

Fine Arts

CEFA 1010C-01 | Weaving I
Elizabeth Gipson

Wed: 3:30 pm - 5:30 pm | 10 seats | FACE-114

Weaving is a celebrated art in the Southwest. Based on a binary system, it has deep roots in the history of technology, you will learn the fundamentals of how handwoven cloth is made, including: yarn selection, setting up the loom, weaving, finishing, project planning, and regional history.

CEFA 1052C-01 | Painting in Oil I
Jenny Blomquist

Mon: 5:15 pm - 7:15 pm | 20 seats | FACW-104

This course is designed to give the beginning oil painter a simple background on general working technique behind oil painting and constructive feedback on class work.

CEFA 1052C-02 | Painting in Oil I
Jenny Blomquist

Tue: 5:15 pm - 7:15 pm | 20 seats | FACW-104

This course is designed to give the beginning oil painter a simple background on general working technique behind oil painting and constructive feedback on class work.

CEFA 1053C-01 | Painting in Acrylics *
Ramona Montoya

Tue: 9:30 am - 10:45 am | 20 seats | FACW-104

Basic Skills in Acrylic painting, development of skills on technique. Students will be encouraged to tap into their creativity and produce art that is truly unique to themselves.

CEFA 1053C-02 | Painting in Acrylics *
Ramona Montoya

Thu: 6:00 pm - 8:00 pm | 17 seats | FACW-104

Basic Skills in Acrylic painting, development of skills on technique. Students will be encouraged to tap into their creativity and produce art that is truly unique to themselves.

CEFA 1054C-02 | Intro to Watercolor Painting *
Pirjo Berg

Thu: 6:00 pm - 8:00 pm | 8 seats | FACE-114

Watercolor painting is more than an art medium; it is a practice that teaches fluidity, patience, and acceptance of the unexpected. Unlike other mediums, watercolor flows in unpredictable ways.

CEFA 1070C-01 | Hand Building in Clay-
Patricia Hatch

Mon: 5:30 pm - 7:30 pm | 10 seats | FACE-102

This practical art of hand building with clay aims to give ceramic students a look and feel for the techniques to produce various forms and vessels using an age-old art method.

*** Is eligible for students under 16 with parents attendance and instructor approval**

CEFA 1071C-01 | Wheel Thrown Ceramics I
Patricia Hatch

Mon: 2:30 pm - 4:30 pm | 12 seats | FACE - 102

This practical art of wheel throwing aims to give ceramic students a look and feel for the techniques to produce various forms and vessels using an age-old art method.

CEFA 1089C-02 | Sculpture
Judy Richardson

Tue 2:30 pm - 4:30 pm | 15 seats | FACE-114

The class will consist of demonstrations and assignments. You will create a body of work by inscribing, carving, forming, and constructing. You will use your imagination, and a variety of tools and materials.

CEFA 1089C-03 | Intermediate Sewing Skills-
Valerie Thomas

Mon & Wed: 5:30 pm - 7:30 pm | 10 seats | Library Makers Space

Continuing sewing skills. Intermediate sewing will focus on garment creation and more advanced sewing techniques.

CEFA 1089C-04 | Drawing/Real and Unreal
Judy Richardson

Mon: 5:30 pm - 7:30 pm | 15 seats | FACE-114

This course covers in-depth various approaches to drawing and aims to teach you to draw from observation and imagination.

CEFA 1089C-09 | Drawing/Real and Unreal
Judy Richardson

Mon: 2:30 pm - 4:30 pm | 15 seats | FACE-114

This course covers in-depth various approaches to drawing and aims to teach you to draw from observation and imagination.

CEFA 1089C-05 | Ink & Painting-
Judy Richardson

Tue: 5:30 pm - 7:30 pm | 15 seats | FACE-114

This course covers in-depth various approaches to drawing and aims to teach you to draw from observation and imagination.

CEFA 2071C-01 | Wheel Thrown Ceramics II
Patricia Hatch

Tue: 9:30 am - 12:30 am | 10 seats | FACE - 102

This practical art of wheel throwing aims to give ceramic students a look and feel for the techniques to produce various forms and vessels using an age-old art method.

CEFA 2071C-01 | Wheel Thrown Ceramics II -
Patricia Hatch

Tue: 5:00 pm - 7:45 pm | 11 seats | FACE - 102

This practical art of wheel throwing aims to give ceramic students a look and feel for the techniques to produce various forms and vessels using an age-old art method.

Fine Arts

These courses are subject to change and will not be confirmed to be offered until April.

Affordable For-Credit Courses for NMT students, faculty, staff, and community member 65+

CEFA 1060C-01 | Glass Mosaics
Theresa Boracci

Thu: 2:00 pm - 4:50pm | 6 seats | FACW-112
Introduction to Materials and construction techniques of stained glass panels and mosaic objects.

