

Physical Recreation

Statement of Operating Policies/Handbook

General

Department Mission. The Physical Recreation program at New Mexico Tech shares in the educational mission of the university by offering opportunities to experience personal growth, social development, improve physical and mental health, and to develop lifetime leisure skills for a healthier lifestyle. The department organizes, administers, and promotes a broad program of competitive, recreational, and educational activities for students, faculty, and staff members at New Mexico Tech as well as for the greater Socorro community.

Department Office. The Department of Physical Recreation is located in the New Mexico Tech Gymnasium. All forms, schedules, rules, etc., may be obtained at this office between the hours of 8:00 a.m. – 5:00 p.m. Monday through Friday.

Department Staff. The administrative staff may be reached by dialing 835-5131.

Gym Hours.

Monday through Friday, 6:30 a.m. to 10:00 p.m.

Saturday and Sunday, 12:00 - 8:00 p.m.

Community Hours - Saturday and Sunday 12:00 - 3:00 p.m. (hours will vary during student breaks)

Bulletin Boards: Department of Physical Recreation information boards are located in the Gym. Announcements, league standings, schedules, and playoff brackets are posted on these boards.

Web page: Information on the Intramural program, Club Sports, gym facilities, etc. can be found on the Physical Recreation website (<http://www.nmt.edu/gym>).

Campus Publications: Open recreation, intramural sports and special event information may also appear in the campus publications, SCOPE and PAYDIRT.

Recreation Facility Use

Availability. Open recreation times and intramural sport schedules are available in the Physical Recreation Office at the beginning of each semester. These schedules may be superseded by classes, special events or club sport events and practices. Advance notice of closures or changes will be posted whenever possible.

Facility Users. New Mexico Tech full-time students, faculty, and staff members who possess a current identification card are entitled to use the recreational facilities. Gym Memberships for spouses and dependents of New Mexico Tech students, faculty and staff may be obtained at no charge and are renewable each semester. (NOTE: Dependents must be 12 or older but may not have reached their 21st birthday.) In addition, persons not affiliated with New Mexico Tech may purchase individual and/or family passes on the basis of one month, six months or one year. Patrons with a current New Mexico Tech ID or gym membership may sign in one guest per visit for a \$3.00 fee. Day passes and half-day passes are available for those 17 and older, wishing to use the facility on a drop-in basis for a \$5.00 (day) or \$3.00 (half-day) fee. Day and half-pass users must adhere to all facility rules and policies; money will not be refunded if patron is asked to leave.

Patrons wishing to sign in a guest must accompany and be responsible for the guest while in the facility. In addition, both parties must be 17 years of age or older.

