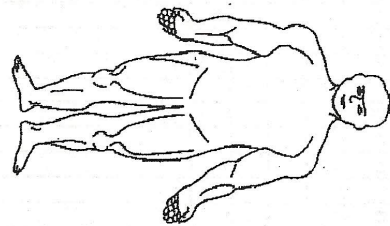
**WELL-BEING QUESTIONNAIRE**

Directions: Please circle any of the following that apply to you:

- |                            |                         |   |                       |                  |   |                        |           |
|----------------------------|-------------------------|---|-----------------------|------------------|---|------------------------|-----------|
| Blurred vision             | Dry mouth               | Excess saliva                                     | Difficulty swallowing | Dizziness        | Memory problems                             | Restless               | Too happy |
| Oversensitive to criticism | Impulsive               | Living dangerously (spending, gambling, speeding) | Racing thoughts       | Violent thoughts | Seeing or hearing things that are not there | Trouble falling asleep |           |
| Constipation               | Diarrhea                | Hyper-feeding                                     | Difficulty breathing  | Weird thoughts   | Frequent troubling nightmares               | Vivid dreaming         |           |
| Trouble staying asleep     | Early morning awakening |   |                       |                  |   |                        |           |

**PAIN SURVEY IF APPLICABLE**

Directions: On the diagrams below, please mark the areas where you are experiencing pain:



**Tell Us If You Have Pain**

- 10  Worst Possible Pain  
*(12 hour rating)*
- 9  Very Severe Pain  
*(can do few things)*
- 8  Severe Pain  
*(can do few things)*
- 7  Moderate Pain  
*(can do moderate)*
- 6  Mild Pain  
*(can do some)*
- 5  No Pain  
*(can do all)*

Since the last session have you...

- ...lost or gained weight?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...had any new medical problems?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...noticed any new medication side-effects?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...visited a health care provider?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...started, stopped, or changed the dosage of any medication, herb, supplement, caffeine, or nicotine?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...experienced stressful events at home, school, or work?  Yes  No. If Yes, explain: \_\_\_\_\_
- Do you need a refill on any of your medications?  Yes  No. If Yes, please list with current dosage: \_\_\_\_\_

Even though we will ask to make a copy of your child’s insurance card, we would appreciate if you would fill in the following information:

**PRIMARY INSURANCE COMPANY**

Name of Insurance Company \_\_\_\_\_ Policy# \_\_\_\_\_ Group# \_\_\_\_\_

Authorization or Referral Number \_\_\_\_\_

Name of Insured Person \_\_\_\_\_ DOB \_\_\_\_\_ SS# \_\_\_\_\_

Address, Phone Numbers and Place of Employment for Insured (if different from first page):

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home telephone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Place of Employment \_\_\_\_\_ Work Phone \_\_\_\_\_

**SECONDARY INSURANCE COMPANY**

Name of Insurance Company \_\_\_\_\_ Policy# \_\_\_\_\_ Group# \_\_\_\_\_

Authorization or Referral Number \_\_\_\_\_

Name of Insured Person \_\_\_\_\_ DOB \_\_\_\_\_ SS# \_\_\_\_\_

Address, Phone Numbers and Place of Employment for Insured (if different from first page):

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home telephone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Place of Employment \_\_\_\_\_ Work Phone \_\_\_\_\_

**PATIENT OR AUTHORIZED PERSON’S SIGNATURE:** I authorize the release of any medical or other information necessary to process insurance claims:

Yes  No

I authorize payment of medical benefits to (Prescribing Psychology Student Name) for services rendered:

Yes  No

**SIGNED:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Name of person who referred you to this office \_\_\_\_\_

Why are you seeking treatment for your child now? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Has your child ever seen a therapist or counselor before?  Yes  No

If yes, what was the name of therapist? \_\_\_\_\_

Dates and reason for therapy \_\_\_\_\_

**For each item, below, please check your preference and provide your initials; then sign below:**

\_\_\_\_\_  Yes  No I grant permission for (Prescribing Psychology Student Name) to speak with my child's physician about my child's psychological and medical status.

\_\_\_\_\_  Yes  No I grant permission for (Prescribing Psychology Student Name) to speak about my child's psychological and/or medical status with *(other healthcare provider's name, address, and phone number)*: \_\_\_\_\_  
\_\_\_\_\_

\_\_\_\_\_  Yes  No I grant permission for (Prescribing Psychology Student Name) to speak with my child's teacher and other school personnel at \_\_\_\_\_ *(name of school)* about how my child is doing in school.

\_\_\_\_\_  Yes  No I grant permission for (Prescribing Psychology Student Name) to release medical or other information about my child's care to my child's insurance company, in order to process insurance claims.

\_\_\_\_\_  Yes  No I authorize payment of medical benefits to (Prescribing Psychology Student Name) for services rendered.

***All questions on your account should be directed to:***

\_\_\_\_\_

**I have read (Prescribing Psychology Student Name)  Yes  No practice and privacy policies, and consent to this patient-psychologist agreement on behalf of my child.**

\_\_\_\_\_  
**Parent or Guardian's Signature**

\_\_\_\_\_  
**Date**



Ht: \_\_\_\_\_ Wt: \_\_\_\_\_

(Note: Please check what applies to ~~ME~~ E. If he or she is ~~your~~ fibroid, ~~has~~ ~~had~~ ~~MY~~ HX, then specify who on the line provided, such as paternal uncle, maternal grandmother, etc.

	Present	Past	Uncertain	None	Family hx	Who
<b>NEUROLOGICAL</b>						
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Fatigue	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Blackouts	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Head injury	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Stroke	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Convulsions/ seizures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Present	Past	Uncertain	None	Family hx	Who
<b>ADDICTIONS</b>						
Alcohol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Drugs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Nicotine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Caffeine	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Present	Past	Uncertain	None	Family hx	Who
<b>PULMONARY/LUNGS</b>						
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Bronchitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Emphysema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Pneumonia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Present	Past	Uncertain	None	Family hx	Who
<b>DIGESTIVE (GI)</b>						
Stomach/duodenal ulcer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Nausea or vomiting	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Weight loss and/or gain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Diverticulosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Colitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Blood in stools	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Constipation or diarrhea	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Present	Past	Uncertain	None	Family Hx	Who
<b>REPRODUCTIVE</b>						
Hepatitis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Genital herpes	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Liver problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Gallbladder problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hernia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Breast disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Present	Past	Uncertain	None	Family Hx	Who
<b>CARDIOVASCULAR</b>						
High or low blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
High cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Arteriosclerosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Heart attack	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Chest pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Irregular heartbeat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Heart murmur	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Present	Past	Uncertain	None	Family Hx	Who
<b>EYE/EARS/NOSE/THROAT</b>						
Dental/oral problem	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Eye or eyelid infection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other eye problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ear infection	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Deafness or decreased hearing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Allergies or hay fever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Frequent nosebleeds	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Difficulty swallowing	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Strep throat	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Present	Past	Uncertain	None	Family Hx	Who
<b>KIDNEY/RENAL</b>						
Kidney or bladder disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Present	Past	Uncertain	None	Family Hx	Who
<b>ENDOCRINE/METABOLIC</b>						
Thyroid problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Diabetes (Type I or Type II)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

	Present	Past	Uncertain	None	Family Hx	Who
Prostate problem (males)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Gynecologic problem (females)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hemorrhoids	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

**HEMATOLOGIC**

Anemia	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

**IMMUNE SYSTEM**

Medication allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Food allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other allergies, excluding ENT	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Tumor(s), cancerous or benign	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

**INFECTIONS**

Measles	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
German measles/Rubella	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Polio	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Mumps	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Scarlet fever	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Chicken pox	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Mononucleosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

**DERMATOLOGIC/SKIN**

Eczema	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Psoriasis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Skin rash	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Open wound(s)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

**MUSCULOSKELETAL**

	Present	Past	Uncertain	None	Family Hx	Who
Arthritis or other stiffness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Gout	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Muscle weakness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Muscle pain	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Bone fracture	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Other: _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

**CURRENT HEALTH HABITS**

	Yes	No
Daily aerobic exercise	<input type="checkbox"/>	<input type="checkbox"/>
Stable weight	<input type="checkbox"/>	<input type="checkbox"/>
Stable sleep	<input type="checkbox"/>	<input type="checkbox"/>
Coping skills for stress	<input type="checkbox"/>	<input type="checkbox"/>
Wake up rested most mornings	<input type="checkbox"/>	<input type="checkbox"/>
Have someone to turn to when troubled or upset	<input type="checkbox"/>	<input type="checkbox"/>

Please list all medications (include over-the-counter) and their doses that you are currently taking:

MEDICATION	DOSE	MEDICATION	DOSE
1.		6.	
2.		7.	
3.		8.	
4.		9.	
5.		10.	

Have you ever been hospitalized for a psychiatric reason?  Yes  No

Please list all hospitalizations, medical and psychiatric:

Dates of hospitalization	Place	Reason	Psychiatric medications prescribed, if any

Your answers to this questionnaire can help me to quickly and accurately understand your concerns.

- |  | Yes                      |  | Yes                      |
|--|--------------------------|--|--------------------------|
| 1. Have you been consistently depressed or down, most of the day, nearly every day, for the past two weeks, or longer? (If YES, continue with next question; if NO, skip to Question 5.) | <input type="checkbox"/> | 8. Have you been frequently irritable, over-reacting to setbacks that you or others would consider relatively minor?   | <input type="checkbox"/> |
| 2. Have you become less interested in things you used to enjoy most of the time?   |                          | 9. Have you had anxiety attacks, i.e., become intensely frightened, uncomfortable, or uneasy, for no apparent reason?  | <input type="checkbox"/> |
| 3. When something good happens, do you feel better, even if only temporarily?  | <input type="checkbox"/> | 10. Do you feel anxious or uneasy in particular places or situations?  | <input type="checkbox"/> |
| 4. Have you felt sad, low, or depressed most of the time for the last two years?   | <input type="checkbox"/> | 11. In the past month, have you been repeatedly bothered by unwanted thoughts or images?                               | <input type="checkbox"/> |
| 5. Other than when intoxicated on drugs or alcohol, have you ever felt so “up” or “high” that other people thought you were not your usual self?   | <input type="checkbox"/> | 12. In the past month, have you done something repeatedly without being able to resist doing it?                       | <input type="checkbox"/> |
| 6. Have you ever gone for days at a time without feeling the need for much sleep?  | <input type="checkbox"/> | 13. Have you ever experienced or witnessed serious injury or threat to yourself or another person, or an actual death? | <input type="checkbox"/> |
| 7. Are you currently feeling “up,” “high,” or full of energy?  | <input type="checkbox"/> | 14. Have you ever re-experienced a distressing event through dreams, flashbacks, or physical reactions?                | <input type="checkbox"/> |





