

Science Olympiad Flying Events

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Coach, Albuquerque Area Home Schoolers





Credentials

- MSME Virginia Tech, 1984
- R/C model aircraft lifelong hobby
- SO coach flying events
 - 2016:WS
 - 1st Region
 - 1st State
 - Top 10 Nationals
 - 2017:WS
 - 1st Region
 - 1st State
 - 2018:WS
 - 1st Region
 - 1st State
 - 2nd Nationals
 - 2018:Heli
 - 1st Region
 - 1st State
 - 1st Nationals
 - 2019:WS
 - 1st Region
 - 1st State
 - 1st Nationals
 - 2019:ELG
 - 1st Region
 - 1st State
 - 3rd Nationals
 - 2019 Co-ES NM State
 - 2019 coach 2 members of US Junior FID team, plus alternate
 - 3 new National Records
- Home School Parent 4 kids

Presentation Order

- Event descriptions and rules
 - Elastic Launch Gliders B
 - Wright Stuff C
- Sources of materials and aid
- Building techniques
- Flying





Elastic Launched Gliders B

Indoor Glider Duration



ELG Event

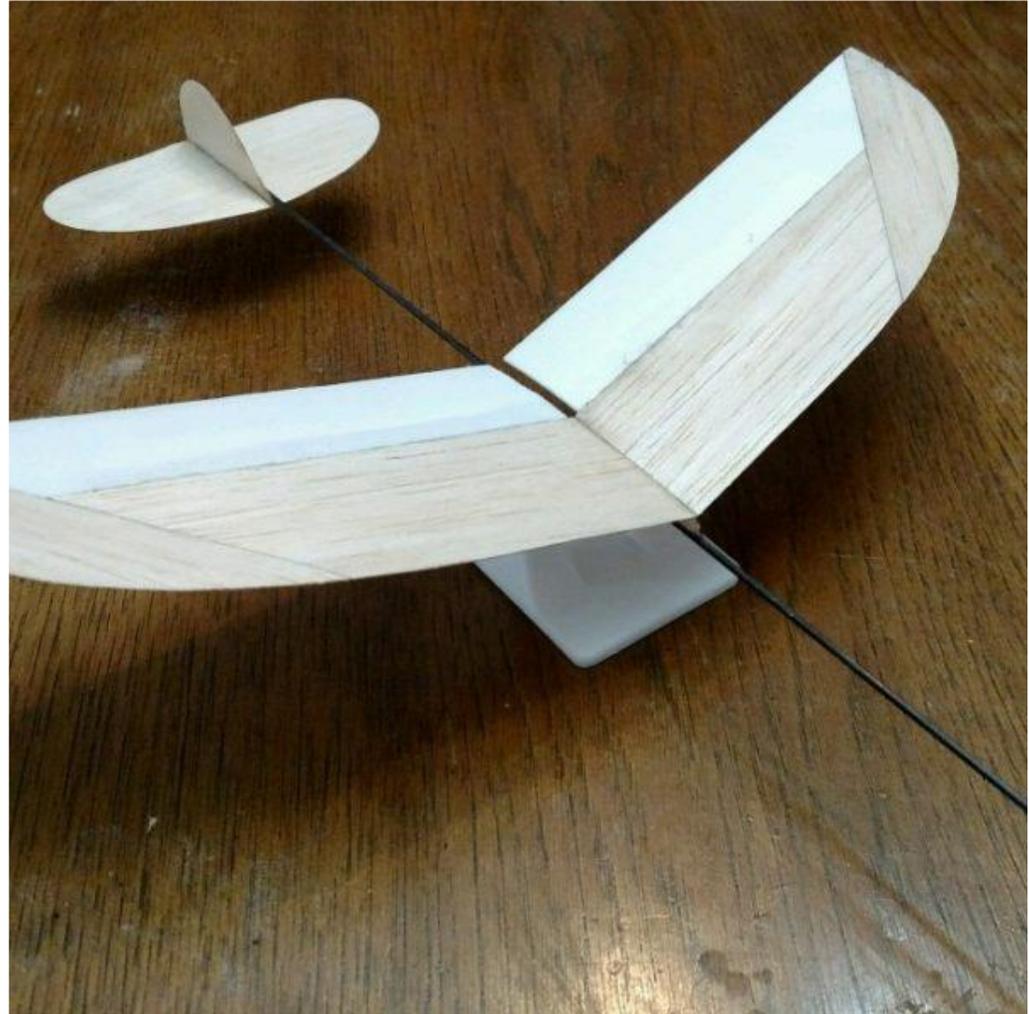
Description

- Prebuild event
- Unpowered glider made from wood, foam, paper, plastic film, carbon fiber, tape, thread, glue
- Launch with non-metallic elastic
- Fly 5 flights for duration, best three flights sum for score