General Rules

1. All patrons of the New Mexico Tech athletic facility or programs must possess and present a current, valid Tech ID, gym pass or receipt for a day pass, half-day pass, or guest pass, upon request. If a gym pass/Tech ID or receipt is not presented, the individual will be asked to pay the current day fee or leave the facility.
2. Passes for spouses and dependent children (older than 12 years of age, but younger than 21) of current New Mexico Tech faculty, full-time staff, retirees, and full-time students, are renewable each semester and may be obtained at the Physical Recreation Office, free of charge. A replacement fee of \$3.00 for lost gym cards will be enforced.
3. During **community hours**, Saturdays and Sundays 12:00 p.m. - 3:00 p.m., members of the greater Socorro community are invited to use the facility as guests of New Mexico Tech. No gym pass or Tech ID is required at this time; however, patrons must leave a driver's license or some form of non-monetary collateral with the gym attendant in order to check out gym equipment. During community hours, patrons are also required to follow gym policies and requests of the gym attendants. Failure to comply with gym policies will result in suspension from the facility for that day and possible extended exclusion pending review.
4. Patrons with a current ID or gym pass may sign in ONE guest per visit for a \$3.00 fee. The patron MUST accompany and be responsible for the guest while in the facility. Both the patron and the guest MUST be 17 years or older.
5. Day passes and half-day passes (3 p.m. and later) are available for individuals 17 years of age or older for \$5.00 (day) or \$3.00 (half-day). Day pass users must adhere to all facility rules and policies.
6. For individuals not affiliated with New Mexico Tech, Gym passes may be obtained from the Office of Physical Recreation on the basis of one month, six months, or one full year, starting from the date of purchase. Passes are sold on an Individual or Family basis. A family pass covers the individual purchasing the pass, a spouse and up to four dependent children in the household between the ages of 12 and 21. A liability waiver must be completed and filed with the Office. A price list may be obtained from the Office and is listed elsewhere in this handbook.
7. To purchase a gym pass, an individual MUST be 17 years of age or older.
8. Unsupervised children 12 years of age and younger are NOT allowed in the facility at any time. To use the weight room, any patron under the age of 17 must be accompanied and DIRECTLY supervised by an adult, or must see the Director for special clearance. (Special clearance is granted only to those individuals who can demonstrate proper knowledge of lifting techniques and safety precautions.)
9. Purchasing a pass from the Gymnasium does not include privileges to the Swim Center or the Golf Course.
10. The consumption, use or distribution of alcohol and/or illegal drugs within the confines of the Gymnasium during facility hours or on the athletic fields or courts during a New Mexico Tech function is strictly prohibited. Violators will be banned from the facilities, and Campus Police will be notified if any violations occur. Smoking is NOT permitted in the Gymnasium at any time.
11. Individuals who verbally or physically abuse or threaten a gym employee will have their gym privileges revoked for as long as the Physical Recreation Director sees fit.
12. All patrons are expected to follow all policies within this Handbook, and students are also bound by General Campus Rules, which can be found in the New Mexico Tech Student Handbook.

Proper Attire, Footwear

The Department of Physical Recreation requires that proper athletic attire be worn while participating in its recreational activities.

- Proper athletic footwear must be worn in New Mexico Tech's gymnasiums, weight room, racquetball and squash court area. No sandals, Tevas or open-toe shoes will be allowed.
- Cleated, street or other shoes suspected of marking the floors of the gymnasium may not be worn on the indoor surfaces.
- Shirts must be worn by patrons using the weight room.
- In general, participants should refrain from wearing any equipment or covering device that could result in injury to themselves or others.

About the Facility

Two Multipurpose Gymnasiums: The gymnasiums are used for open recreation, physical recreation, community college classes, intramurals, and special events.

Two Racquetball/One Squash Court: The courts are available for reservation, and for use by classes and sport clubs.

Martial Arts/Combative Room: Also known as Room 1, is located downstairs in the Gymnasium. Classes, sport clubs and others use it upon reservation.

Table Tennis Area: Is located just outside of the Weight Room. Two tables available for drop-in use.

Weight Room: Large area used for open recreation, physical recreation, and community college classes. It consists of free weights, weight machines, and a variety of cardio equipment.

Locker/Shower Rooms: Separate facilities for men and women.

Athletic Field: Large multi-purpose field located on the south end of campus. This area is used for intramurals, open recreation, club sport practice and special events.

Tennis Courts: Two hard court tennis surfaces located on the north end of the Tech Swim Center.

Sand Volleyball Pits: Two regulation-sized courts located on the northwest corner of the Tech intramural fields. Nets and outdoor volleyballs are available for check-out in the Physical Recreation equipment room.

Climbing Wall: Located to the west of the Golf Shop, for use by individuals, clubs, and classes. *(Please observe all safety regulations as posted.)*

Facility and Field Reservation

Areas of the Gymnasium may be reserved, if availability permits, for various campus functions by departments, clubs, or special groups. If your group desires to reserve an area, call the Physical Recreation Office (835-5131) as far in advance as possible.

Equipment to Check Out

Backpacks
 Various types of Balls
 Bats
 Canoe

Paddles
 Rain Ponchos
 Racquets
 Sleeping Bags

Coolers
Dumbbells
Horseshoes
Life Jackets

Propane Stoves
Volleyball Equipment
Walleyball Sets
Weight Belts

(In order to check out equipment, patrons must possess a current Tech ID or gym membership. Day users must have a driver's license or other form of identification.)

Fees and Charges

The following are the current prices (January 2004) for those wishing to purchase a gym membership.
NOTE: A gym membership is good only for use of the Tech Gymnasium and does not apply to the Swim Center or Golf Course.