NAME: \_\_\_\_\_ Visit Type: *Intake Follow-up Med Check Other* Date: \_\_\_\_\_

	Never	Rarely	Sometimes	Frequently	Almost Always	SD	IR	SR
1. I get along with others.	4	3	2	1	0	+		+
2. I tire quickly.	0	1	2	3	4		+	+
3. I feel no interest in things.	0	1	2	3	4		+	+
4. I feel stressed at work/school/housework/volunteering.	0	1	2	3	4	+	+	
5. I blame myself for things.	0	1	2	3	4		+	+
6. I feel irritated.	0	1	2	3	4		+	+
7. I feel unhappy in my marriage/significant relationship.	0	1	2	3	4	+		+
8. I have thoughts of ending my life.	0	1	2	3	4		+	+
9. I feel weak.	0	1	2	3	4		+	+
10. I feel fearful.	0	1	2	3	4		+	+
11. After heavy drinking, I need a drink the next morning to get going. (If you do not drink, mark "never")	0	1	2	3	4		+	+
12. I find my work/school/ housework/volunteering satisfying.	4	3	2	1	0	+	+	
13. I am a happy person.	4	3	2	1	0		+	+
14. I work/study too much.	0	1	2	3	4	+	+	
15. I feel worthless	0	1	2	3	4		+	+
16. I am concerned about family troubles.	0	1	2	3	4	+		+
17. I have an unfulfilling sex life.	0	1	2	3	4	+		+
18. I feel lonely.	0	1	2	3	4	+		+
19. I have frequent arguments.	0	1	2	3	4	+		+
20. I feel loved and wanted.	4	3	2	1	0	+		+
21. I enjoy my spare time.	4	3	2	1	0	+	+	
22. I have difficulty concentrating.	0	1	2	3	4		+	+
23. I feel hopeless about the future.	0	1	2	3	4		+	+
24. I like myself.	4	3	2	1	0		+	+
25. Disturbing thoughts come into my mind that I can't get rid of.	0	1	2	3	4		+	+
26. I feel annoyed by people who criticize my drinking (or frequent drug use). (If not applicable, mark "never")	0	1	2	3	4	+		+
27. I have an upset stomach.	0	1	2	3	4		+	+
28. I am not working/studying housework/volunteering as well as I used to.	0	1	2	3	4	+	+	
29. My heart pounds too much.	0	1	2	3	4		+	+
30. I have trouble getting along with my friends and close acquaintances.	0	1	2	3	4	+		+
31. I am satisfied with my life.	4	3	2	1	0		+	+
32. I have trouble at work/school housework/volunteering because of drinking or drug use. (If not applicable, mark "never")	0	1	2	3	4	+	+	
33. I feel that something bad is going to happen.	0	1	2	3	4		+	+
34. I have sore muscles.	0	1	2	3	4		+	+
35. I feel afraid of open spaces, or driving, or being on buses, subways etc	0	1	2	3	4		+	+
36. I feel nervous.	0	1	2	3	4		+	+
37. I feel my love relationships are full and complete.	4	3	2	1	0	+		+
38. I feel that I am not doing well at work/school.	0	1	2	3	4	+	+	
39. I have too many disagreements at work/school.	0	1	2	3	4	+	+	
40. I feel something is wrong with my mind.	0	1	2	3	4		+	+
41. I have trouble falling asleep or staying asleep.	0	1	2	3	4		+	+
42. I feel blue.	0	1	2	3	4		+	+
43. I am satisfied with my relationships with others.	4	3	2	1	0	+		+
44. I feel angry enough at work/school housework/volunteering to do something I may regret.	0	1	2	3	4	+	+	
45. I have headaches.	0	1	2	3	4		+	+
46. I feel restless & can't sit still.	0	1	2	3	4	+	+	+
47. I hear or see things that may not be there.	0	1	2	3	4	+	+	+
48. I do impulsive things (spending/gambling/dangerous driving)	0	1	2	3	4	+	+	+
49. My thoughts race.	0	1	2	3	4	+	+	+
					<b>TOTAL:</b>			

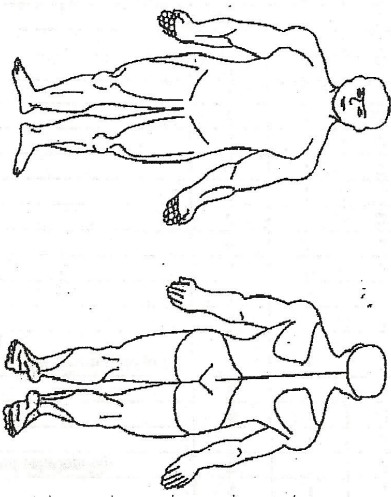
**WELL-BEING QUESTIONNAIRE**

Directions: Please circle any of the following that apply to you:

- |                            |                         |   |                       |                  |   |                        |           |
|----------------------------|-------------------------|---|-----------------------|------------------|---|------------------------|-----------|
| Blurred vision             | Dry mouth               | Excess saliva                                     | Difficulty swallowing | Dizziness        | Memory problems                             | Restless               | Too happy |
| Oversensitive to criticism | Impulsive               | Living dangerously (spending, gambling, speeding) | Racing thoughts       | Violent thoughts | Seeing or hearing things that are not there | Trouble falling asleep |           |
| Constipation               | Diarrhea                | Hyper-feeding                                     | Difficulty breathing  | Strange thoughts | Violent thoughts                            | Trouble falling asleep |           |
| Trouble staying asleep     | Early morning awakening | Frequent troubling nightmares                     | Vivid dreaming        |                  |   |                        |           |

**PAIN SURVEY IF APPLICABLE**

Directions: On the diagrams below, please mark the areas where you are experiencing pain:



**Tell Us If You Have Pain**

- 10  Worst Possible Pain (17 year study)
- 9  Very Severe Pain (10 doctor evaluations)
- 8  Severe Pain (10 doctor evaluations)
- 7  Moderate Pain (10 doctor evaluations)
- 6  Mild Pain (10 doctor evaluations)
- 5  No Pain (50 doctor evaluations)

Since the last session have you...

- ...lost or gained weight?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...had any new medical problems?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...noticed any new medication side-effects?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...visited a health care provider?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...started, stopped, or changed the dosage of any medication, herb, supplement, caffeine, or nicotine?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...experienced stressful events at home, school, or work?  Yes  No. If Yes, explain: \_\_\_\_\_
- Do you need a refill on any of your medications?  Yes  No. If Yes, please list with current dosage: \_\_\_\_\_

Even though we will ask to make a copy of your child’s insurance card, we would appreciate if you would fill in the following information:

**PRIMARY INSURANCE COMPANY**

Name of Insurance Company \_\_\_\_\_ Policy# \_\_\_\_\_ Group# \_\_\_\_\_

Authorization or Referral Number \_\_\_\_\_

Name of Insured Person \_\_\_\_\_ DOB \_\_\_\_\_ SS# \_\_\_\_\_

Address, Phone Numbers and Place of Employment for Insured (if different from first page):

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home telephone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Place of Employment \_\_\_\_\_ Work Phone \_\_\_\_\_

**SECONDARY INSURANCE COMPANY**

Name of Insurance Company \_\_\_\_\_ Policy# \_\_\_\_\_ Group# \_\_\_\_\_

Authorization or Referral Number \_\_\_\_\_

Name of Insured Person \_\_\_\_\_ DOB \_\_\_\_\_ SS# \_\_\_\_\_

Address, Phone Numbers and Place of Employment for Insured (if different from first page):

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home telephone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Place of Employment \_\_\_\_\_ Work Phone \_\_\_\_\_

**PATIENT OR AUTHORIZED PERSON’S SIGNATURE:** I authorize the release of any medical or other information necessary to process insurance claims:

Yes  No

I authorize payment of medical benefits to (Prescribing Psychology Student Name) for services rendered:

Yes  No

**SIGNED:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

Name of person who referred you to this office \_\_\_\_\_

Why are you seeking treatment now? \_\_\_\_\_

\_\_\_\_\_

Have you ever seen a therapist or counselor before?  Yes  No

If yes, what was the name of therapist? \_\_\_\_\_

Dates and reason for therapy \_\_\_\_\_

\_\_\_\_\_

**For each item, below, please check your preference and provide your initials; then sign below:**

\_\_\_\_\_  Yes  No    I grant permission for (Prescribing Psychology Student Name) to speak with my physician about my psychological and medical status.

\_\_\_\_\_  Yes  No    I grant permission for (Prescribing Psychology Student Name) to release medical or other information about my care to my insurance company, in order to process insurance claims.

\_\_\_\_\_  Yes  No    I authorize payment of medical benefits to (Prescribing Psychology Student Name) for services rendered.

*All questions on your account should be directed to:*

\_\_\_\_\_

**I have read (Prescribing Psychology Student Name)  Yes  No practice and privacy policies, and consent to this patient-psychologist agreement on behalf of myself.**

\_\_\_\_\_  
**Patient's Signature**

\_\_\_\_\_  
Date

## **FORM 400-8**

### **400-hour Practicum Initial Patient Intake Form To Be Completed by Child Patients (with parental assistance)**

**(May use the following form or another of your choosing as long as all  
necessary information is recorded.  
Please see the New Mexico RxP regulations)**



Your child's physician (name, phone, address): \_\_\_\_\_

Does your child have any allergies to medications?  Yes  No

If so, to which ones?: \_\_\_\_\_

To Foods?  Yes  No If so, to which ones?: \_\_\_\_\_

Has your child ever had any of the following medical problems? Circle yes or no

	Y	N		Y	N
Surgery	<input type="checkbox"/>	<input type="checkbox"/>	Chemical sensitivities	<input type="checkbox"/>	<input type="checkbox"/>
Heart disease	<input type="checkbox"/>	<input type="checkbox"/>	Frequent infections	<input type="checkbox"/>	<input type="checkbox"/>
Kidney disease	<input type="checkbox"/>	<input type="checkbox"/>	Frequent nausea and vomiting	<input type="checkbox"/>	<input type="checkbox"/>
Liver disease	<input type="checkbox"/>	<input type="checkbox"/>	Frequent constipation or diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Vision problems	<input type="checkbox"/>	<input type="checkbox"/>
Thyroid problem	<input type="checkbox"/>	<input type="checkbox"/>	Hearing problems	<input type="checkbox"/>	<input type="checkbox"/>
Endocrine disorder	<input type="checkbox"/>	<input type="checkbox"/>	Unexplained, severe pains	<input type="checkbox"/>	<input type="checkbox"/>
Seizures or other neurological disorder	<input type="checkbox"/>	<input type="checkbox"/>	Other unusual sensations	<input type="checkbox"/>	<input type="checkbox"/>
Substance abuse	<input type="checkbox"/>	<input type="checkbox"/>	Muscle weakness or fatigue	<input type="checkbox"/>	<input type="checkbox"/>
Headaches	<input type="checkbox"/>	<input type="checkbox"/>	Other medical illness	<input type="checkbox"/>	<input type="checkbox"/>
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	Tumor(s), cancerous or benign	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Measles	<input type="checkbox"/>	<input type="checkbox"/>
Bronchitis	<input type="checkbox"/>	<input type="checkbox"/>	German Measles/Rubella	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	Polio	<input type="checkbox"/>	<input type="checkbox"/>
Colitis	<input type="checkbox"/>	<input type="checkbox"/>	Mumps	<input type="checkbox"/>	<input type="checkbox"/>
Chest pain	<input type="checkbox"/>	<input type="checkbox"/>	Scarlet Fever	<input type="checkbox"/>	<input type="checkbox"/>
Frequent nosebleeds	<input type="checkbox"/>	<input type="checkbox"/>	Chicken Pox	<input type="checkbox"/>	<input type="checkbox"/>
Strep throat	<input type="checkbox"/>	<input type="checkbox"/>	Mononucleosis	<input type="checkbox"/>	<input type="checkbox"/>
Kidney/bladder disease	<input type="checkbox"/>	<input type="checkbox"/>	Muscle pain	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes (Type I or Type II)	<input type="checkbox"/>	<input type="checkbox"/>	Bone fracture	<input type="checkbox"/>	<input type="checkbox"/>
Venereal Disease	<input type="checkbox"/>	<input type="checkbox"/>	Eczema	<input type="checkbox"/>	<input type="checkbox"/>
Anemia	<input type="checkbox"/>	<input type="checkbox"/>	Skin rash	<input type="checkbox"/>	<input type="checkbox"/>
Bleeding	<input type="checkbox"/>	<input type="checkbox"/>			

Has your child ever been referred to a psychiatrist or other prescriber for an evaluation for psychiatric medication?  Yes  No

Please list all medications and their doses (medical, psychiatric, non-prescription, herbal) that your child is currently taking:

Medication	Dose	Medication	Dose
1.		4.	
2.		5.	
3.		6.	