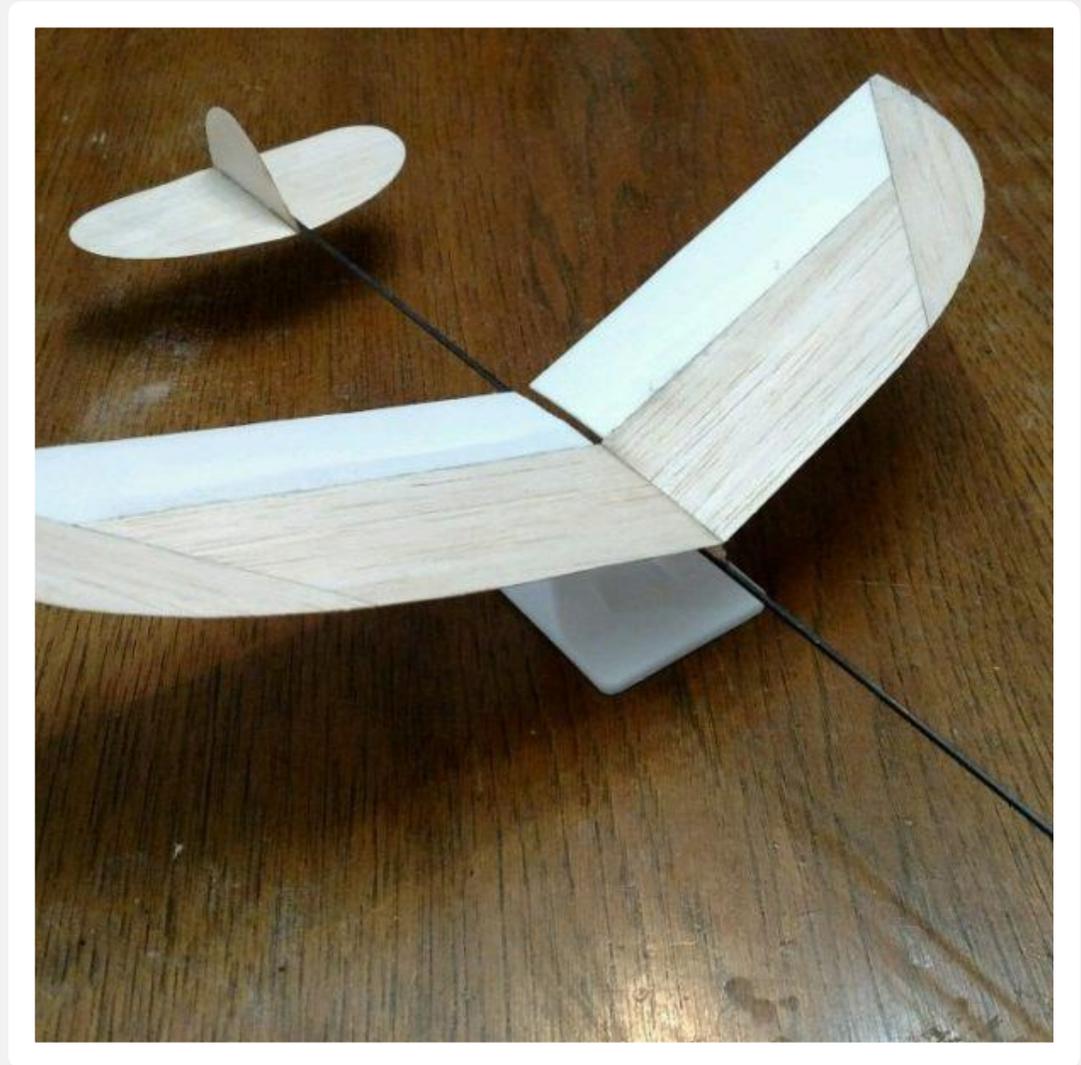
ELG Event Parameters

- Kit, plans or self-design
- 28cm wing span
- 3.0 to 10g
- Blunt nose larger than lip balm cap
- 10% bonus for fuselage > 32cm
- 10% bonus for first flight within 1 minute
- 25% bonus for canard configuration
- Labelled for identification
- Non-metal ballast
- Up to 2 planes presented for inspection
- Launcher
 - Elastic must remain attached
 - No dimension greater than 1m except stretched elastic
 - Supported by one student during launch
- Eye protection level B: Z87+ marking
- 2-Student team
- *Rubber bands are not an allowed construction material*



ELG Event Parameters NOT MENTIONED

- Wing Chord
- Stabilizer size



ELG Event

Flying Process

- Indoors, with room dimensions published in advance
- No coaching or communication once in event
- ONLY PARTICIPANTS may touch plane. This means DO NOT let officials attempt to measure
- Flight log: 30% penalty if not presented
- Launch handle and plane supported by one student
- Trim flights permitted, but on the clock, and must be announced as trim
- Must launch at ceiling
- Clock
 - 5 minute period starting with first flight, trim or official or end of preflight time period
 - 1 minute prep period, starts when student picks up a plane. 10% bonus if start in 1 minute window.
 - No time-out for retrieval or repairs
- Score sum of 3 best out of 5 official flights, plus bonuses
- Construction violations are tiered



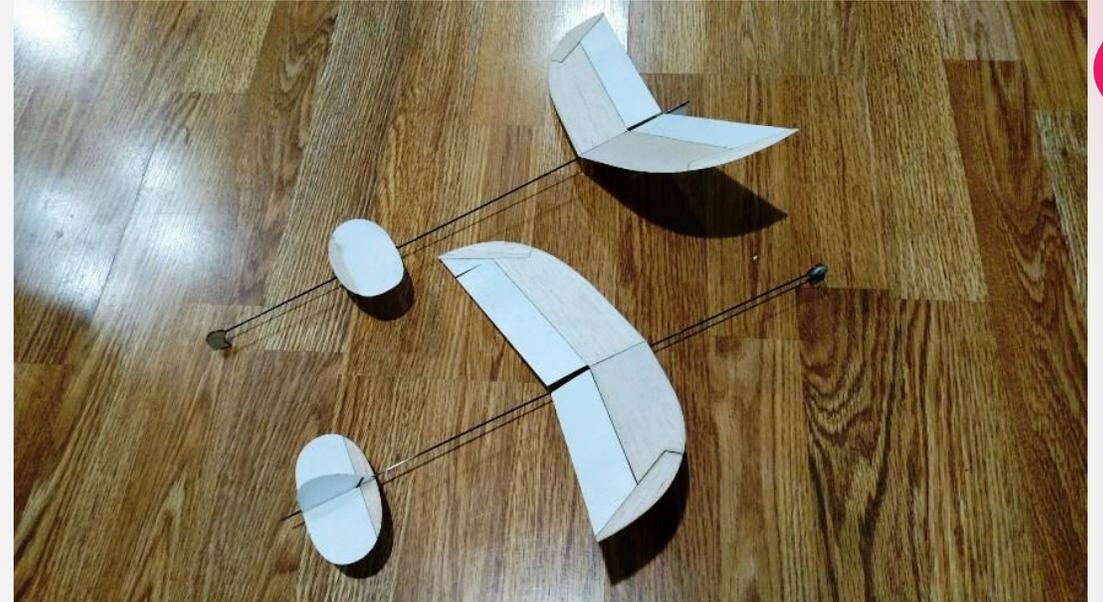
2019 Issues and Observations

- Insufficient Logs
 - Only 10 entries (or less)
 - Too few columns
 - *Logs are a critical element of improvement*
- Wingspan did not meet spec
 - Many FFM planes exceeded allowable wingspan by up to 1 cm
 - Usually caused by not enough dihedral
 - *Measure before competition*
- Crooked construction
 - Accurate construction is critical
- Untrimmed models
 - Basic glide
 - Center of Gravity
 - Wing incidence
 - Launch
 - High speed launch requires additional adjustments
 - J&H videos
- Most planes reasonably built, but not reasonably trimmed



