



To: New Mexico Tech Retirees Enrolled in Health Plan  
From: Human Resources Department  
Subject: Important Information Regarding Upcoming Changes  
Date: August 22, 2023

The purpose of this memorandum is to explain some upcoming changes in the premiums for the NMPSIA Health Care Plan. This October (2023), the cost of the premiums will increase and the changes in the cost of premiums to NMT Retirees will be as follows:

<u>Plan Name</u>	<u>Increase in Premium</u>
Blue Cross/Blue Shield High/EPO Option	7.24%
Blue Cross/Blue Shield Low Option	7.24%
Cigna High Option	7.24%
Cigna Low Option	7.24%
Presbyterian High Option	7.24%
Presbyterian Low Option	7.24%
Delta Dental or United Concordia High Option	0
Delta Dental or United Concordia Low Option	0
Retiree Life	0

Since we deduct premiums the month prior to the insurance coverage, the new premiums will be deducted September 1, 2023 - <https://www.nmt.edu/hr/index.php>

Open Enrollment allows Retirees time to make changes to their Health Plan Coverage. The Open Enrollment Period is the **only** opportunity to make changes to your coverage unless you have a “qualifying event” such as birth of a child, marriage, divorce, etc. The Open Enrollment period begins October 1, 2023 through November 10, 2023. A form is **not required** if no changes are made. If you have questions or want to make changes to your current coverage, please contact Angie at 575-835-5643 or at [angie.gonzales@nmt.edu](mailto:angie.gonzales@nmt.edu) .