Has your child ever been hospitalized for a psychiatric reason?  Yes  No

Please list all hospitalizations, medical and psychiatric:

Dates of hospitalization	Place	Reason	Psychiatric medications prescribed, if any



Has your child ever had any of the following problems?

	Huge Problem	Moderate Problem	Minor Problem	No Problem	Past Problem	Family HX
Sleep problems: i.e., resists going to bed, interferes with parents' sleep, has trouble getting up in the morning						
Nightmares, night terrors, or sleep walking						
Finicky eating						
Eating too much						
Eating too little						
Dramatic changes in energy						
Up or Down?						
Frequent crying spells						
Anxiety, panic, nervousness						
Worry, intense shyness						
Depressed, sad, or hopeless						
Voiced thoughts of harming self						
Engaged in self-injury						
Attempted suicide						
Concerns about personal appearance						
Does purposeless things over and over						
Cannot get certain thoughts out of his/her head						
Unusual behavior or beliefs that seem strange to others						

	Huge Problem	Moderate Problem	Minor Problem	No Problem	Past Problem	Family HX
Easily irritated or frustrated						
Argues or becomes aggressive						
Has voiced thoughts of harming someone else						
Physically assaulted someone						
Risky behavior _____						
Behavior problems at school						
Academic problems						
Smokes cigarettes						
Acts without thinking						
Cannot stay focused						
Restless, fidgety, or hyper						
Breaks family or school rules						
Lies or steals						
Involvement in correctional system						
Alcohol problems						
Drug problems						
Past/present drug or alcohol problems?						
Other: _____						

Your answers to this questionnaire can help me to quickly and accurately understand your concerns. If adolescent, please complete. If parent, complete with child.

	Yes	No		Yes	No
1.) Has your child been consistently depressed or down, most of the day, nearly every day, for the past 2 weeks or longer? (If YES, continue with the next question; if NO, skip to Question 5)	<input type="checkbox"/>	<input type="checkbox"/>	12.) In the past month, has your child done something repeatedly without being able to resist doing it?	<input type="checkbox"/>	<input type="checkbox"/>
2.) Has your child become less interested in things you used to enjoy most of the time?	<input type="checkbox"/>	<input type="checkbox"/>	13.) Has your child ever experienced or witnessed serious injury or threat to yourself or another person, or an actual death?	<input type="checkbox"/>	<input type="checkbox"/>
3.) When something good happens, does your child feel better, even if only temporarily?	<input type="checkbox"/>	<input type="checkbox"/>	14.) Has your child ever re-experienced a distressing event through dreams, flashbacks, or physical reactions?	<input type="checkbox"/>	<input type="checkbox"/>
4.) Has your child felt sad, low, or depressed most of the time for the last 2 years?	<input type="checkbox"/>	<input type="checkbox"/>	15.) In the past 12 months, have you had 3 or more alcoholic drinks within a 3 hour period on more than 3 occasions?	<input type="checkbox"/>	<input type="checkbox"/>
5.) Other than when intoxicated on drugs or alcohol, has your child ever felt so "up" or "high" that other people thought you were not your usual self?	<input type="checkbox"/>	<input type="checkbox"/>	16.) In the past 12 months, did your child drink alcohol or take a drug, more than once, to get high, feel better, or change your mood?	<input type="checkbox"/>	<input type="checkbox"/>
6.) Has your child ever gone for days at a time without feeling the need for much sleep?	<input type="checkbox"/>	<input type="checkbox"/>	If so, which of the following did your child use? (below)		
7.) Is your child currently feeling "up" "high", or "full of energy"?	<input type="checkbox"/>	<input type="checkbox"/>	Hallucinogens: LSD ("acid"), mescaline, peyote, PCP ("Angel Dust", "Peace Pill"), Psilocybin, STP, Mushrooms, Ecstasy, MDA, or MDMA.	<input type="checkbox"/>	<input type="checkbox"/>
8.) Has your child been frequently irritable, over-reacting to setbacks that you or others would consider relatively minor?	<input type="checkbox"/>	<input type="checkbox"/>	Inhalants: Glue, Ethyl Chloride, Nitrous Oxide ("laughing gas"), Amyl or Butyl Nitrate ("Poppers").	<input type="checkbox"/>	<input type="checkbox"/>
9.) Has your child had anxiety attacks, i.e. become intensely frightened, uncomfortable, or uneasy, for no apparent reason?	<input type="checkbox"/>	<input type="checkbox"/>	Cocaine: snorting, freebase, crack, IV, or "Speedball". Narcotics, Heroin, Morphine, Methadone, Painkillers.	<input type="checkbox"/>	<input type="checkbox"/>
10.) Does your child feel anxious or uneasy in particular places or situations?	<input type="checkbox"/>	<input type="checkbox"/>	Marijuana: Hashish, THC	<input type="checkbox"/>	<input type="checkbox"/>
11.) In the past month, have you been repeatedly bothered by unwanted thoughts or images?	<input type="checkbox"/>	<input type="checkbox"/>	Tranquilizers or Downers. Miscellaneous: Steroids, Non-prescription Sleep Aides, Diet Pills, Other: _____	<input type="checkbox"/>	<input type="checkbox"/>

	Yes	No		Yes	No
17.) In the past 3 months, has your child ever eaten a huge amount of food within a 2-hr period?	<input type="checkbox"/>	<input type="checkbox"/>	23.) Has anyone ever criticized your child or told him/her that he/she has a gambling problem?	<input type="checkbox"/>	<input type="checkbox"/>
18.) Would people who know your child well describe him/her as a worrier?	<input type="checkbox"/>	<input type="checkbox"/>	24.) Has your child ever had to lie to family members, friends, or therapists about his/her gambling practices?	<input type="checkbox"/>	<input type="checkbox"/>
19.) Has your child ever felt that he/she should cut down on drinking or drug use?	<input type="checkbox"/>	<input type="checkbox"/>	25.) In the past month, has your child wanted to harm himself/herself?	<input type="checkbox"/>	<input type="checkbox"/>
20.) Has anyone annoyed your child by telling him/her to cut down on drinking or drug use?	<input type="checkbox"/>	<input type="checkbox"/>	26.) In the past month, did your child have suicidal thoughts (i.e., wished he/she were dead or would be better off dead?)	<input type="checkbox"/>	<input type="checkbox"/>
21.) Has your child ever felt guilty or bad about drinking or drug use?	<input type="checkbox"/>	<input type="checkbox"/>	27.) Has your child ever made a suicide plan?	<input type="checkbox"/>	<input type="checkbox"/>
22.) Does your child ever wake up in the morning wanting to have an alcoholic drink or take drugs (eye opener)?	<input type="checkbox"/>	<input type="checkbox"/>	28.) Has your child ever attempted suicide?	<input type="checkbox"/>	<input type="checkbox"/>

**FAMILY MENTAL HEALTH HISTORY**

Family Member	Age, if still living	Mental health or substance abuse problems, if any*	If deceased, age at death	If deceased, cause of death
Mother				
Father				
Sister/Brother (circle one)				
Sister/Brother (circle one)				
Sister/Brother (circle one)				
Sister/Brother (circle one)				
Sister/Brother (circle one)				
Maternal Grandmother				
Maternal Grandfather				
Paternal Grandmother				
Paternal Grandfather				

\*Such as: alcoholism, drug addiction, depression, bipolar disorder, schizophrenia, ADHD, anxiety/panic, obsessive-compulsive disorder (OCD), learning disability, sleep disorder, violent tendencies.

Even though we will ask to make a copy of your child's insurance card, we would appreciate if you would fill in the following information:

**PRIMARY INSURANCE COMPANY**

Name of Insurance Company \_\_\_\_\_ Policy# \_\_\_\_\_ Group# \_\_\_\_\_

Authorization or Referral Number \_\_\_\_\_

Name of Insured Person \_\_\_\_\_ DOB \_\_\_\_\_ SS# \_\_\_\_\_

Address, Phone Numbers and Place of Employment for Insured (if different from first page):

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home telephone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Place of Employment \_\_\_\_\_ Work Phone \_\_\_\_\_

**SECONDARY INSURANCE COMPANY**

Name of Insurance Company \_\_\_\_\_ Policy# \_\_\_\_\_ Group# \_\_\_\_\_

Authorization or Referral Number \_\_\_\_\_

Name of Insured Person \_\_\_\_\_ DOB \_\_\_\_\_ SS# \_\_\_\_\_

Address, Phone Numbers and Place of Employment for Insured (if different from first page):

Address: \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home telephone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Place of Employment \_\_\_\_\_ Work Phone \_\_\_\_\_

**PATIENT OR AUTHORIZED PERSON'S SIGNATURE:** I authorize the release of any medical or other information necessary to process insurance claims:

Yes  No

I authorize payment of medical benefits to \_\_\_\_\_ for services rendered:

Yes  No

**SIGNED :** \_\_\_\_\_ **DATE :** \_\_\_\_\_

Name of person who referred you to this office \_\_\_\_\_

Why are you seeking treatment for your child now? \_\_\_\_\_

\_\_\_\_\_

Has your child ever seen a therapist or counselor before?  Yes  No

If yes, what was the name of therapist? \_\_\_\_\_

Dates and reason for therapy \_\_\_\_\_

\_\_\_\_\_

**For each item, below, please check your preference and provide your initials; then sign below:**

\_\_\_\_\_  Yes  No I grant permission for (Prescribing Psychology Student Name) to speak with my child's physician about my child's psychological and medical status.

\_\_\_\_\_  Yes  No I grant permission for (Prescribing Psychology Student Name) to speak about my child's psychological and/or medical status with *(other healthcare provider's name, address, and phone number)*: \_\_\_\_\_

\_\_\_\_\_  Yes  No I grant permission for (Prescribing Psychology Student Name) to speak with my child's teacher and other school personnel at \_\_\_\_\_ *(name of school)* about how my child is doing in school.

\_\_\_\_\_  Yes  No I grant permission for (Prescribing Psychology Student Name) to release medical or other information about my child's care to my child's insurance company, in order to process insurance claims.

\_\_\_\_\_  Yes  No I authorize payment of medical benefits to (Prescribing Psychology Student Name) for services rendered.