CEFA 1061C-01 | Stained Glass
Theresa Boracci

Wed: 2:00pm - 4:50 pm | 6 seats | FACW-112
Investigation of tools and techniques in creating inspired stained glass compositions.

CEFA 1062C-01 | Glass Fusing
Theresa Boracci

Tue: 2:00 pm - 4:50 pm | 6 seats | FACW-112
Fundamental tools and processes in creation of glass objects; mold making and slumping processes used in basic kiln forming.

CEFA 1082C-01 | Beginning Metal Arts/Lapidary
Theresa Boracci

Mon: 2:00 pm - 4:50 pm | 6 seats | FACW-109
Fabrication techniques in metal construction: cutting, shaping and soldering, lost wax casting. Lapidary works of cut stone may be incorporated into metal processes.

CEFA 2061C-01 | Stained Glass II
Theresa Boracci

Tue: 9:30 am - 11:50 pm | 6 seats | FACW-112
Prerequisite: FA 260C or consent of instructor and advisor
Students will investigate more complex designs, tools and equipment in stained glass, including three dimensional and sculptural designs.

CEFA 2082C-01 | Metal Arts/Lapidary II
Theresa Boracci

Mon: 6:45 pm - 9:15 pm | 6 seats | FACW-109
Prerequisite: FA 282C, Beginning Metal Arts/Lapidary
Continued development of skills and processes in lapidary and metal work

Our Creative Community:

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Physical Recreation

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Affordable For-Credit Courses for NMT students, faculty, staff, and community member 65+

CEPR 1000C-01 | Weight Lifting

Robert Adams

Tue & Thu: 7:00 pm - 7:55 pm | 20 Seats | Gym Weight Room

Introduction to basic principles and techniques of weight training.

CEPR 1000C-02 | Weight Lifting

Robert Adams

Tue & Thu: 8:00 pm - 8:55 pm | 20 Seats | Gym Weight Room

Introduction to basic principles and techniques of weight training.

CEPR 1002C-01 | Fitness Boot Camp

Melissa Begay

Mon & Wed: 4:30 pm - 5:30 pm | 26 Seats | East Gym

Physical fitness, stress management, weight management, nutrition and muscular strength and endurance.

CEPR 1003C-01 | Spinning

Sara Demorest

Mon & Wed: 12:00 pm - 12:50 pm | 12 Seats | Gym Spinning Room

The trademark name for Indoor Cycling designed to progressively build strength and endurance while improving cardio respiratory function.

CEPR 1008C-01 | Beginning Golf

Sean Moore

Tue & Thu: 1:00 pm - 1:55 pm | 12 Seats | Golf Shop

Instruction in the basic skills, equipment, rules, etiquette, shot-making and use of irons and woods.

CEPR 1009C-01 | Archery

Brian Olney

Thu: 7:30 pm - 9:25 pm | 20 Seats | City Fair Grounds

This course is designed to give students a basic understanding of archery as a sport. Emphasis will be on safety, equipment handling and skill.

CEPR 1014C-01 | Rugby

Jason Oliphant

Tue & Thu: 6:10 pm - 7:10 pm | 20 Seats | Field; Speare - 117

An introductory class into Rugby Union. The class will cover aspects such as the laws of the game, position specific roles, attack, defense and conditioning .

CEPR 1020C-01 | Beginning Yoga

Cynthia Connolly

Tue & Thu: 12:00 pm - 12:50 pm | 15 Seats | West Gym or Gym 1

Introductory practices focus on alignment, strength, breath relaxation, and restoration.

CEPR 1022C-01 | Slow Flow Yoga

Margaret Griffin-Taylor

Mon & Wed: 4:00 pm - 4:50 pm | 30 Seats | SAC Auditorium

Instruction supports structural integrity of spine, back and abdominals

CEPR 1023C-01 | Pilates Matwork

Madison Sharp

Mon & Wed: 12:00 pm - 12:50 pm | 25 Seats | East Gym

Designed exercise program involves the entire body while focusing on strengthening the core muscles of the torso. Exercises promote coordination, balance and strength

CEPR 1042C-01 | Taijutsu

Alexander George

Mon & Wed: 6:30 pm - 7:25 pm | 20 Seats | SAC Auditorium

Instruction in the basic techniques of punching, falling, rolling and kicking in Taijutsu.

CEPR 1043C-01 | Tai Chi Chuan

Pnina Miller

Tue & Thu: 4:30 pm - 5:30 pm | 15 Seats | SAC Auditorium

Instruction and practice in techniques to enhance body awareness, reduces stress, improve balance and increase strength.

CEPR 1089C-01 | Belly Dance

Julie Johnson

Mon & Wed: 7:00 pm - 8:30 pm | 16 Seats | Gym 1

Belly Dance begins with a full warm up and continues with the introduction of 4 or more choreographies. All levels welcome.