**Human Resources Department**  
**October 1, 2023**  
**Retiree Monthly Rates**

Blue Cross Blue Shield									
Single Premium									
Medical Plan and Carrier	Single No Medicare Retiree Premium	Single No Medicare Employer Premium	Total Monthly Premium	Single with Medicare Retiree Premium	Single with Medicare Employer Premium	Total Monthly Premium			
High Option Plan	\$461.35	\$461.35	\$922.69	\$408.85	\$408.85	\$817.69			
Low Option Plan	\$319.86	\$319.86	\$639.71	\$283.46	\$283.46	\$566.91			
EPO Option Plan	\$415.20	\$415.20	\$830.40	\$367.95	\$367.95	\$735.90			
2 Party Premium									
Medical Plan and Carrier	Two Party No Medicare Retiree Premium	Two Party No Medicare Employer Premium	Total Monthly Premium	Two Party One on Medicare Retiree Premium	Two Party One on Medicare Employer Premium	Total Monthly Premium	Two Party with Medicare Retiree Premium	Two Party with Medicare Employer Premium	Total Monthly Premium
High Option Plan	\$877.39	\$877.39	\$1,754.77	\$824.89	\$824.89	\$1,649.77	\$817.69	\$817.69	\$1,635.38
Low Option Plan	\$608.33	\$608.33	\$1,216.66	\$571.93	\$571.93	\$1,143.86	\$566.91	\$566.91	\$1,133.82
EPO Option Plan	\$789.63	\$789.63	\$1,579.26	\$742.38	\$742.38	\$1,484.76	\$735.90	\$735.90	\$1,471.80
Family Premium									
Medical Plan and Carrier	Family No Medicare Retiree Premium	Family No Medicare Employer Premium	Total Monthly Premium	One Medicare Two or More No Medicare Retiree Premium	One Medicare Two or More No Medicare Employer Premium	Total Monthly Premium	Two Party with Medicare Retiree Premium	Two Party with Medicare Employer Premium	Total Monthly Premium
High Option Plan	\$1,171.86	\$1,171.86	\$2,343.71	\$1,119.36	\$1,119.36	\$2,238.71	\$1,066.85	\$1,066.85	\$2,133.70
Low Option Plan	\$812.54	\$812.54	\$1,625.07	\$776.14	\$776.14	\$1,552.27	\$739.74	\$739.74	\$1,479.47
EPO Option Plan	\$1,054.65	\$1,054.65	\$2,109.30	\$1,007.40	\$1,007.40	\$2,014.80	\$960.15	\$960.15	\$1,920.30
Cigna									
Single Premium									
Medical Plan and Carrier	Medicare Retiree Premium	Medicare Employer Premium	Total Monthly Premium	Medicare Retiree Premium	Medicare Employer Premium	Total Monthly Premium			
High Option Plan	\$440.51	\$440.51	\$881.02	\$390.38	\$390.38	\$780.76			
Low Option Plan	\$306.85	\$306.85	\$613.69	\$271.93	\$271.93	\$543.85			
2 Party Premium									
Medical Plan and Carrier	Two Party No Medicare Retiree Premium	Two Party No Medicare Employer Premium	Total Monthly Premium	Two Party One on Medicare Retiree Premium	Two Party One on Medicare Employer Premium	Total Monthly Premium	Two Party with Medicare Retiree Premium	Two Party with Medicare Employer Premium	Total Monthly Premium
High Option Plan	\$850.37	\$850.37	\$1,700.74	\$800.24	\$800.24	\$1,600.48	\$780.76	\$780.76	\$1,561.52
Low Option Plan	\$592.34	\$592.34	\$1,184.68	\$557.42	\$557.42	\$1,114.84	\$543.86	\$543.86	\$1,087.71
Family Premium									
Medical Plan and Carrier	Family No Medicare Retiree Premium	Family No Medicare Employer Premium	Total Monthly Premium	One Medicare Two or More No Medicare Retiree Premium	One Medicare Two or More No Medicare Employer Premium	Total Monthly Premium	Two Medicare One or more No Medicare Retiree Premium	Two Medicare One or more No Medicare Employer Premium	Total Monthly Premium
High Option Plan	\$1,139.78	\$1,139.78	\$2,279.56	\$1,089.65	\$1,089.65	\$2,179.30	\$1,039.52	\$1,039.52	\$2,079.04
Low Option Plan	\$793.94	\$793.94	\$1,587.88	\$759.02	\$759.02	\$1,518.04	\$724.11	\$724.11	\$1,448.21
Presbyterian									
Single Premium									
Medical Plan and Carrier	Single No Medicare Retiree Premium	Single No Medicare Employer Premium	Total Monthly Premium	Single with Medicare Retiree Premium	Single with Medicare Employer Premium	Total Monthly Premium			
High Option Plan	\$373.07	\$373.07	\$746.13	\$330.61	\$330.61	\$661.22			
Low Option Plan	\$258.70	\$258.70	\$517.39	\$229.26	\$229.26	\$458.51			
2 Party Premium									
Medical Plan and Carrier	Two Party No Medicare Retiree Premium	Two Party No Medicare Employer Premium	Total Monthly Premium	One on Medicare Retiree Premium	One on Medicare Employer Premium	Total Monthly Premium	Two Party with Medicare Retiree Premium	Two Party with Medicare Employer Premium	Total Monthly Premium
High Option Plan	\$783.40	\$783.40	\$1,566.80	\$740.95	\$740.95	\$1,481.89	\$661.23	\$661.23	\$1,322.45
Low Option Plan	\$543.18	\$543.18	\$1,086.36	\$513.74	\$513.74	\$1,027.48	\$458.51	\$458.51	\$917.02
Family Premium									
Medical Plan and Carrier	Family No Medicare Retiree Premium	Family No Medicare Employer Premium	Total Monthly Premium	One Medicare Two or More No Medicare Retiree Premium	One Medicare Two or More No Medicare Employer Premium	Total Monthly Premium	Two Medicare One or more No Medicare Retiree Premium	Two Medicare One or more No Medicare Employer Premium	Total Monthly Premium
High Option Plan	\$1,044.62	\$1,044.62	\$2,089.23	\$1,002.16	\$1,002.16	\$2,004.32	\$959.71	\$959.71	\$1,919.41
Low Option Plan	\$724.28	\$724.28	\$1,448.56	\$694.84	\$694.84	\$1,389.68	\$665.40	\$665.40	\$1,330.80
Delta Dental or United Concordia									
Dental Carrier	Retiree Premium	Employer Premium	Total Monthly Premium	Two Party Retiree Premium	Two Party Employer Premium	Total Monthly Premium	Family Retiree Premium	Family Employer Premium	Total Monthly Premium
High Option Plan	\$14.30	\$14.30	\$28.60	\$27.22	\$27.22	\$54.44	\$42.77	\$42.77	\$85.54
Low Option Plan	\$7.16	\$7.16	\$14.32	\$13.63	\$13.63	\$27.26	\$21.39	\$21.39	\$42.78
Davis Vision Plan									
Vision Carrier	Retiree Premium	Employer Premium	Total Monthly Premium	Two Retiree Premium	Two Employer Premium	Total Monthly Premium	Family Retiree Premium	Family Employer Premium	Total Monthly Premium
Davis Vision	\$3.13	\$3.13	\$6.26	\$5.24	\$5.24	\$10.48	\$7.07	\$7.07	\$14.14