**I have read \_\_\_\_\_'s practice and privacy policies, and the HIPPA information, and consent to this patient-psychologist agreement.**

\_\_\_\_\_  
Parent/Guardian Name (printed)

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**APPENDIX 6  
FIELD EXPERIENCE MANUAL**

**FORM 400-9**

**400-hour Sample  
Practicum Initial Patient Chart Form  
To Be Completed by the Psychologist**

*Student Letterhead or Your Institution's Letterhead*  
**400-Hour PRACTICUM FOR PRESCRIBING PSYCHOLOGISTS**

***INITIAL PATIENT DATA***

Supervisee: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Patient Date of Birth: \_\_\_\_\_

Date: \_\_\_\_\_

Gender: \_\_\_\_\_

Weight: \_\_\_\_\_

Height: \_\_\_\_\_

Ethnic Cultural Background: \_\_\_\_\_

Medical History Form Completed Yes \_\_\_ No \_\_\_

Presenting Symptoms and History of Symptoms:

\_\_\_\_\_

**Review of Systems:**

<b>CONST:</b>	Fever	Chills	Fatigue	Dizziness
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<b>ENT:</b>	Sore Throat	Nasal Drainage	Nasal Congestion
-------------	-------------	----------------	------------------

<b>PULMONARY:</b>	Cough	Sputum	Trouble Breathing	Chest Pain
	Asthma	Bronchitis	Emphysema	Pneumonia
	Allergies	Other:		

<b>CVS:</b>	High Cholesterol	Heart Disease	Atherosclerosis	Stroke
	High Blood Pressure	Irregular Heartbeat	Foot Swelling	Anemia
	Heart Attack	Heart Blockage		

<b>MUS/SKEL:</b>	Arthritis	Muscle Pain	Leg Pain	Fracture
	Back Pain	Other:		

<b>OSTEO:</b>	Arthritis	Other:
---------------	-----------	--------

<b>GI:</b>	Abdominal Pain	Nausea	Vomiting	Diarrhea
	Constipation	Black/Bloody Stools	Liver Problems	Hemorrhoids
	Hernia	Hepatitis Ulcer	Kidney Disease	Bladder Disease

<b>GU:</b>	Problems Urinating	Frequent Urination	Hemorrhoids
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<b>SKIN:</b>	Skin Rash	Eczema	Psoriasis	Open Wounds
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<b>NEURO/EYES:</b>	Headaches	Difficulty Walking	Blackouts	Difficulty w/Speech
	Double Vision	Stroke	Head Injury	Seizures/Convulsions
	Eye Infections	Other:		

<b>ENDOCRINE:</b>	Postmenopausal	Hysterectomy	Abnormal Discharge	Abnormal Bleeding
	Diabetes Hypothyroid	Prostate	Venereal	

**Hospitalizations and Surgeries:**

**Use of Alcohol, Drugs, Caffeine and Tobacco:**

**Significant Family History Including Medical and Mental Conditions:**

**Mental Status:**

<b>APPEARANCE:</b>	Appropriate	Unclean	Disheveled	Other:	
<b>BEHAVIOR:</b>	Appropriate	Poor Eye Contact	Restless	Lethargic	Odd
<b>ORIENTATION:</b>	Time	Person	Place	Situation	Unable to Determine
	Asthma	Bronchitis	Emphysema	Pneumonia	
	Allergies	Other:			
<b>SPEECH/LANGUAGE:</b>	Organized	Disorganized	Rate NL	Slow	Pressured
	Soft	Loud	Tone NL	Monotone	Quantity NL
	Sparse	Verbose	Nonverbal		
<b>MOOD/AFFECT:</b>	Euthymic	Depressed	Irritable	Tearful	
<b>THOUGHT PROCESS:</b>	Hypervigilant	Linear	Tangential	Loose	Racing
	Inattentive	Circumstantial	Coherent	Trouble Concentrating	
<b>THOUGHT CONTENT:</b>	Obsessional	Grandiosity	Hallucinations	Delusions	Paranoia
	Worries	Self-Criticism			
<b>SUICIDE:</b>	Ideation	Plan	IS w/o Means	Prior SA	
Discuss/Thought/Plan:					
<b>HOMICIDE:</b>	Ideation	Plan	HI w/o Means	HI w/Means	
Discuss/Thought/Plan:					

**Vegetative Symptoms:**

<b>S - SLEEP:</b>	Nightmares Insomnia	Flashbacks Hypersomnia	Hypnopompic Hallucinations	Hrs of Sleep ____ Hyperarousal	Hypnogogic Hallucinations
<b>A - APPETITE CHANGE:</b>	None	Decrease	Increase	Severe	Weight Change Loss ____ Gain ____
<b>M - MEMORY:</b>	Intact	Poor			
<b>C - CONCENTRATION:</b>	High	Decrease	Low	Intact	Slight Impairment
<b>E - ENERGY:</b>	High	Moderate	Low		
<b>L - LIBIDO:</b>	Increase	Decrease	Same	Other:	

**Diagnosis:**

<b>AXIS I:</b>	<b>AXIS V:</b> GAF Score: ____ Initial: ____ Current: ____ Highest in Last Yr ____
<b>AXIS II:</b>	
<b>AXIS III:</b>	
<b>AXIS IV – Psychosocial and Environmental Problems (check all that apply)</b>	
<input type="checkbox"/> None <input type="checkbox"/> Legal System Interaction <input type="checkbox"/> Primary Support Group <input type="checkbox"/> Economic <input type="checkbox"/> Occupational <input type="checkbox"/> Housing <input type="checkbox"/> Educational <input type="checkbox"/> Social Environmental <input type="checkbox"/> Access to Healthcare <input type="checkbox"/> Other	
Comments: _____	

Patient's motivation for treatment:     low     moderate     high

Patient's strength:

Patient's obstacles to recovery:

Food allergies:

Drug allergies:



**Conditions for which psychotropic drugs are contraindicated:**

**Primary symptoms to be targeted by the psychotropic medication:**

	<u>Mild</u>	<u>Moderate</u>	<u>Severe</u>
Depressed Mood	1. ___	2. ___	3. ___
Decreased Energy	1. ___	2. ___	3. ___
Grief	1. ___	2. ___	3. ___
Hopelessness	1. ___	2. ___	3. ___
Worthlessness	1. ___	2. ___	3. ___
Guilt	1. ___	2. ___	3. ___
Anxiety	1. ___	2. ___	3. ___
Panic Attacks	1. ___	2. ___	3. ___
Obsessions/Compulsions	1. ___	2. ___	3. ___
Elevated Mood	1. ___	2. ___	3. ___
Irritability	1. ___	2. ___	3. ___
Hyperactivity	1. ___	2. ___	3. ___
Disruption of Thought-Process/Content	1. ___	2. ___	3. ___
Delusions	1. ___	2. ___	3. ___
Hallucinations	1. ___	2. ___	3. ___
Paranoia	1. ___	2. ___	3. ___
Dissociative State	1. ___	2. ___	3. ___
Oppositionalism	1. ___	2. ___	3. ___
Somatic Complaints	1. ___	2. ___	3. ___
Impulsiveness	1. ___	2. ___	3. ___
PTSD Symptomology	1. ___	2. ___	3. ___
Sexual Trauma Perpetrator Symptomology	1. ___	2. ___	3. ___
Substance Use	1. ___	2. ___	3. ___
Other			
a. _____	1. ___	2. ___	3. ___
b. _____	1. ___	2. ___	3. ___

**Relevant Findings from lab tests:**

**Discussion with PCP:**

**Discharge Criteria:**

**For Medical Conditions (prescription and over-the-counter):**

Name of Medicine	Dosage	Prescribed By	Taken For	Date Started	Date Discontinued

**Psychotropic Medications:**

Name of Medicine	Dosage	Prescribed By	Taken For	Date Started	Date Discontinued

---

**PSYCHOTHERAPY PLAN:**

**Data –**

**Assessment –**

**Plan –**

**Or**

**Subjective –**

**Objective –**

**Assessment –**

**Plan -**

## **FORM 400-10**

## **FORM 400-11**

### **400-hour Practicum Symptom Outcome Questionnaire**

**To Be Completed by Adult Patients and Adolescent  
Patients at Initial Appointment and  
Before Each Follow-up Appointment  
(Directions on how to score this outcome  
questionnaire follow)**

**Note: you do not need to use this outcome questionnaire but you are strongly encouraged to have your patients complete an objective measure at each session.**

NAME: \_\_\_\_\_ Visit Type: *Intake Follow-up Med Check Other* Date: \_\_\_\_\_

	Never	Rarely	Some- times	Frequently	Almost Always	SD	IR	SR
1. I get along with others.	4	3	2	1	0	+		+
2. I tire quickly.	0	1	2	3	4		+	+
3. I feel no interest in things.	0	1	2	3	4		+	+
4. I feel stressed at work/school/housework/volunteering.	0	1	2	3	4	+	+	
5. I blame myself for things.	0	1	2	3	4		+	+
6. I feel irritated.	0	1	2	3	4		+	+
7. I feel unhappy in my marriage/significant relationship.	0	1	2	3	4	+		+
8. I have thoughts of ending my life.	0	1	2	3	4		+	+
9. I feel weak.	0	1	2	3	4		+	+
10. I feel fearful.	0	1	2	3	4		+	+
11. After heavy drinking, I need a drink the next morning to get going. (If you do not drink, mark "never")	0	1	2	3	4		+	+
12. I find my work/school/ housework/volunteering satisfying.	4	3	2	1	0	+	+	
13. I am a happy person.	4	3	2	1	0		+	+
14. I work/study too much.	0	1	2	3	4	+	+	
15. I feel worthless	0	1	2	3	4		+	+
16. I am concerned about family troubles.	0	1	2	3	4	+		+
17. I have an unfulfilling sex life.	0	1	2	3	4	+		+
18. I feel lonely.	0	1	2	3	4	+		+
19. I have frequent arguments.	0	1	2	3	4	+		+
20. I feel loved and wanted.	4	3	2	1	0	+		+
21. I enjoy my spare time.	4	3	2	1	0	+	+	
22. I have difficulty concentrating.	0	1	2	3	4		+	+
23. I feel hopeless about the future.	0	1	2	3	4		+	+
24. I like myself.	4	3	2	1	0		+	+
25. Disturbing thoughts come into my mind that I can't get rid of.	0	1	2	3	4		+	+
26. I feel annoyed by people who criticize my drinking (or frequent drug use). (If not applicable, mark "never")	0	1	2	3	4	+		+
27. I have an upset stomach.	0	1	2	3	4		+	+
28. I am not working/studying housework/volunteering as well as I used to.	0	1	2	3	4	+	+	
29. My heart pounds too much.	0	1	2	3	4		+	+
30. I have trouble getting along with my friends and close acquaintances.	0	1	2	3	4	+		+
31. I am satisfied with my life.	4	3	2	1	0		+	+
32. I have trouble at work/school housework/volunteering because of drinking or drug use. (If not applicable, mark "never")	0	1	2	3	4	+	+	
33. I feel that something bad is going to happen.	0	1	2	3	4		+	+
34. I have sore muscles.	0	1	2	3	4		+	+
35. I feel afraid of open spaces, or driving, or being on buses, subways	0	1	2	3	4		+	+
36. I feel nervous.	0	1	2	3	4		+	+
37. I feel my love relationships are full and complete.	4	3	2	1	0	+		+
38. I feel that I am not doing well at work/school.	0	1	2	3	4	+	+	
39. I have too many disagreements at work/school.	0	1	2	3	4	+	+	
40. I feel something is wrong with my mind.	0	1	2	3	4		+	+
41. I have trouble falling asleep or staying asleep.	0	1	2	3	4		+	+
42. I feel blue.	0	1	2	3	4		+	+
43. I am satisfied with my relationships with others.	4	3	2	1	0	+		+
44. I feel angry enough at work/school housework/volunteering to do something I may regret.	0	1	2	3	4	+	+	
45. I have headaches.	0	1	2	3	4		+	+
46. I feel restless & can't sit still.	0	1	2	3	4	+	+	+
47. I hear or see things that may not be there.	0	1	2	3	4	+	+	+
48. I do impulsive things (spending/gambling/dangerous driving)	0	1	2	3	4	+	+	+
49. My thoughts race.	0	1	2	3	4	+	+	+
					<b>TOTAL:</b>			



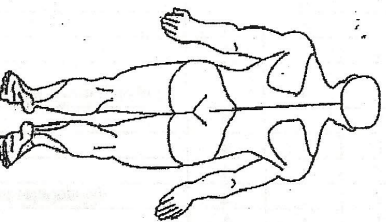
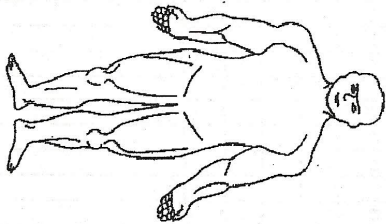
## WELL-BEING QUESTIONNAIRE