2020 Thoughts

- Spend more time in gym than in build
- Keep detailed logs
- Skip the Canard
 - Word is that it is VERY hard to trim
 - Get SOMETHING flying
- Anything that *glides* will be very competitive
- Very good online videos on trimming at J&H





Wright Stuff C

Indoor Rubber Powered Duration



Wright Stuff Event

Description

- Prebuild event
- Rubber powered free-flight
 - Monoplane or Bi-Plane
 - Any materials except Boron
 - Student-built
- Best of two flights duration



Wright Stuff Event Parameters

- Kit, plans or self-design
 - No pre-glued or pre-covered
- 30cm wing span, 8cm chord
 - Monoplane or bi-plane
- 12 cm stab span, 6cm chord
- 8cm diameter prop
- 8g minimum
- Propeller built or purchased
- Rubber powered
- 10% bonus for **BLACK MARKER** between 2 ribs or one tip plate
- Labelled for identification
- Up to 2 planes presented for inspection
- 2-Student team
- Non-compliant planes tiered



Wright Stuff Event Parameters NOT MENTIONED

- Plane configuration
 - Canard
 - Conventional
- Rubber mass and size
- Length of plane



Wright Stuff Event

Flying Process

- Indoors, with room dimensions published in advance
- No coaching or communication once in event
- **ONLY PARTICIPANTS** may touch plane. This means **DO NOT** let officials attempt to measure
- Flight log: 30% penalty if not presented
- Trim flights permitted, but on the clock, and must be announced as trim
- Clock
 - 8 minute period starting with first flight, trim or official, or end of preflight time period
 - Trim flight may be unpowered
 - 3 minute prep period, starts when rubber handed to student. 5% bonus if start in 3 minute window.
 - No time-out for retrieval or repairs
 - Flight starting in 8 minutes may go to completion



Wright Stuff Event Flying Process

- Score best duration of 2 official flights, plus bonuses
- BONUS:
 - If SAME PLANE is used for both flights, including ALL components except rubber
 - If plane makes full circle (360 degrees) to left on one flight, to right on other flight
 - Then score is SUM of both flight times
 - This bonus becomes almost mandatory for good score!
 - No room for “safe” vs. “all out” flights
- Construction violations are tiered



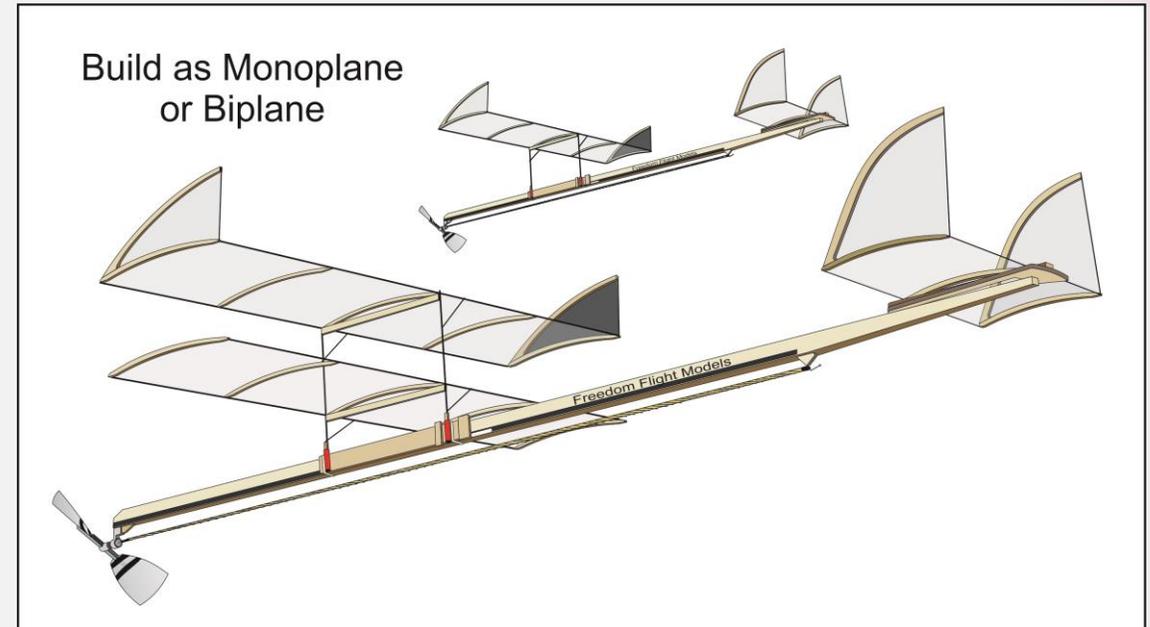
2019 Issues and Observations

- Insufficient Logs
 - Only 10 entries (or less)
 - Too few columns
 - *Logs are a critical element of improvement*
- Crooked construction
 - Accurate construction is critical
- Untrimmed models
- Most planes reasonably built, but not reasonably trimmed
 - Need to do a circle for any reasonable duration
 - Trim plane for low power, then work on higher power adjustments
 - Bonus this year **REQUIRES** field adjustments
- Not flying the same in practice and competition
 - Do not let observations of others change your approach!



