

Please note: The posted four-week menu cycle is subject to change without prior notice based on product availability, substitutions, and operational needs.

*Modified for Infants/Toddlers

Week 1 - September 28-October 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Wheat Toast and Preserves	Scrambled Eggs	Turkey Sausage Patty *	Breakfast Tacos (Whole Wheat) *	Whole Wheat English Muffin and Jelly
	Sliced Cantaloupe	Fresh Sliced Pineapple	Hash Brown Potatoes	Frijoles and Cheddar Cheese *	Mixed Berries
	Milk 1%/Whole Milk	Cinnamon Toast	Watermelon	Sliced Honeydew Melon	Scrambled egg and Cheese
	Hard Boiled Eggs *	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk
Lunch	Italian Red Meat Sauce	Chicken Quesadilla with Sour Cream *	Grilled Chicken *	Turkey Frito Pie *	Beef Hamburger Gravy
	Whole Wheat Penne	Pinto Beans *	Rice	Shredded Cheese	Mashed Potatoes
	Steamed Broccoli Florets		Baked Zucchini *	Steamed Peas	Green Beans
		Milk 1%/Whole Milk			Milk 1%/Whole Milk
Snacks	Milk 1%/Whole Milk		Milk 1%/Whole Milk	Milk 1%/Whole Milk	
	Sliced Cucumbers *	Whole Grain Blueberry Mini Muffin	Vanilla Yogurt	Mandarin Oranges	Applesauce
	Ranch	Orange Wedges	Baked Apples	Crackers and Sliced Cheese *	String Cheese *
	Pita Chips *				

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Week 2 - October 5-9

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Turkey Sausage Link *	Berries	Scrambled Egg	Waffles and Preserves	Whole Grain Bagel *
	Sliced Cantaloupe	Whole Wheat Biscuit and Sausage Gravy *	Mini Whole Wheat Banana Muffins	Fresh Sliced Pineapple	Cream Cheese
	Pancakes	Milk 1%/Whole Milk	Sliced Honeydew Melon	Turkey Bacon *	Fresh Pineapple
	Milk 1%/Whole Milk		Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk
Lunch	Beef Burrito *	Cheese Pizza *	Grilled Chicken Tenders *	Oven-Roasted Herbed Turkey Breast *	Turkey Tacos *
	Calabacitas *	Steamed Broccoli	Arroz Rojo	Whole Wheat Penne with Alfredo Sauce	6-Inch Whole Wheat Flour Tortilla *
	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Grilled Zucchini Squash *	Roasted Vegetables	Shredded Cheddar, Lettuce, and Diced Tomato
			Milk 1%/Whole Milk	Milk 1%/Whole Milk	
					Milk 1%/Whole Milk
Snacks	Whole Wheat Bread *	Vanilla Yogurt	String Cheese *	Whole Grain Goldfish	Bananaberry Mini Muffin
	SunButter and Jelly	Sliced strawberries	Baked Apples with Cinnamon	Sliced Watermelon	Applesauce
	Orange Wedges				

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Week 3 - September 14-18

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Scrambled Eggs	Hard-Boiled Eggs *	Whole Wheat Egg and Cheese Quesadilla *	Whole Wheat Grilled Cheese Sandwich *	Whole Wheat English Muffin
	Fresh Sliced Pineapple	Cantaloupe Slices	Hash Brown Potatoes	Honeydew Melon Slices	Turkey Sausage Gravy
	Breakfast Potatoes *	Whole Grain Pancakes and Syrup	Berries	Turkey Sausage *	Sliced Strawberries
	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk
Lunch	Tuna Salad	Sliced Beef Country Steak *	Turkey Meatloaf *	Burgers with Slider Buns *	BBQ Shredded Chicken *
	Crackers	Cornbread and Gravy	Mashed Potatoes	Lettuce, Tomato, and Pickle Spears	Baked Beans
	Sliced Cantaloupe	Corn on the Cob	Steamed Broccoli	Ketchup and Mayonnaise	Coleslaw
	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Baked Fries	
				Milk 1%/Whole Milk	Milk 1%/Whole Milk
Snacks	Applesauce	Whole Grain Cheez-Its	Whole Grain Blueberry Mini Muffin	Vanilla Yogurt	Cream Cheese Pinwheels (whole wheat tortilla) *
	String Cheese *	Sliced Cucumbers *	Orange Wedges	Bananas	Watermelon Slices
		Ranch			

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Week 4 - September 21-25

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	French Toast Sticks *	Turkey Sausage Patty *	Egg and Cheddar Breakfast Taco with Whole Wheat Tortilla *	Whole Wheat Biscuit and Gravy	Whole Grain Bagel *
	Cantaloupe Slices	Hash Brown	Sliced Strawberries	Sliced Honeydew Melon	Light Cream Cheese
	Egg and Cheese Bite	Sliced Fresh Pineapple		Turkey Bacon	Orange Wedges
	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk
Lunch					
	Whole Wheat Spaghetti Noodles	Turkey and Cheese Croissant Sandwich *	Chicken Nuggets	BBQ Roast Turkey Breast *	Sloppy Joes *
	Ground Beef Marinara	Baked Fries	Brown Rice	Baked Macaroni & Cheese	Whole Wheat Rotini Salad
	Steamed Broccoli	Steamed Cauliflower	Steamed Zucchini	Steamed Green Beans	Pickle Spears
	Milk 1%/Whole Milk		Ranch		
Snacks		Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk	Milk 1%/Whole Milk
	Rice Pudding	Assorted Yogurt	Whole Grain Goldfish	Bananaberry Mini Muffin	String Cheese *
	Sliced Berries	Baked Apples with Cinnamon	Applesauce	Orange Wedges	Sliced Pears