Directions: Please circle any of the following that apply to you:

- |                            |                        |                         |   |                       |                 |                        |   |
|----------------------------|------------------------|-------------------------|---|-----------------------|-----------------|------------------------|---|
| Blurred vision             | Dry mouth              | Excess saliva           | Difficulty swallowing                             | Dizziness             | Memory problems | Restless               | Too happy                                   |
| Oversensitive to criticism | Diarrhea               | Hyper-feeding           | Living dangerously (spending, gambling, speeding) | Difficultly breathing | Weird thoughts  | Racing thoughts        | Seeing or hearing things that are not there |
| Constipation               | Trouble staying asleep | Early morning awakening | Frequent troubling nightmares                     | Violent thoughts      | Vivid dreaming  | Trouble falling asleep |   |

**PAIN SURVEY IF APPLICABLE**

Directions: On the diagrams below, please mark the areas where you are experiencing pain:



- Tell Us If You Have Pain**
- |    |  |   |
|----|--|---|
| 10 |  | Worst Possible Pain<br><i>(If ever felt)</i>      |
| 9  |  | Very Severe Pain<br><i>(Can doer many things)</i> |
| 8  |  | Severe Pain<br><i>(Can doer fewer)</i>            |
| 7  |  | Moderate Pain<br><i>(Can doer moderately)</i>     |
| 6  |  | Mild Pain<br><i>(Can doer slowly)</i>             |
| 5  |  | No Pain<br><i>(Can doer)</i>                      |
| 4  |  |   |
| 3  |  |   |
| 2  |  |   |
| 1  |  |   |
| 0  |  |   |

Since the last session have you...

- ...lost or gained weight?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...had any new medical problems?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...noticed any new medication side-effects?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...visited a health care provider?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...started, stopped, or changed the dosage of any medication, herb, supplement, caffeine, or nicotine?  Yes  No. If Yes, explain: \_\_\_\_\_
- ...experienced stressful events at home, school, or work?  Yes  No. If Yes, explain: \_\_\_\_\_
- Do you need a refill on any of your medications?  Yes  No. If Yes, please list with current dosage: \_\_\_\_\_

## **Directions for Scoring the Outcome Questionnaire**

This description of the Outcome Questionnaire 45 is written by John Drozd, Ph.D., who completed the Master's Degree in Psychopharmacology Training at NMSU.

**Purpose:** Global outcome measure that assesses patient progress in therapy (not a diagnostic instrument). Assesses patient progress along 3 dimensions:

- 1) subjective discomfort or symptom distress (SD subscale, heavily loaded for depression and anxiety),
- 2) interpersonal relationship (IR subscale)
- 3) social role performance (SR subscale)

**Overall Description:** The OQ45.2 is a brief 45 item self-report outcome/tracking instrument designed for repeated measurement of client progress throughout the course of therapy and at termination. The OQ45.2 is the result of a unique partnership between behavioral health care administrators, practitioners, and academic researchers in response to the changing mental health arena and the accompanying demands for cost containment, quality care, reliable monitoring, and accountability for services provided. As continuous monitoring of outcome may be achieved by standardized data, Dr. Burlingame, Lambert, and Reisinger et al, set out to design an instrument that would meet the needs of both providers and payers.

**Normative Sample:** Normative data from community mental health and private freestanding outpatient clinics, EAP participants, and asymptomatic community and undergraduate populations are available. These normative samples (N=1,000+) were collected from sites in seven different states and reflect both gender (female = 60%) and age (from 17-80 years of age) diversity. Current analyses do not reflect any reliable normative differences by gender and age.

**Psychometric Properties:** The OQ45.2 is a standardized instrument with empirical support. It is based on normative data. Validity and reliability exceed industry standards.

**Scoring and Interpretation:** Total score is sum of 3 subscale scores (i.e. all 45 items) and yields a total score range from 0 – 180. The higher the score the more disturbed the individual.

### **Risk Assessment:**

- Item 8 is a suicide potential screening item
- Items 11, 26, and 32 are substance abuse screening items
- Item 44 screens for violence at work.

Any rating on above Items other than 0 should be investigated further

**Cutoff Score:** When a patient scores a total score of 63 or higher, it is more likely that they are part of the clinical rather than the non-clinical (“normal”) standardization sample.

Cutoff scores for subscales are:

Symptom Distress – 36,  
Interpersonal Relations – 15,  
Social Role – 12

**Reliable Change Index:** Total score changes of 14 points or more in either direction suggest reliable change (i.e., not due merely to measurement error)

**FOR FURTHER INFORMATION**

Burlingame, et. al. (1995). “Pragmatics of Tracking Mental Health Outcomes in a Managed Care Setting.” Journal of Mental Health Administration, Summer, pp. 226-236.

Meredith, J.M., Lambert, M.J., & Drozd, J. F. (2001). Clinical outcomes assessment for the practicing clinician . In M.T. Sammons (Ed) Principles of Psychopharmacology, Washington, SC: APA Press.

Wells, et al. (1996) “Conceptualization and Measurement of Patient Change During Psychotherapy: Development of the Outcome Questionnaire and Youth Outcome Questionnaire”. Psychotherapy, Sept-Oct, 1996.



## **FORM 400-11**

### **400-hour Practicum Symptom Checklist To Be Completed by Child Patient (with parent's assistance if needed) Before Each Follow-up Session**

**Note: you do not need to use this outcome questionnaire but you are strongly encouraged to have your patients complete an objective measure at each session.**

## CHILD FOLLOW-UP CHECKLIST

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Please rate the degree to which you experienced each of the following since the last session:

	Huge Problem	Moderate Problem	Minor Problem	No Problem	Past Problem	Family HX
Sleep problems: i.e., resists going to bed, interferes with parents' sleep, has trouble getting up in the morning						
Nightmares, night terrors, or sleep walking						
Finicky eating						
Eating too much						
Eating too little						
Dramatic changes in energy						
Up or Down?						
Frequent crying spells						
Anxiety, panic, nervousness						
Worry, intense shyness						
Depressed, sad, or hopeless						
Voiced thoughts of harming himself/herself						
Engaged in self-injury						
Attempted suicide						
Concerns about personal appearance						
Does purposeless things over and over						
Cannot get certain thoughts out of his/her head						
Unusual behavior or beliefs that seem strange to others						

- Easily irritated or frustrated
- Argues or becomes aggressive
- Has voiced thoughts of harming someone else
- Physically assaulted someone
- Risky behavior \_\_\_\_\_
- Behavior problems at school
- Academic problems
- Smokes cigarettes
- Acts without thinking
- Cannot stay focused
- Restless, fidgety, or hyper
- Breaks family or school rules
- Lies or steals
- Involvement in correctional system
- Alcohol problems
- Drug problems
- Past/present drug or alcohol problems?
- Other: \_\_\_\_\_

	Huge Problem	Moderate Problem	Minor Problem	No Problem	Past Problem	Family HX
Easily irritated or frustrated						
Argues or becomes aggressive						
Has voiced thoughts of harming someone else						
Physically assaulted someone						
Risky behavior _____						
Behavior problems at school						
Academic problems						
Smokes cigarettes						
Acts without thinking						
Cannot stay focused						
Restless, fidgety, or hyper						
Breaks family or school rules						
Lies or steals						
Involvement in correctional system						
Alcohol problems						
Drug problems						
Past/present drug or alcohol problems?						
Other: _____						

**Since the last session has your child...**

...had any new medical problems?  Yes  No. If Yes, explain: \_\_\_\_\_

These SIDE EFFECTS are sometimes experienced by a patient on medication. Has your child experienced any of these since being on MEDICATION?

Symptom	Severe Problem	Moderate Problem	Minor Problem	Medication	Approximate Start Date
Difficulty Falling asleep					
Difficulty waking up					
Interrupted sleep					
Extreme tiredness					
Trouble concentrating					
Loss of memory					
Headaches					
Shaking/ Tics/twitches					
Odd muscle movements					
Blurred vision					
Stomach distress					
Diarrhea					
Difficulty urinating					
Dry mouth					
Difficulty swallowing					
Inability to sit still					
Racing mind					

...visited a health care provider?  Yes  No. If Yes, explain: \_\_\_\_\_

...started, stopped, or changed the dosage of any medication, herb, supplement, caffeine, or nicotine?  Yes  No. If Yes, explain: \_\_\_\_\_

...experienced stressful events at home, school, or work?  Yes  No

If Yes, explain: \_\_\_\_\_

Does your child need a refill on any of his/her medications?  Yes  No. If Yes, please list with current dosage: \_\_\_\_\_

**Everything You Need to Know  
Now That Your Coursework is Complete**

**EVERYTHING YOU NEED TO KNOW**  
**NOW THAT YOUR RXP COURSEWORK IS COMPLETE**

**Regarding the 80-hour Practicum**

- You must complete an 80-hour practicum with a licensed physician.
- This Supervisor must sign an evaluation form. The evaluation form is on the [www.nmsu.edu/academic-programs/clinical-psychopharmacology](http://www.nmsu.edu/academic-programs/clinical-psychopharmacology) website in the handbook.
- You can have more than one supervisor; there has to be a primary supervisor who is an MD (not a nurse) who signs off on the form.
- Send a copy of the evaluation form to the Training Director. Keep the original of that evaluation form for yourself; you will have to submit it to the board to get your license.
- Must be completed in time frame from two weeks to thirty weeks.

**You also need to complete a 100 patient/400 hour practicum in which you evaluate and treat patients for psychotropic intervention.**

- You need to submit a practicum plan with your signature and the supervisor's signature to NMSU. I will sign it and return the original to you, and keep a copy in your student file.
- You must have one hour of supervision for each eight hours of clinical experience. If you are doing joint work with your supervisor, that qualifies as supervision time, as well as does the time talking about cases in between patient sessions.
- Writing case notes does not count. It has to be direct clinical time.
- You can have more than one Supervisor. The primary supervisor is responsible for getting feedback from the secondary supervisor at the midpoint and end of your program.
- You need to have an evaluation form completed after the first 50 patients and at end when you have seen 100 patients for 400 hours. That evaluation form is also in the practicum manual on the NMSU website.
- Send copies of those evaluation forms to the Training Director. Keep the original of it for yourself; you will need to send it to the Board in order to get your license.
- According to the law, there are records of the Practicum that you must keep:
  - A list of the dates and times you are with your supervisor.
  - A list of patients (using a code for their names to protect their identity) which describes the basic facts of each case.
  - Forms to use for those lists can be found on the website.

You must also keep a copy of your case notes.

- You do not need to send those case notes to the Training Director to get your degree, but, you must send a copy of your case notes to the Training Director before applying for your conditional license.
- The law requires that your Training Director look at your case notes.
- Must be completed in time frame of six months to three years

**To remain eligible and apply for the Master’s degree:**

- You must register for two sections of the practicum with CEP 811 and 812 the semester after completing the coursework. If you are not finished with your practicum at that time, these will carry forward as an “I” until you are done.
- The semester you plan to graduate, you need to register for one credit of CEP 698.
- The semester you intend to graduate, please notify the Training Director as early as possible.
- When you register for the final semester:
  - Make sure that your program of study that has been filed
  - You must complete a form online stating your intention to graduate  
Go to your MYNMSU and find the link for application to graduate  
Follow the instructions for the interdisciplinary Masters (IMAS)
- There is a “Capstone Experience” that needs to be completed for any Master's degree. The Capstone Experience is to be taken the semester you plan to graduate. The Capstone is a short essay exam for you to complete which asks you to evaluate one of the cases of your practicum. The test has been written in a way that will, hopefully, give you the opportunity to think through some interesting matters.
- When you are ready to take the exam, contact the Training Director. It will be emailed to you. However, it is important that you ask for the exam at the beginning of the semester you plan to graduate, which will give you time to do it. The Capstone must be completed about six weeks before the semester ends.