2020 Thoughts

- The Stab is very small, which will make trimming difficult
 - Small adjustments to CG will be important
 - Err toward nose-heavy
- The Prop is VERY SMALL
 - Energy management will be hard
 - Vary prop area, pitch to match rubber
- Rubber will be VERY THIN
 - Lots of winds
 - Time management will be an issue
- 2-flight bonus will be critical
 - Figure out plane in left circle first
 - Develop repeatable trim for both directions
 - PRACTICE
- Flights will be substantially shorter this year





Sources

Kits

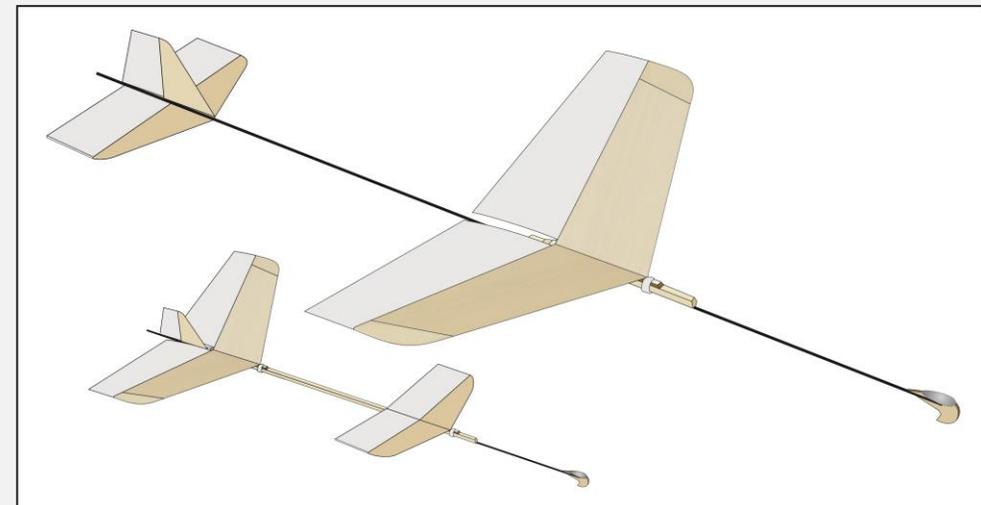
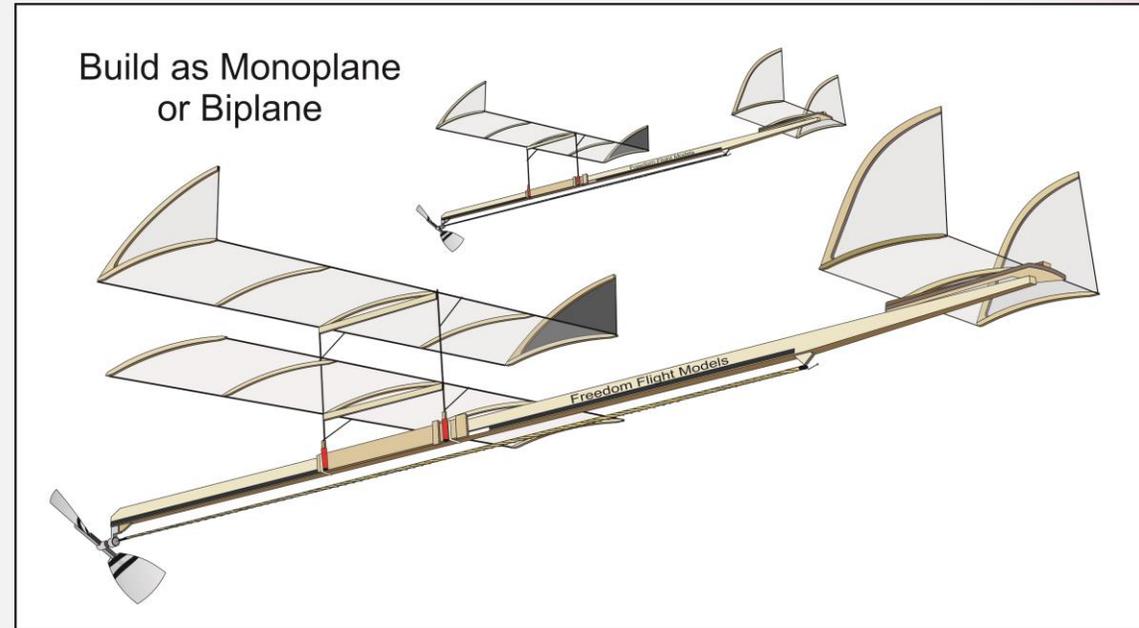
Supplies

