

# FINE ARTS & PHYSICAL RECREATION

Unlock Your Creative Potential

## Courses We Offer This Summer:

1 Credit Hour Physical Rec:

**Slow Flow Yoga – Margaret Griffin–Taylor:**

**Mon & Wed | 4:00 PM – 4:55 PM | TBD**

This is typically a more gentle form of yoga that emphasizes breath and mindful movement. Various yoga postures form the basis of the practice.

**Spinning – Sara Demorest:**

**Mon & Wed | 12:00 PM – 12:55 PM | GYM SPINNING**

Spin is a low impact, challenging aerobic group fitness class that takes place on specially designed stationary bikes.

**Beginning Yoga – Cynthia Connolly:**

**Tue & Thur | 12:00 PM – 12:55 PM | WEST GYM**

Whether you are new to yoga or are familiar with the practice, Beginner Yoga will help develop balance, strength and flexibility without feeling overwhelmed or confused.



*\* Is eligible for students under 16 with parents attendance and instructor approval*



**Affordable For-Credit Courses for NMT students, faculty, staff, and community member 65+**

1 Credit Hour Fine Arts:

**Painting in Oils I – Jenny Blomquist:**

**Monday | 5:15 PM – 7:00 PM | FACW-104**

This course is designed to give the beginning oil painter a simple background on general working technique behind oil painting and constructive feedback on class working requirements.

**Painting in Acrylics – Ramona Montoya:**

**Thursday | 6:00 PM – 7:50 PM | FACW-104 \***

Basic Skills in Acrylic painting, development of skills on technique. Students will be encouraged to tap into their creativity and produce art that is truly unique to themselves.

**Stained Glass & Moasics – Theresa Boracci:**

**Tuesday | 2:00 PM – 4:50 PM | FACW-112**

This is a beginning course in cold worked glass. You will be expected to safely use all equipment, tools, and chemicals. **TBD if offered at the end of April.**

## Our Creative Community:

Our mission is to provide enrichment and life long learning for our students, faculty, staff and community.

(575) 585-6581 | Speare Hall 138, 801 Leroy Pl, Socorro, NM  
www.nmt.edu/ce | community.education@npe.nmt.edu

# Community Courses

**Summer 2026**  
**June 8 – July 31, 2026**

These courses are available at a reduced price for everyone, designed to bring joy, expression, and community together.

**Seats**      **“Move. Create. Shine.”**      **Cost**

**7** **Piano I** **Gaby Benalil** Friday | 11:00 AM – 11:55 PM | RH-232 This is an introductory course to piano. We will be working on Major Scales with C Major Pattern as D Major, G Major, A Major, Db major, Eb Major. **\$145**

**9** **Strings I** **Gaby Benalil** Friday | 12:00 PM – 12:55 PM | RH-232 Foundations of healthy, expressive string playing with specific attention to avoiding stress in both left and right hands. **\$145**

**4** **Spinning** **Sara Demorest** Mon & Wed | 12:00 PM – 12:55 PM | GYM SPIN Spin is a low impact, challenging aerobic group fitness class that takes place on specially designed stationary bikes. **\$92.50**

**7** **Painting in Acrylic** **Ramona Montoya** Thursday | 6:00 PM – 7:50 PM | FACW-104 \* Basic Skills in Acrylic painting, development of skills on technique. Students will be encouraged to tap into their creativity and produce art that is truly unique to themselves. **\$118**

**5** **Slow Flow Yoga** **Margaret Griffin-Taylor** Mon & Wed | 4:00 PM – 4:55 PM | SAC AUD This is typically a more gentle form of yoga that emphasizes breath and mindful movement. Various yoga postures form the basis of the practice. **\$92.50**

**5** **Beginning Yoga** **Cynthia Connolly** Tue & Thur | 12:00 PM – 12:55 PM Whether you are new to yoga or are familiar with the practice, Beginner Yoga will help develop balance, strength and flexibility without feeling overwhelmed or confused. **\$92.50**

*\* Is eligible for students under 16 with parents attendance and instructor approval*

Let's make this summer one to remember.

**For More Information: [Community.Education@npe.nmt.edu](mailto:Community.Education@npe.nmt.edu)**