**Taking the PEP**

- You are eligible to take the PEP as soon as you complete the coursework, even before you complete the Practicum.
- To get the official PEP application you need to email Jan Ciuccio ([jciuccio@apa.org](mailto:jciuccio@apa.org)) at the American Psychological Association.

- You need to submit an official transcript from NMSU and a certificate of coursework completion with the application. You can obtain an official copy of your transcript from your MYNMSU link on your account.
- The pass rate for the exam is set somewhere around 71-72% of the items. It is hard to know exactly what the rate is until you have taken the test.

### **Applying for your conditional license to prescribe**

- The information for applying for your conditional license is on the Board of Psychologist Examiners webpage. That information, as well as the forms for the application, can be downloaded from there.
- You will be asked to fill out an application form and send to the Board copies of your evaluation of each practicum. They may also ask for the documentation of the number of hours of supervision and basic data about your patients. You will also need to provide evidence that you passed the PEP.
- They will ask me to fill out a form about you. In order for me to do that, I must have the following:
  - Copies of your evaluation forms.
  - Copies of your case notes of your 100-hour practicum without the names (using a code to protect their identity) **OR** completion of the form titled Verification of Specifics of 100 Patients/400 hour Practicum (that form is attached.)
  - Two short forms which indicate your hours of supervision and basic data about the patients.

### **Moving from a conditional to an unconditional license to prescribe:**

- During the two years of a conditional license, you must see 50 patients and you must be supervised for four hours a month.
- There is no formal interaction with the NMSU program necessary at this point. NMSU does not keep records of your work as a conditional prescribing psychologist.
- You can obtain the application forms on the Board of Psychologist Examiners website.
- After you apply, you will be contacted by the Board about how they will review your cases.

**Getting an ABMP designation**

- The American Board of Medical Psychology offers a Diplomate that allows you to put the initials ABMP after your name.
- You can then call yourself a “medical psychologist.”
- They had an earlier grandfathering period which is now over. You now must complete an exam as well as document experience.
- Their requirements are online ([www.abmp.org](http://www.abmp.org))

**Remember, it is your responsibility that you progress smoothly through these steps.**

- Please read New Mexico State University regulations regarding graduate school and a Master’s degree.
- Please be familiar with the law for prescriptive authority.
- Please carefully read the regulations for prescriptive authority.
- I have tried to make these notes as inclusive as possible, but there are so many steps and so many specific items, it really is important for you to become familiar with the regulations for yourself.



**Final Form to be Submitted to the  
Training Director**

**Form 400-12**

**POST-DOCTORAL MASTER'S OF ARTS DEGREE  
NEW MEXICO STATE UNIVERSITY**

**Verification of Specifics of 100 Patients/400 Hour Practicum**

1. Attached to this form, have you included a coded log, which includes patient ID, age, gender, diagnosis, and time spent in treatment?

YES     NO

2. Have you also included with the form a log of the dates and times of Supervision?

YES     NO

3. Have you included a copy of the form you used to indicate to patients that you were under supervision?

YES     NO

4. Have you submitted to the Training Director two formal written evaluations completed by the primary supervisor?

YES     NO

5. Please describe the population parameters with whom you hope to practice with your conditional prescribing license (for example, only adults, only children, severely mentally ill, etc).

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6. Please describe the range of disorders treated during your practicum experience.

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7. How many of these were seen for acute conditions and chronic conditions.

Acute \_\_\_\_\_ Chronic \_\_\_\_\_

8. In general terms, please provide evidence that you have seen a diverse set of patients throughout the lifecycle of various ethnicity and social/cultural backgrounds.

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9. Do you attest that the primary or secondary supervisor was on site?

\_\_\_ YES \_\_\_ NO

10. Did your primary or secondary supervisor review charts and records?

\_\_\_ YES \_\_\_ NO

11. Will you attest that there was at least one hour of supervision for every eight hours or direct service?

\_\_\_ YES \_\_\_ NO

12. What was the date you began your practicum and completed your practicum?

Begin \_\_\_\_\_ Ended \_\_\_\_\_

13. In evaluating your application, the Board of Psychologist Examiners reserves the right to request clinical records from the applicant or the Training Director. Do you certify, that if requested by the Board of Psychologist Examiners, you can and will make available to the Training Director of NMSU or the Board of Psychologist Examiners clinical records that support all of the experiences described above?

\_\_\_ YES \_\_\_ NO



# Last But Not Least!

## **CHECKLIST OF MATERIAL TO BE SENT TO TRAINING DIRECTOR BEFORE APPLYING FOR YOUR CONDITIONAL PRESCRIBING LICENSE**

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- \_\_\_\_\_ Copy of 80-Hour Practicum in a healthcare setting dated and signed by your supervising physician
- \_\_\_\_\_ Copy of 100 patients/400 hours Practicum Plan
- \_\_\_\_\_ Copy of form given to patients that they sign that explains you are a student in training
- \_\_\_\_\_ Copy of your log for each of 100 patients seen in you 400-hour practicum
- \_\_\_\_\_ Copy of your log which lists dates and times of supervision
- \_\_\_\_\_ Copy of evaluations completed by your primary supervisor at the midpoint and end of practicum
- \_\_\_\_\_ Copy of evaluation form completed by your secondary supervisor(s) of your practicum
- \_\_\_\_\_ Copy of all your case notes with the identity and date blacked out or a notarized copy of the verification form that follows.
- \_\_\_\_\_ It is also important for you to assure that your insurance carrier will cover you as a prescribing psychologist. The APA Insurance Trust has given their commitment to do so. If you have insurance coverage with a different carrier, it is strongly recommended that you write to them early on in your practicum to determine if they will cover you or if you need to seek another company

# TRAINING PROGRAM VERIFICATION OF EXPERIENCE

## *Board of Psychologist Examiners*

P. O. Box 25101 • Santa Fe, New Mexico • 87505  
(505) 476-4960

### To the Training Director of a program of psychopharmacology

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#### A. REQUEST FOR INFORMATION

The Board of Psychologist Examiners has received an application for a conditional certificate as a prescribing psychologist from the applicant named below. (To be filled out by Applicant and forwarded on to the Director of the training program)

- Applicant:**
- Address:**
- City & State:**
- Telephone No.**

Your name has been submitted by the applicant as a Director of the Training of that program. The Board has not received applicants from your program before. Therefore, we will need to complete an extensive review of the program to determine if it fulfills requirements of the New Mexico Prescribing Psychologist Act.

We would appreciate you providing the Board with the information requested and return this form and requested information directly to the Board office at the above address.

#### B. INFORMATION ABOUT THE TRAINING DIRECTOR

- Training Director's Name: \_\_\_\_\_
- Title and position of employment: \_\_\_\_\_
- Institution of employment: \_\_\_\_\_
- Address: \_\_\_\_\_
- City & State: \_\_\_\_\_
- Telephone No.: \_\_\_\_\_

Please describe your training in psychopharmacology:

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Do you hold a license as a psychologist? Yes No

State: \_\_\_\_\_ Year license awarded: \_\_\_\_\_

Do you hold a license to prescribe psychotropics? Yes No

State: \_\_\_\_\_ Year license awarded: \_\_\_\_\_

Do you hold any other professional licenses in this or other jurisdictions? Yes No

Please list below:

<u>State</u>	<u>License Type</u>	<u>When awarded</u>

**C. INFORMATION ABOUT THE PROGRAM**

Does the applicant’s psychopharmacology training meet the following criteria?

1. The program was an integrated program of study. Yes No
2. The program had an identifiable body of students at different levels of matriculation. Yes No
3. The program was clearly identified and labeled as a psychopharmacology Program and specified its intent to educate and train psychologists to Prescribe psychotropic medications. Yes No
4. The program had a formally designated program director who was a Psychiatrist or a doctoral psychologist trained in the area of Psychopharmacology and licensed to practice in the jurisdiction in Which the program resides. Yes No
5. The training director was primarily responsible for directing the training program and had administrative authority commensurate with those responsibilities. Yes No
6. The training director’s credentials and expertise were consistent with the program’s mission and goals to train psychologists to prescribe psychotropic medications Yes No
7. The program provided information regarding the minimum level of achievement required for postdoctoral trainees to satisfactorily progress

- through and complete the training program, as well as evidence that it adhered to the minimum. Yes No
8. The program had formally designated instructors and supervisors in sufficient number to accomplish the program's education and training. Yes No
9. Supervisors held an active, unrestricted license in their field of practice in the jurisdiction in which the program resides or where the supervisor was being provided. Yes No
10. The program's supervisors and instructors had sufficient expertise, competence, and credentials in the areas in which they taught or supervised. Yes No
11. The program's instructors and supervisors participated actively in the program planning, implementation, and evaluation Yes No
12. The program, with appropriate involvement from its training supervisors, instructors, and trainees, engaged in a self-study process that addressed:
- A. Expectations for the quality and quantity of the trainees' preparation and performance in the program
  - B. Training goals and objectives for the trainees and the trainees' views regarding the quality of the training experience and the program
  - C. Procedures to maintain current achievements or to make changes as necessary
  - D. Goals, objectives, and outcomes in relation to local, regional, and national changes in the knowledge base of psychopharmacology training
- Yes No
13. The program followed the guidelines for psychopharmacology training of postdoctoral psychologists established by the American Psychological Association. Yes No
14. Does the program include didactic instruction of no fewer than 450 classroom hours in at least the following core areas:
- ◆Neuroscience,
  - ◆Pharmacology,
  - ◆Psychopharmacology,
  - ◆Physiology,
  - ◆Pathophysiology
  - ◆Appropriate and relevant physical assessment Clinical pharmacotherapeutics
- Yes No
15. The training program assures that every student completes necessary training in the basic sciences (physiology, chemistry, biochemistry, the biological bases of behavior, and psychopharmacology) Yes No
16. When students are not in residence, the program provides on-line access to a library of sufficient diversity and level to support the



advanced study of the psychopharmacological treatment of mental disorders from wherever the student resides. Access remains available throughout all didactic and clinical phases of the training program. Yes No

17. Frequent face-to-face evaluation and discussion are included in the didactic training. Yes No

18. The program provided formal, written, measurement of the mastery of the course content. Yes No

19. The program demonstrated in its written materials or course syllabi that integrates into the training the following areas: socio-cultural issues in psychopharmacological treatment, ethno-pharmacology, use of translators, the cultural context of compliance and non-compliance with prescribed medications, creating a culturally appropriate environment to meet patient care treatment and language needs, and working collaboratively with traditional healers. Yes No

**D. SUBSTANTIATION**

1. Please provide documentation that your program addresses the above requirements by providing as much of the following material as possible and checking below documentation forwarded to the Board.

- \_\_\_\_\_ Program curriculum
- \_\_\_\_\_ University Catalog Description
- \_\_\_\_\_ Relevant Policy Manual
- \_\_\_\_\_ Relevant Student Handbook
- \_\_\_\_\_ Resume of Director
- \_\_\_\_\_ Resumes of Faculty
- \_\_\_\_\_ Evaluation of program by external experts or associations

2. Does the program maintain a website? Yes No  
 If so, please give url: \_\_\_\_\_

**E. EVALUATION OF THE APPLICANT**

1. Do you, as training director, certify that the applicant successfully completed didactic training as outlined above? Yes No

**2. Eighty-Hour Practicum**

SUPERVISOR

Name:

Address:

City & State:

Telephone No.