Help



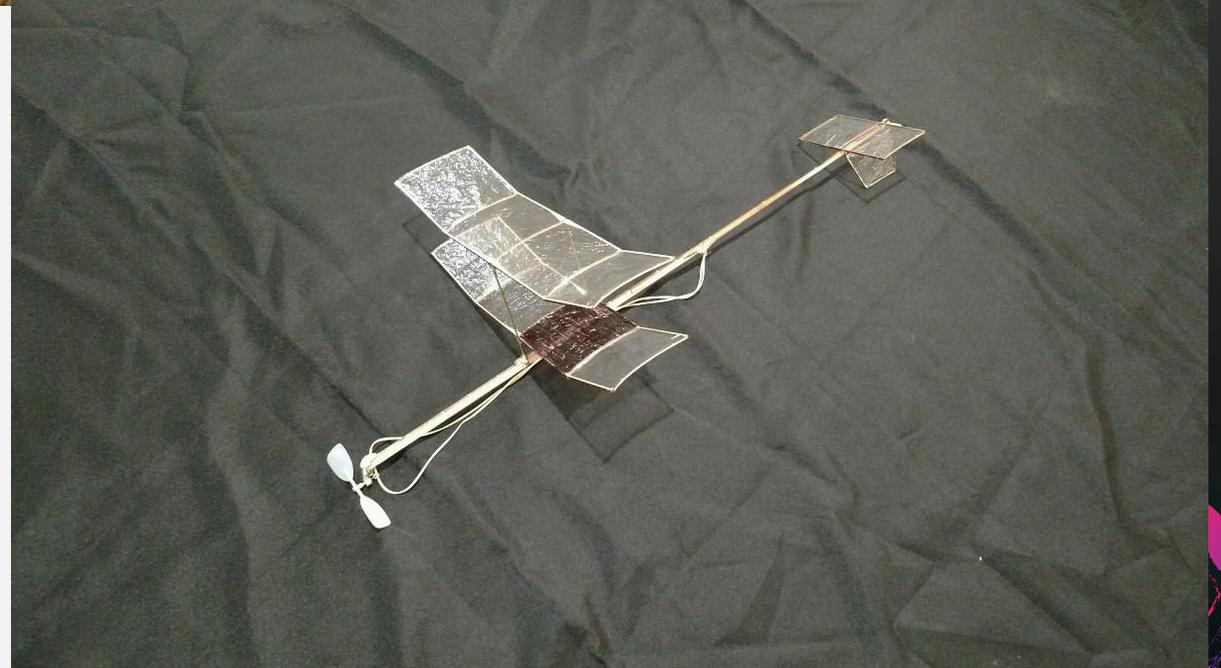
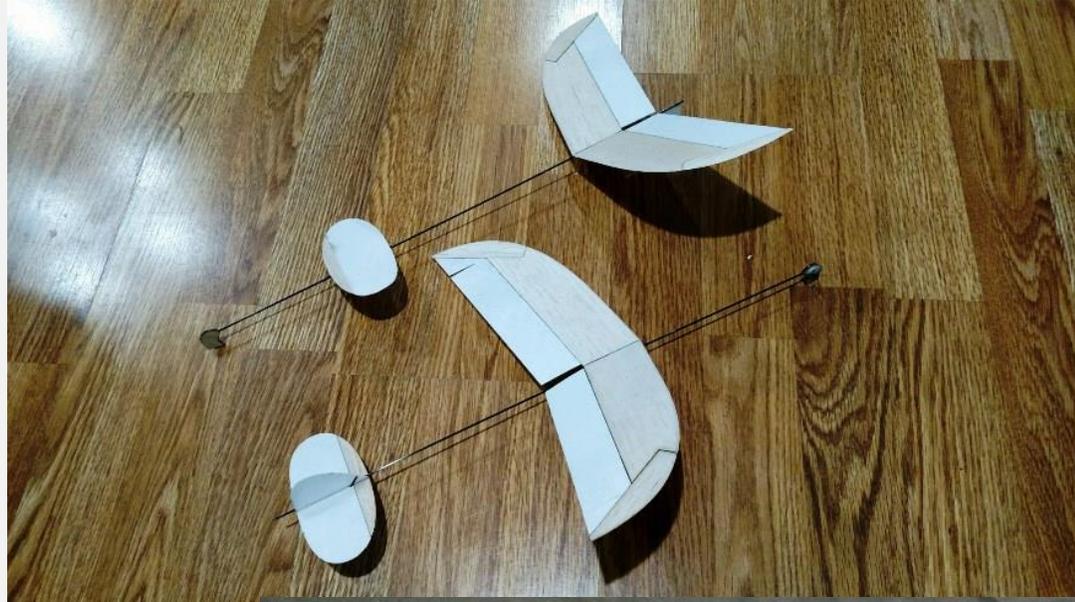
Kits

- Freedom Flight Models
 - Complex
 - WS Competitive, consistently in top 10 at Nationals
 - *2019 Gliders were NOT competitive, but design has changed*
 - Consistent quality
 - EXTENSIVE instructions
 - 4 gliders, \$67
 - 2 planes, \$64
 - <https://www.freedomflightmodels.com>
- Also a full stock of accessories
 - Torque meter
 - Winder
 - Counter
 - Rubber
 - Propellers
 - Launcher for ELG



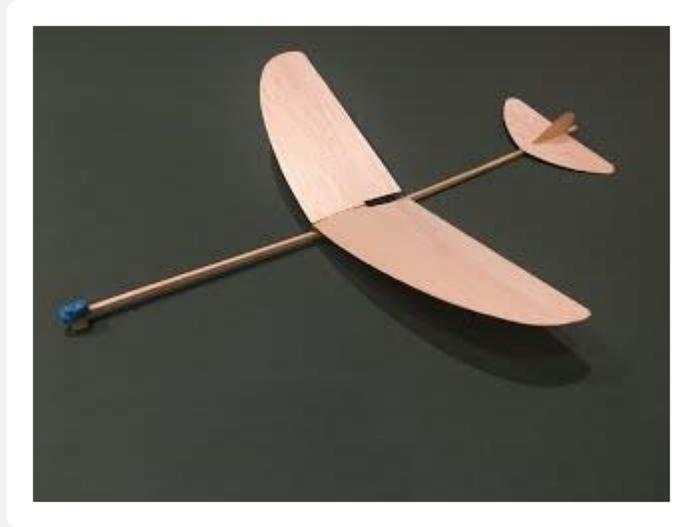
Kits

- J&H Aerospace
 - Competitive indoor flyer designs
 - Proven glider results
 - Many good YouTube videos
 - Protégé Flapper glider (3), \$40
 - Builds as Canard or Standard
 - Senior Flyer plane (3), \$65
 - Laser cut, interlocking parts
 - <https://jhaerospace.com/>



Kits

- Guru Engineering
 - Second Year
 - Based out of WV, supported WS win at Nationals 3 years ago
 - Non-profit
 - Lowest cost options
 - Guru Glider Kit '20 (4), \$33
 - Guru Propeller Plane Kit '19 (2), \$33
 - <http://main.guruengineeringtech.com/>



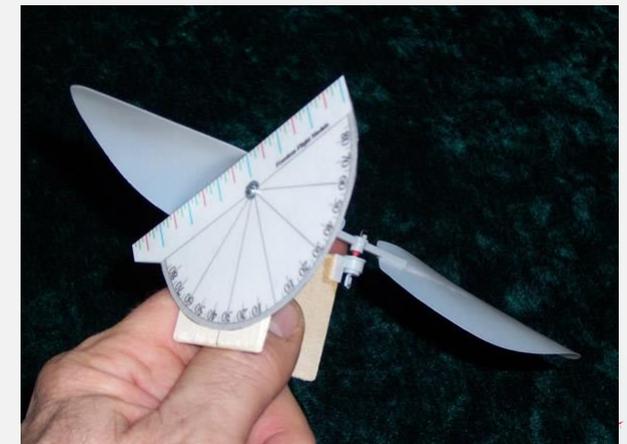
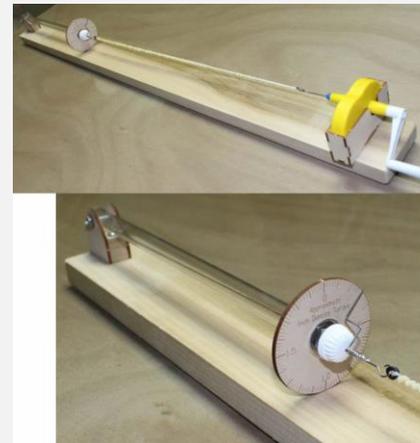
Kits