	Individual	Family
Special Students (1-6 hours) 1/2 price for summer session	\$40.00/semester	\$85.00/semester
Part-time Employees, Follett, Chartwells, Alumni, NRAO/VLA	\$15.00/month \$37.50/6 months \$75.00/1 year	\$37.50/month \$97.50/6 months \$195.00/1 year
EMT, Firefighters, Law Enforcement, BLM	\$25.00/month \$90.00/6 months \$150.00/year	\$50.00/month \$150.00/6 months \$250.00/year
All other Individuals	\$30.00/month \$130.00/6 months \$200.00/1 year	\$60.00/month \$200.00/6 months \$300.00/1 year
1/2 Day Pass Day Pass Week Pass	\$3.00 (3pm to close) \$5.00 \$12.00	Community Hours are 12:00 to 3:00 p.m. Saturday and Sunday

Patron Responsibilities and Miscellaneous Policies

The Department of Physical Recreation reserves the right to amend the policies and rules stated herein for the purpose of maintaining a safe and secure recreational environment. Patrons must adhere to all rules and policies listed within this handbook. Violators may be denied future use of the facility and/or referred to Campus Police.

- The consumption, use, or distribution of alcohol and/or illegal drugs within the confines of the Gymnasium during facility hours or on the athletic fields or courts during a New Mexico Tech function is strictly prohibited. Campus Police will be notified if any violations occur.
- Individuals who verbally or physically abuse or threaten a gym employee will have their gym privileges revoked for as long as the Physical Recreation Director sees fit.
- Bicycle racks are available at the South entrance to the Gymnasium, and patrons are encouraged to use them. Please keep bicycles outside.
- According to New Mexico Tech's Student Handbook, pets are not allowed in any campus buildings. It is also strongly suggested that pets not be brought to the fields during competition, for their safety.
- Skateboards and in-line skates, scooters etc. are not permitted in the athletic facility.
- No food or drinks (except water in a closed-top bottle) are permitted in the facility.

Injuries. If any patron is injured while participating in recreational activities at New Mexico Tech, a supervisor or official in charge should be notified immediately. Emergency first aid will be available, if necessary. It is the responsibility of the New Mexico Tech employee in charge to fill out an injury report at

the time of the injury and file it with the Physical Recreation Director. In case medical experts need to be called, the individual being treated is responsible for all costs. New Mexico Tech and the Physical Recreation Department office do not provide medical insurance for intramural participants.

Lockers. Lockers and showers are available in the Gymnasium. Patrons are to bring their own towels. Lockers may be checked out to those individuals possessing a current Tech ID or gym membership for a \$5.00 returnable deposit. (Subject to change) Individuals with current Tech ID cards are required to renew their locker between the 1st and 15th of each May. All others are required to keep their gym membership current in order to maintain a locker. Failure to renew or vacate locker will result in a forfeiture of the locker fee and removal of items from locker. Locks are provided by the Department of Physical Recreation. Those with lockers are encouraged to keep all personal items secured when not in use. All are encouraged to take precautions against theft while using the facility. Lost items should be reported to the Physical Recreation staff and/or Campus Police at 835-5134 immediately.

Personal Equipment. Braces and bandages shall not have projecting metal parts. Patrons with hard plastic or plaster casts on any appendage shall not participate in any team sports.

Contact Information

We invite you to visit us to discuss your recreational interests and concerns. This department was created to serve the New Mexico Tech community. Your input is crucial to the success of our program.

- Director: Melissa Begay
mbegay@admin.nmt.edu
- Physical Recreation Specialist: Annine Gabaldon-Sanchez
agabaldon@admin.nmt.edu
- Club Sport Coordinator/Rugby Coach: Dave Wheelock
dwheelock@admin.nmt.edu
- Sports Equipment/Weight Room Attendant: Totally Staffed by New Mexico Tech Students

Phone Numbers

Tech Gym: 835-5131
Golf Shop: 835-5335
Pool: 835-5221
Game Room: 835-5927

Student Association: 835-5217
Campus Emergency: #911
Campus Police: #5434