Describe the supervisor's area of practice in which he or she is formally trained and/or certified/licensed?

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License # \_\_\_\_\_ State: \_\_\_\_\_ Date of Initial License \_\_\_\_\_

Was the 80-hour practicum part of the psychopharmacology  
 Training program from which the applicant obtained  
 His/her certification or degree? Yes    No

Did your program receive an evaluation form about this applicant from this supervisor, which discusses the student's adequate development of skills in:

Assessing a diverse and significantly medically ill population Yes    No

Observing the progression of illness and continuity of care  
of individual patients Yes    No

Adequately assessing vital signs Yes    No

Demonstrating competent laboratory assessment Yes    No

Was the 80-hour practicum completed from full-time to over thirty weeks? Yes    No

**3. 400 Hour Practicum in Psychopharmacology**

PRIMARY SUPERVISOR

Name:

Address:

City & State:

Telephone No.

Describe the supervisor's area of practice in which he or she is formally trained and/or certified/licensed.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

License # \_\_\_\_\_ State: \_\_\_\_\_ Date of Initial License \_\_\_\_\_

SECONDARY SUPERVISOR 1

Name:

Address:

City & State:

Telephone No.

Describe the supervisor's area of practice in which he or she is formally trained and/or certified/licensed.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

License # \_\_\_\_\_ State: \_\_\_\_\_ Date of Initial License \_\_\_\_\_

SECONDARY SUPERVISOR 2

Name:

Address:

City & State:

Telephone No.

Describe the supervisor's area of practice in which he or she is formally trained and/or certified/licensed.

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License # \_\_\_\_\_ State: \_\_\_\_\_ Date of Initial License \_\_\_\_\_

SECONDARY SUPERVISOR 3

Name:

Address:

City & State:

Telephone No.

Describe the supervisor's area of practice in which he or she is formally trained and/or certified/licensed.

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License # \_\_\_\_\_ State: \_\_\_\_\_ Date of Initial License \_\_\_\_\_

Was the 400-hour practicum part of the psychopharmacology training program from which the applicant obtained his/her certification or degree?	Yes	No
- Did the applicant submit a 400-hour practicum plan to the Practicum Director?	Yes	No
- Did the practicum meet the following requirements?		
A. A minimum of 100 separate patients?	Yes	No
B. A range of disorders listed in the most recent DSM?	Yes	No
C. Both acute and chronic conditions?	Yes	No
D. 400 hours included time spent with patients to provide evaluation and pharmacotherapy, and time spent in collaboration with treating healthcare practitioners?	Yes	No
E. Was there diversity, including gender, ages throughout the life cycle, various ethnicities, socio-cultural background, various economic backgrounds as much as possible within the psychologist's area of practice?	Yes	No
F. Was the primary or secondary supervisor on-site?	Yes	No
G. Did the primary/secondary supervisor(s) review charts and records?	Yes	No
H. Was there at least one hour of supervision for every eight hours of direct service?	Yes	No
I. Did the applicant keep a log of dates & times of supervision?	Yes	No
I. Was the practicum completed in no less than 6 months and no more than three years?	Yes	No
K. Was the practicum completed within the 5 years preceding this application?	Yes	No
L. Is there evidence that during the initial contact with patients or guardians, the status of applicant as a licensed psychologist receiving specialized training in psychopharmacology and who is under supervision was Fully explained?	Yes	No
- Did the applicant and the training program keep records of time spent during the practicum?	Yes	No



**As Director of Training, I certify that all of the statements made in this document are true, complete, and correct to the best of my knowledge and belief and are made in good faith.**

\_\_\_\_\_  
Signature of Training Director/Supervisor

\_\_\_\_\_  
Date

Please mail directly to the Board Office upon completion:

New Mexico Board of Psychologist Examiners  
P. O. Box 25101  
Santa Fe, New Mexico 87505

State Board of Psychologist Examiners

**CONDITIONAL PRESCRIBING PSYCHOLOGIST CERTIFICATE APPLICATION**

**VERIFICATION BY SUPERVISOR OF 80-HOUR PRACTICUM IN  
PRIMARY HEALTH CARE**

**PLEASE NOTE: to be completed by the supervisor**

**SUPERVISOR 80-HOUR PRACTICUM**

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The Board of Psychologist Examiners has received an application for a conditional certificate as a prescribing psychologist from the applicant named below. (To be filled out by Applicant and forwarded on to the Director of the training program)

**Applicant:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**City & State:** \_\_\_\_\_

**Telephone No.** \_\_\_\_\_

We would appreciate you providing the Board with the information requested and return this form directly to the Board office at the above address.

**SUPERVISOR**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & State: \_\_\_\_\_

Telephone No. \_\_\_\_\_

Describe the supervisor's area of practice in which he or she is formally trained and/or certified/licensed?

\_\_\_\_\_

**NEW MEXICO LICENSURE**

Is your medical license current and unrestricted? Yes  No

Date New Mexico medical license was issued: \_\_\_\_\_

License Number and Type of License: \_\_\_\_\_



**State Board of Psychologist Examiners**  
**CONDITIONAL PRESCRIBING PSYCHOLOGIST CERTIFICATE APPLICATION**

Do you hold any other professional licenses in this or any other jurisdiction? Please list below:

<u>License No.</u>	<u>Type</u>	<u>State</u>	<u>Status (Active/Inactive)</u>

Name and Address of Applicant's Training Director: \_\_\_\_\_

Date Practicum Began: \_\_\_\_\_ Date Practicum Ended: \_\_\_\_\_

1. Have you sent an evaluation form about this applicant to the Director of Training discussing the student's adequate development of skills in:
  - a. Assessing a diverse and significantly ill medical population? Yes  No
  - b. Observing the progression of illness and continuity of care of individual patients? Yes  No
  - c. Adequately assessing vital signs? Yes  No
  - d. Demonstrating competent laboratory assessment? Yes  No
  - e. Demonstrating competence in physical and health assessment techniques? Yes  No
  
2. Has the student successfully completed the eighty-hours of supervised experience with you as specified in the Prescribing Psychologist Act? Yes  No

The Board would appreciate any comments you might have regarding this applicant's practicum. Please include any information you consider relevant regarding this applicant.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

As the Clinical Supervisor of the 80-Hour Practicum, I certify that all of the statements made in this document are true, complete, and correct to the best of my knowledge and belief and are made in good faith.

\_\_\_\_\_  
Signature of Clinical Supervisor

\_\_\_\_\_  
Date

Please mail directly to the Board Office upon completion.  
 New Mexico Board of Psychologist Examiners  
 P. O. Box 25101  
 Santa Fe, New Mexico 87505

**State Board of Psychologist Examiners**  
**CONDITIONAL PRESCRIBING PSYCHOLOGIST CERTIFICATE APPLICATION**

**CONDITIONAL PRESCRIBING PSYCHOLOGIST PROPOSED SUPERVISORY PLAN**

PLEASE NOTE: To be completed by Supervisor(s)

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NAME OF APPLICANT: \_\_\_\_\_

**To be completed by: Primary Supervisor**

Primary Supervisor Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & State: \_\_\_\_\_

Telephone No.: \_\_\_\_\_

Please describe the area of practice in which you are formally trained and/or certified/licensed. If you are not a psychiatrist, please indicate your experience and training in prescribing psychotropic medications.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

License No. \_\_\_\_\_ State: \_\_\_\_\_ Date of Initial License: \_\_\_\_\_

Is your license current and unrestricted? 

Yes	No
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Do you have any other license in this or any other jurisdiction? 

Yes	No
-----	----

If yes, explain below.

<u>License No.</u>	<u>Type</u>	<u>State</u>	<u>Status Active/Inactive</u>
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**State Board of Psychologist Examiners**  
**CONDITIONAL PRESCRIBING PSYCHOLOGIST CERTIFICATE APPLICATION**

**To be completed by: Secondary Supervisor**

Secondary Supervisor Name: \_\_\_\_\_

Address: \_\_\_\_\_

City & State: \_\_\_\_\_

Telephone No.: \_\_\_\_\_

Please describe the area of practice in which you are formally trained and/or certified/licensed. If you are not a psychiatrist, please indicate your experience and training in prescribing psychotropic medications.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

License No. \_\_\_\_\_ State: \_\_\_\_\_ Date of Initial License: \_\_\_\_\_

Is your license current and unrestricted? 

Yes	No
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Do you have any other license in this or any other jurisdiction?  
If yes, explain below. 

Yes	No
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<u>License No.</u>	<u>Type</u>	<u>State</u>	<u>Status Active/Inactive</u>

**To be completed by: Primary Supervisor**

List beginning and end date(s) of the two-year supervised practice covered by the plan.  
Approximate beginning date: \_\_\_\_\_ Ending date: \_\_\_\_\_

List the setting(s) in which the conditional prescribing psychologist will practice and the hours per week worked at each setting. \_\_\_\_\_

\_\_\_\_\_

List duties and clinical responsibilities of the conditional prescribing psychologist. \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

State Board of Psychologist Examiners

CONDITIONAL PRESCRIBING PSYCHOLOGIST CERTIFICATE APPLICATION

List location(s) where the supervision will occur and with whom. \_\_\_\_\_

\_\_\_\_\_

List areas in which the primary and secondary supervisor(s), if any, have specialized skills to render competent supervision. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

List the number and name of the psychologists with conditional prescription certificates that you will be supervising during this time period: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Describe the manner in which the conditional prescribing psychologist will be represented to the public, including all written communications and public announcements. (Please enclose copies of any printed materials.) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Is there any direct or indirect financial agreement between or among the conditional prescribing psychologist and the primary and secondary supervisor(s)?

Yes	No

If yes, please describe the agreement on a separate page.

Describe and other information necessary to clarify the nature and scope of the supervision. \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Provide a statement specifying the manner in which supervision and clinical and professional responsibility will be provided during the supervisor's absence (during vacations or unexpected events that require that supervisor to be absent for any period of time). \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

As the primary supervisor, will you provide supervision on a one-to-one basis for at least 4 hours per month and a total of at least 46 hours of one-to-one supervision per year?

Yes	No

As the supervising physician, will you have access to and review records relating to the treatment of patients under his/her supervision?

Yes	No

As the primary supervisor will you contact any secondary supervisor(s) at least every six months to obtain written or verbal progress reports concerning how the prescribing psychologist is performing?

<b>Yes</b>	<b>No</b>
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Will the supervision be provided either face-to-face, telephonically, or by tele-video live communication?

<b>Yes</b>	<b>No</b>
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Will you, as primary supervisor, inform any secondary supervisor(s) of any concerns about the conditional prescribing psychologist's performing?

<b>Yes</b>	<b>No</b>
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Will you maintain a supervision log containing dates, duration, and place/method of supervision, the same identification code for patients as used by the psychologist with a conditional prescribing certificate, and a brief description of the content of supervision?

<b>Yes</b>	<b>No</b>
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Will you, as primary supervisor, maintain a log of contacts with the secondary supervisor(s)?

<b>Yes</b>	<b>No</b>
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Will you review the results of laboratory tests as appropriate?

<b>Yes</b>	<b>No</b>
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**PRIMARY SUPERVISOR AGREEMENT**

I, as a licensed physician, knowledgeable of the administration of psychotropic medications, agree to supervise Dr. \_\_\_\_\_. He/She holds a conditional certificate as a prescribing psychologist.

I have read the above document and agree to comply with the terms and conditions as described above. I understand that the supervisory plan may be modified if I deem appropriate by submitting to the application committee for its approval, a modified plan agreed to be me, any secondary supervisors, and the conditional prescribing psychologist. The intent of my modified plan would be to best reflect the psychologist's needs for supervision.