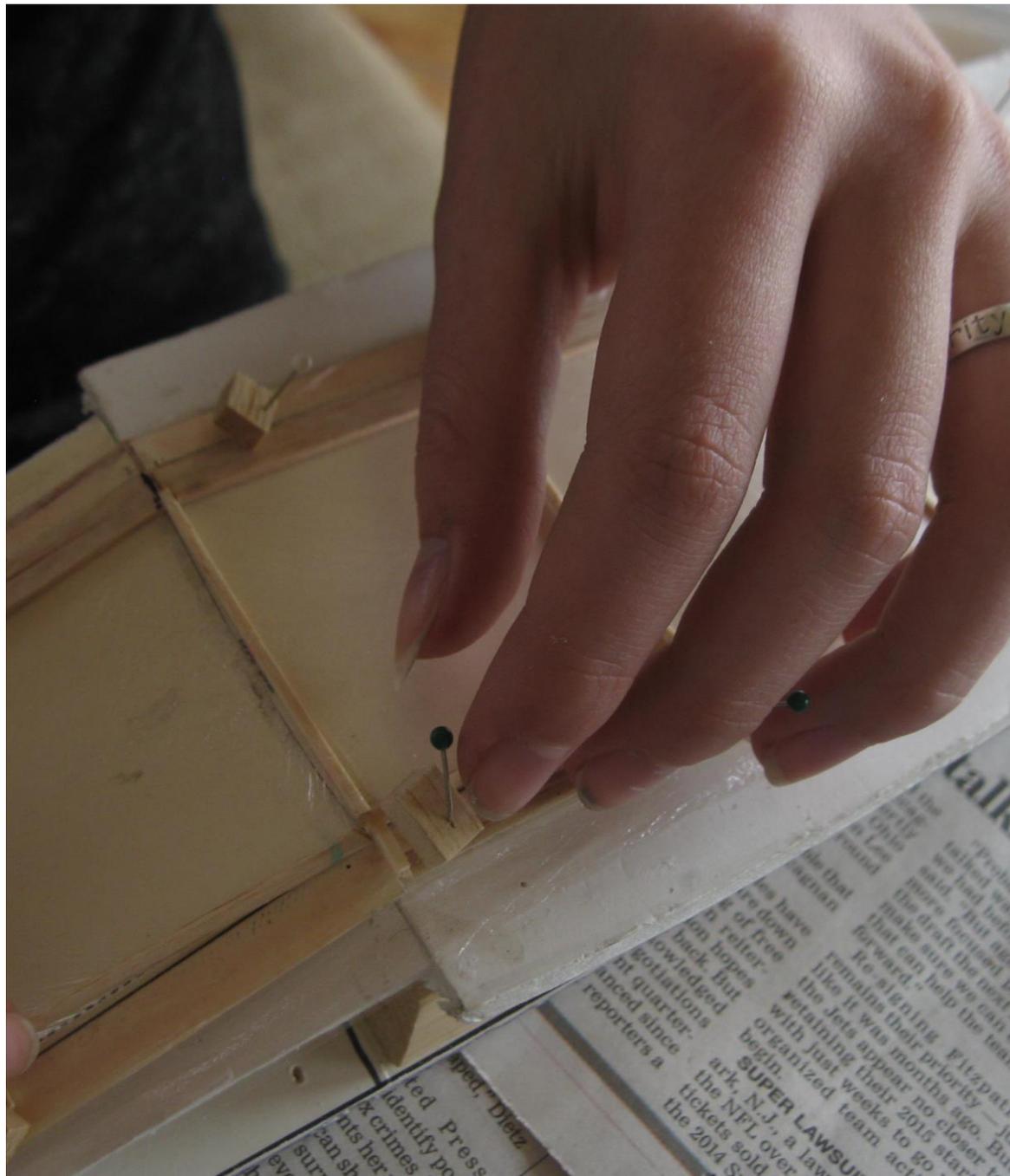
- Laser Cut Planes
 - Simple building
 - Operable design
 - Low cost
 - Photo-instructions, no plans
 - Limited propeller effectiveness
 - Wright Stuff only
 - Sci O'Relief Kit, \$19
 - <https://lasercutplanes.com/>
 - Known for simple assembly



Accessories

- Rubber, Props, Winders, Torque meters, covering
 - Freedom Flight Models
 - <https://www.freedomflightmodels.com>
 - FAI Model Supply
 - <https://www.faimodelsupply.com/>
- Covering, prop hangers, rubber stripper
 - Indoor Model Specialties
 - <http://www.indoorspecialties.com/>
- Plans
 - Hip Pocket Aeronautics
 - <http://www.hippocketaeronautics.com>
 - Look for Bill Gowen and Brian Turnbull
- Online Resources
 - Hip Pocket Aeronautics forums
 - SCIOLY online forums
 - Minimizing weight gain:
https://www.soinc.org/sites/default/files/uploaded_files/glueweight.pdf
 - Basic Building:
https://www.soinc.org/sites/default/files/uploaded_files/ScienceOlympiad5.0.pdf





Building Techniques

Building

- Weight is EVERYTHING
 - Glue control
 - Thin CyA
 - Capillary applicator
 - Balsa Density
 - Weigh and grade balsa
 - Bring scale to store
 - 5-6 lb/cu ft best
 - FFM and J&H kits have excellent wood
- Straight
 - Use fixtures
 - Foam board allows pins
 - Glass or shelving surface
- Strength
 - Wrap key joints with thread, dot of CA
 - Carbon is light, stiff