CEPR 2008C-01 | Intermediate Golf

Clemente Grijalva

Mon & Wed: 11:00 am - 11:55 pm | 10 Seats | Golf Shop

Prerequisite: PR 106C or consent of instructor and advisor.

Instruction emphasizing actual play

Please note that courses are subject to changes

Physical Recreation

Affordable For-Credit Courses for NMT students, faculty, staff, and community member 65+

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CEPR 1010C-01 | Beginning Volleyball
Navid Mojtabai

Mon & Wed: 6:00 pm - 6:50 pm | 15 Seats | West Gym
Introduction to basic skills, rules, and strategies.

CEPR 1011C-02 | Basketball
TBD

Mon & Wed: 6:00 pm - 6:50pm | 25 Seats | East Gym
Instruction and practice of game skills in a team setting.

CEPR 1012C-01 | Indoor Soccer
TBD

Mon & Wed: 7:00 pm - 7:50 pm | 25 Seats | West Gym
Physical fitness, stress management, weight management, nutrition and muscular strength and endurance.

CEPR 1012C-01 | Indoor Soccer
TBD

Mon & Wed: 8:00 pm - 8:50 pm | 25 Seats | West Gym
Physical fitness, stress management, weight management, nutrition and muscular strength and endurance.

If you have experience teaching basketball or soccer, please contact us. We are looking for a new instructor. We'd love to hear from you!

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Community Courses

These courses are available at a reduced price for everyone, designed to bring joy, expression, and community together.

CONC 1001C-01 | Piano I *

Gaby Benalil - \$145

Fri: 11:00 am - 11:50 am | 10 Seats | RH-232

This is an introductory course to piano. We will be working on Major Scales with C Major Pattern as D Major, G Major, A Major, Db major, Eb Major.

CONC 1004C-01 | String I *

Gaby Benalil - \$145

Tue & Thu: 12:00 pm - 12:50 pm | 10 Seats | RH-232

Foundations of healthy, expressive string playing with specific attention to avoiding stress in both left and right hands.

CONC 1007C-01 | Welding Adult

Kenneth Gonzales - \$599

Tue & Thu: 5:30pm - 7:30 pm | 30 Seats | SOC HS-SHOP

Presents safety and use of oxy/acetylene equipment and Plasma cutter. Shielded Metal Arc Welding (SMAW), Gas Metal Arc Welding (GMAW), and Gas Tungsten Arc Welding (GTAW).

CONC 1015C-01 | Fitness Boot Camp: Comm

Melissa Begay - \$110

Mon & Wed: 4:30pm - 5:30 pm | 9 Seats | East Gym

Boot Camp is a type of physical training program that combines interval training and many other exercises using weights and/or body weight to lose body fat, increase cardiovascular fitness and strength.

CONC 1023C-01 | Pilates Matwork: Comm

Madison Sharp - \$110

Mon & Wed: 12:00pm - 12:50 pm / 5 Seats / East Gym

Designed exercise program involves the entire body while focusing on strengthening the core muscles of the torso. Exercises promote coordination, balance and strength.

CONC 1042C-01 | Taijutsu: Comm

Alexander George - \$110

Mon & Wed: 6:30pm - 7:25 pm | 5 Seats | East Gym

Instruction in the basic techniques of punching, falling, rolling and kicking in Taijutsu.

CONC 1053C-01 | Painting in Acrylics: Comm *

Ramona Montoya - \$232

Thu: 6:00 pm - 7:50 pm | 4 Seats | FACW-104

Basic Skills in Acrylic painting, development of skills on technique. Students will be encouraged to tap into their creativity and produce art that is truly unique to themselves.

CONC 1070C-01 | Hand Building in Clay: Comm

Patricia Hatch - \$232

Mon: 2:30pm - 4:30 pm | 3 Seats | FACE-102

Studio arts survey of hand forming techniques used in creating diverse utilitarian and sculptural ceramics. Accommodates all skill levels

CONC 1042C-01 | Tai Chi Chuan: Comm -

Pnina Miller - \$110

Tue & Thr: 4:30 pm - 5:30 pm | 2 Seats | East Gym

Instruction and practice in techniques to enhance body awareness, reduces stress, improve balance and increase strength.

CONC 1089C-01 | Belly Dance: Comm *

Julie Johnson - \$110

Mon & Wed: 7:00 pm - 8:30 pm | 4 Seats | Gym 1

Belly Dance begins with a full warm up and continues with the introduction of 4 or more choreographies. All levels welcome.

CONC 2071C-01 | Wheel Thrown Ceramics II:

Comm Patricia Hatch - \$232

Tue: 5:00 pm - 7:45 pm | 2 Seats | FACE-102

Prerequisite: CONC 1070C, Hand Building in Clay
Students will learn and practice advanced wheel and decorative techniques.

*** Is eligible for students under 16 with parent attendance and instructor approval**

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