\_\_\_\_\_  
Signature of Supervisor

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Psychologist Supervisee

\_\_\_\_\_  
Date

**State Board of Psychologist Examiners**  
**CONDITIONAL PRESCRIBING PSYCHOLOGIST CERTIFICATE APPLICATION**

**SECONDARY SUPERVISOR AGREEMENT**

**Please complete this form for each Secondary Supervisor. Make copies as needed.**

**Secondary Supervisor**

Will you, as secondary supervisor, inform the primary supervisor of any concerns about the conditional prescribing psychologist you are supervising?

<b>Yes</b>	<b>No</b>
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Will you maintain a supervision log containing dates, duration, place/method of supervision, the same identification code for patients as used by the conditional prescribing psychologist and a brief description of the content of supervision?

<b>Yes</b>	<b>No</b>
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Will you review the results of laboratory tests as appropriate?

<b>Yes</b>	<b>No</b>
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I, \_\_\_\_\_, a licensed physician and secondary supervisor, agree to supervise Dr. \_\_\_\_\_, who holds a conditional certificate as a prescribing psychologist. I have read the above document and agree to comply with the terms and conditions described above.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Psychologist Supervisee

\_\_\_\_\_  
Date

Mail to:  
 New Mexico State Board of Psychologist Examiners  
 P.O. Box 25101  
 Santa Fe, NM 87505

Section 3. Section 61-9-1 NMSA 1978 (being Laws 1963, Chapter 92, Section 1) is amended to read:

“61-9-1. SHORT TITLE.—[This act] Chapter 61, Article 9 NMSA 1978 may be cited as the “Professional Psychologist Act”.”

Section 4. Section 61-9-3 NMSA 1978 (being Laws 1963, Chapter 92, Section 3, as amended) is amended to read:

“61-9-3. DEFINITIONS.—As used in the Professional Psychologist Act:

A. “board” means the New Mexico state board of psychologist examiners;

B. “conditional prescription certificate” means a document issued by the board to a licensed psychologist that permits the holder to prescribe psychotropic medication under the supervision of a licensed physician pursuant to the Professional Psychologist Act;

[B.] C. “person” includes an individual, firm, partnership, association or corporation;

D. “prescribing psychologist” means a licensed psychologist who holds a valid prescription certificate;

E. “prescription certificate” means a document issued by the board to a licensed psychologist that permits the holder to prescribe psychotropic medication pursuant to the Professional Psychologist Act;

F. “psychotropic medication” means a controlled substance or dangerous drug that may not be dispensed or administered without a prescription and whose primary indication for use has been approved by the federal food and drug administration for the treatment of mental disorders and is listed as a psychotherapeutic agent in drug facts and comparisons or in the American hospital formulary service;

C.] G. “psychologist” means [any] a person who engages in the practice of psychology or holds himself out to the public by any title or description of services representing himself as a psychologist, which incorporates the words “psychological”, “psychologist”, “psychology”, or when a person describes himself as above and, under such title or description, offers to render or renders services involving the application of principles, methods and procedures of the science and profession of psychology to persons for compensation or other personal gain;

[D.] H. “practice of psychology” means the observation, description, evaluation, interpretation and modification of human behavior by the application of psychological principles, methods and procedures for the purpose of preventing or eliminating symptomatic, maladaptive or undesired behavior and of enhancing interpersonal relationships, work and life adjustment, personal effectiveness, behavioral health and mental health, and further means the rendering of such psychological services to individuals, families or groups regardless of whether payment is received for services rendered. The practice of psychology includes psychological testing or neuropsychological testing and the evaluation or assessment of personal characteristics such as intelligence, personality, abilities, interests, aptitudes and neuropsychological functioning; counseling, psychoanalysis, psychotherapy, hypnosis, biofeedback, behavior analysis and therapy; diagnosis and treatment of any mental and emotional disorder or disability, alcoholism and substance abuse, disorders of habit or conduct and the psychological aspects of physical illness, accident, injury and disability; and psychoeducational evaluation, therapy, remediation and consultation; and

[E.] I. “school” or “college” means [any] a university or other institution of higher education that is regionally accredited and that offers a full-time graduate course of study in psychology as defined by rule of the board or that is approved by the American psychological association.”

Section 5. Section 61–9–17 NMSA 1978 (being Laws 1963, Chapter 92, Section 16, as amended) is amended to read:

“61–9–17. DRUGS–MEDICINES.–[Nothing in the Professional Psychologist Act shall be construed as permitting psychologists or psychologist associates licensed under the Professional Psychologist Act to]

A. Except as provided in Subsections B and C of this section, psychologists or psychologist associates shall not administer or prescribe drugs or medicine or in any manner engage in the practice of medicine as defined by the laws of this state.

B. A licensed psychologist holding a conditional prescription certificate may prescribe psychotropic medication under the supervision of a licensed physician pursuant to the Professional Psychologist Act.

C. A prescribing psychologist may prescribe psychotropic medication pursuant to the Professional Psychologist Act.”



Section 6. A new section of the Professional Psychologist Act is enacted to read:

“[NEW MATERIAL] CONDITIONAL PRESCRIPTION CERTIFICATE–PRESCRIPTION CERTIFICATE–APPLICATION–REQUIREMENTS–RULEMAKING BY BOARD–ISSUANCE, DENIAL, RENEWAL AND REVOCATION OF CERTIFICATION.–

A. A psychologist may apply to the board for a conditional prescription certificate. The application shall be made on a form approved by the board and be accompanied by evidence satisfactory to the board that the applicant:

(1) has completed a doctoral program in psychology from an accredited institution of higher education or professional school, or, if the program was not accredited at the time of the applicant’s graduation, that the program meets professional standards determined acceptable by the board;

(2) holds a current license to practice psychology in New Mexico;

(3) has successfully completed pharmacological training from an institution of higher education approved by the board or from a provider of continuing education approved by the board;

(4) has passed a national certification examination approved by the board that tests the applicant’s knowledge of pharmacology in the diagnosis, care and treatment of mental disorders;

(5) within the five years immediately preceding the date of application, has successfully completed an organized program of education consisting of intensive didactic instruction of no fewer than four hundred fifty classroom hours in at least the following core areas of instruction:

a) neuroscience;

(b) pharmacology;

(c) psychopharmacology;

(d) physiology;

(e) pathophysiology;

(f) appropriate and relevant physical and laboratory assessment; and

(g) clinical pharmacotherapeutics;

(6) within the five years immediately preceding the date of application, has been certified by the applicant's supervising psychiatrist or physician as having successfully completed a supervised and relevant clinical experience of no less than an eighty-hour practicum in clinical assessment and pathophysiology and an additional supervised practicum of at least four hundred hours treating no fewer than one hundred patients with mental disorders, the practica to have been supervised by a psychiatrist or other appropriately trained physician and determined by the board to be sufficient to competently train the applicant in the treatment of a diverse patient population;

(7) has malpractice insurance in place that will cover the applicant during the period the conditional prescription certificate is in effect; and

(8) meets all other requirements, as determined by rule of the board, for obtaining a conditional prescription certificate.

B. The board shall issue a conditional prescription certificate if it finds that the applicant has met the requirements of Subsection A of this section. The certificate shall be valid for a period of two years, at the end of which the holder may again apply pursuant to the provisions of Subsection A of this section. A psychologist with a conditional prescription certificate may prescribe psychotropic medication under the supervision of a licensed physician subject to the following conditions:

(1) the psychologist shall continue to hold a current license to practice psychology in New Mexico and continue to maintain malpractice insurance;

(2) the psychologist shall inform the board of the name of the physician under whose supervision the psychologist will prescribe psychotropic medication and promptly inform the board of any change of the supervising physician; and

(3) a physician supervising a psychologist prescribing psychotropic medication pursuant to a conditional prescription certificate shall be individually responsible for the acts and omissions of the psychologist while under his supervision. This provision does not relieve the psychologist from liability for his acts and omissions.

C. A psychologist may apply to the board for a prescription certificate. The application shall be made on a form approved by the board and be accompanied by evidence satisfactory to the board that the applicant:

(1) has been issued a conditional prescription certificate and has successfully completed two years of prescribing psychotropic medication as certified by the supervising licensed physician;

- (2) holds a current license to practice psychology in New Mexico;
- (3) has malpractice insurance in place that will cover the applicant as a prescribing psychologist; and
- (4) meets all other requirements, as determined by rule of the board, for obtaining a prescription certificate.

D. The board shall issue a prescription certificate if it finds that the applicant has met the requirements of Subsection C of this section. A psychologist with a prescription certificate may prescribe psychotropic medication pursuant to the provisions of the Professional Psychologist Act if the psychologist:

- (1) continues to hold a current license to practice psychology in New Mexico and continues to maintain malpractice insurance; and
- (2) annually satisfies the continuing education requirements for prescribing psychologists, as set by the board, which shall be no fewer than twenty hours each year.

E. The board shall promulgate rules providing for the procedures to be followed in obtaining a conditional prescription certificate, a prescription certificate and renewals of a prescription certificate. The board may set reasonable application and renewal fees.

F. The board shall promulgate rules establishing the grounds for denial, suspension or revocation of conditional prescription certificates and prescription certificates authorized to be issued pursuant to this section, including a provision for suspension or revocation of a license to practice psychology upon suspension or revocation of a certificate. Actions of denial, suspension or revocation of a certificate shall be in accordance with the Uniform Licensing Act.”

Section 7. A new section of the Professional Psychologist Act is enacted to read:

“[NEW MATERIAL] PRESCRIBING PRACTICES.–

A. A prescribing psychologist or a psychologist with a conditional prescription certificate may administer and prescribe psychotropic medication within the recognized scope of the profession, including the ordering and review of laboratory tests in conjunction with the prescription, for the treatment of mental disorders.

B. When prescribing psychotropic medication for a patient, the prescribing psychologist or the psychologist with a conditional prescription certificate shall maintain an ongoing collaborative relationship with the health care practitioner who oversees the patient’s general medical care to ensure that necessary medical

examinations are conducted, the psychotropic medication is appropriate for the patient's medical condition and significant changes in the patient's medical or psychological condition are discussed.

C. A prescription written by a prescribing psychologist or a psychologist with a conditional prescription certificate shall:

- (1) comply with applicable state and federal laws;
- (2) be identified as issued by the psychologist as "psychologist certified to prescribe"; and
- (3) include the psychologist's board-assigned identification number.

D. A prescribing psychologist or a psychologist with a conditional prescription certificate shall not delegate prescriptive authority to any other person. Records of all prescriptions shall be maintained in patient records.

E. When authorized to prescribe controlled substances, a prescribing psychologist or a psychologist with a conditional prescription certificate shall file with the board in a timely manner all individual federal drug enforcement agency registrations and numbers. The board shall maintain current records on every psychologist, including federal registrations and numbers.

F. The board shall provide to the board of pharmacy an annual list of prescribing psychologists and psychologists with conditional prescription certificates that contains the information agreed upon between the board and the board of pharmacy. The board shall promptly notify the board of pharmacy of psychologists who are added or deleted from the list.

G. For the purpose of this section:

- (1) "collaborative relationship" means a cooperative working relationship between a prescribing psychologist or a psychologist with a conditional prescription certificate and a health care practitioner in the provision of patient care, including diagnosis and cooperation in the management and delivery of physical and mental health care; and
- (2) "health care practitioner" means a physician, osteopathic physician or nurse practitioner."

Section 8. EFFECTIVE DATE.-The effective date of the provisions of this act is July 1, 2002.