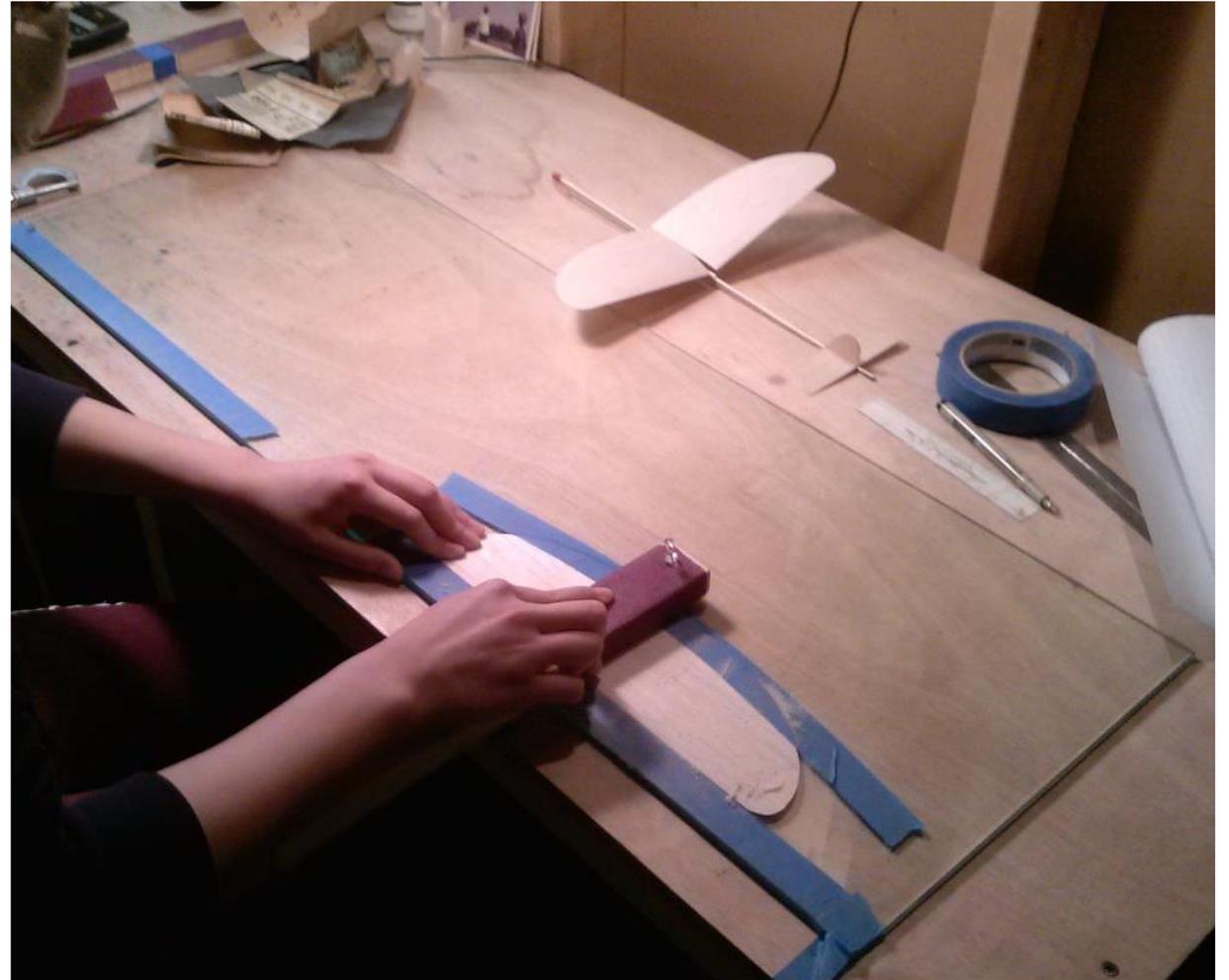
Covering

- Ultrafilm is used in most kits
 - Grocery veggie bags a decent backup
- Prepare
 - Build structure
 - Build a frame from Foam Board or scrap balsa
- Film
 - Cut with solder iron if available, tears easily
 - Ball up as small as possible, twice
 - Unfurl with outward stretching motion
 - Attach to frame with lip balm
 - Carefully stretch to edges
- Adhesive
 - 3M 77 is best (easy, light enough)
 - Glue stick an alternative
 - Light coating on top of structure
 - Press into framed film
 - Allow to cure
 - Cut with soldering iron
 - Careful not to dwell on carbon



Glider Wings

- Key is sanding
 - Take time
 - Measure often
- Blue tape used for thickness guides
 - 1 layer about 0.005"
 - 4 layers for trailing edge
 - 1 layer on high spot
 - 5 layers on sanding bar to make 0.025" tail surfaces
 - Some kit surfaces are foam, no sanding
- Consistent balsa
 - Look at wood in light for consistent grain
 - C grain best for tails, LE
 - A grain best for flaps (or foam)





Flying Techniques

Gliders

Trimming

- Verify mass
 - Check often, remove ballast as glue is added
 - Use modeling clay
- Verify CG (often)
 - Typically 33-40% of chord, see plan
- Toss lightly
 - Like a dart, “place on air”
 - Adjust wing incidence for good glide
 - Adjust CG for small changes
 - Adjust tail tilt or rudder for **right circle**
- Elastic
 - Start slowly
 - Low angle
 - Low pull
 - Tilt to right
 - Increase angle and pull
 - Watch transition to glide
 - Take notes



Gliders Flying

- If anything changes, repeat trimming
- Vary launch angle while watching transition
 - How much does it drop?
- Vary tilt angle to improve transition
 - Stall and dive, tilt more to right
 - Fast, wide turn, tilt more left
- Vary pull to adjust altitude
- Log book!
- Each glider may behave differently
- Slight trim adjustments to improve glide
 - Nose down, too fast, move CG back
 - Stalling, move CG forward



Wright Stuff Trimming

- Verify mass
 - Check often, remove ballast as glue is added
 - Use modeling clay
- Verify CG often
- Decalage to about 5-10mm
- Wind lightly, 600 turns (60 on 10:1)
- Launch straight ahead with light toss
- Watch for stall
 - Increase wing incidence until stall observed
 - Decrease until stall just goes away
- Watch for recovery from touches (ceiling)
 - If dives, move CG forward and re-trim
 - If quick recovery, may try more aft CG
- Trimming may take one or more flying sessions



Wright Stuff Trimming (cont)

- Higher power launches
- Adjust launch torque to room height
- If roll in, add inboard wing wash-in (raise leading edge of inner wing)
- Rudder has greater effect on high speed
- Tail tilt has greater effect on low speed



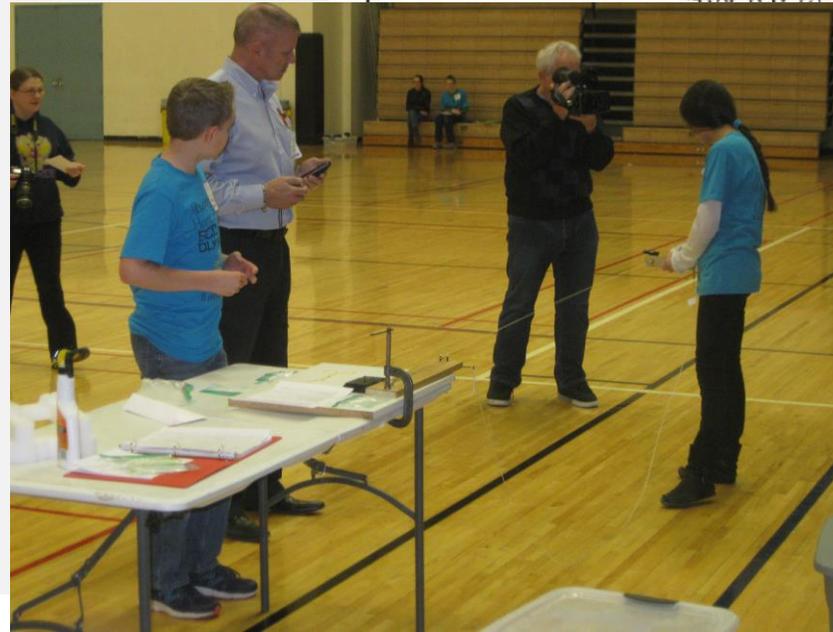
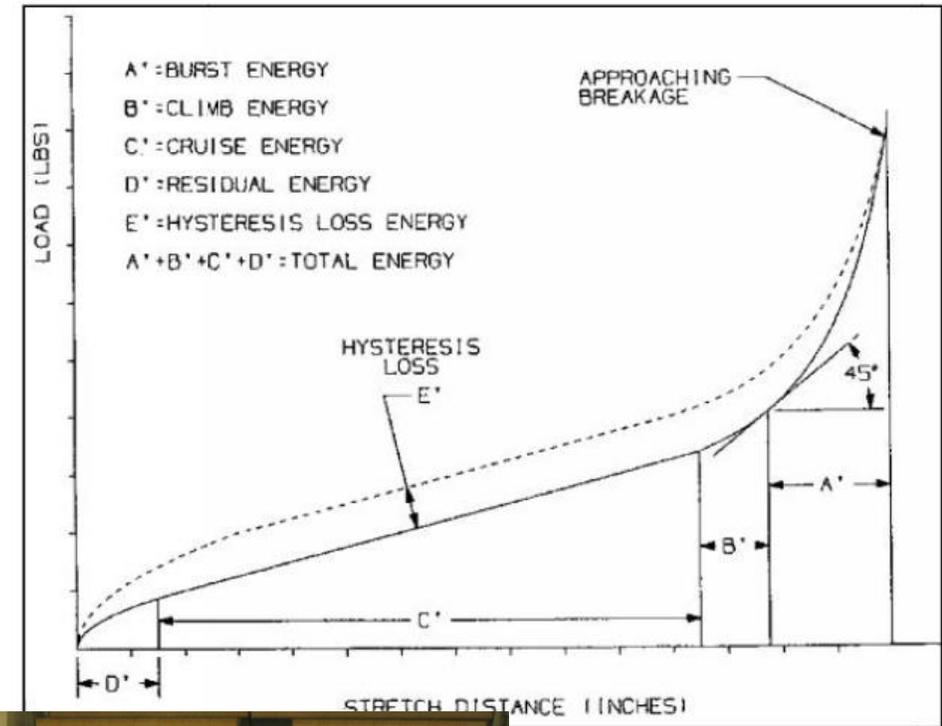
Wright Stuff Flying

- Record ALL parameters in log
 - Change ONE THING at a time
- Rubber/prop optimization is key
 - Change props
 - Adjust prop (pitch, flex)
 - Rubber width, length
 - Stopwatch tells the tale
 - *If it won't climb, try thicker rubber, less pitch, or less diameter*
- Half rubber flights
 - $\frac{1}{2}$ altitude, $\frac{1}{2}$ time
 - $\frac{1}{2}$ rubber length, same thickness
 - Predictable higher ceiling performance
 - Lower risk
 - Replace $\frac{1}{2}$ rubber with weighted stick
- GET IN THE GYM
 - Winning takes 300+ flights



Wright Stuff Flying

- Rubber winding
 - Hysteresis
 - Wind off airplane!
 - Torque meter
 - Wind counting
 - Lubricate
 - Silicon oil
 - Armorall
 - Wind to almost breaking (break some to know)
 - Usually based on torque
 - Back off to launch torque
 - Ceiling height
- Stretch winding
 - Stretch to 7-8X length
 - Wind $\frac{1}{2}$ at full stretch, then walk in
- Rubber evaluation
 - Initial climb: Launch torque
 - Cruise: rubber/prop balance
 - Letdown: Prop flex
 - Look at turns remaining
 - Ideally about $\frac{1}{2}$ row of knots



Flying Seminars

- AAHS team offering to provide in-gym hands-on trimming seminars
- December or early January time frame
- Separate for ELG and WS
- Need to set a time and location
 - Based on interest
 - Can your school provide a gym?
 - Rental gym available, but would require a fee
- Contact me for interest!
- Let's get your investment flying!





Follow-up

- ceandra@comcast.net
- (505)974-0380 (txt please)
- Can help in flying or building sessions