Eligible Expenses

In general, eligible expenses are those expenses you incur for medical care. Medical care means diagnosis, care, treatment or prevention of disease. Expenses incurred by you, your spouse or your other eligible dependents that are not reimbursed from another source (such as insurance) are eligible for reimbursement.

- Acupuncture
- Alcoholism - payment to treatment centers
- Ambulance
- Artificial limbs
- Braille - books or magazines (excess cost over Non-Braille materials)
- Birthing Classes/Lamaze
- Breast Pump and associated parts
- Chemical Dependency treatment
- Chiropractor’s fees
- Crutches
- Dental treatment (inc. dentures, orthodontia)
- Doctor’s fees (licensed medical practitioner)
- Diagnostic fees
- Guide dog and its upkeep
- Hearing aids and batteries
- Hospital services
- Insulin
- Insurance deductibles/co-payments
- In-vitro fertilization fees
- Laboratory fees
- Laser Eye Surgery
- Menstrual Care Products
- Nursing Services
- Orthotic devices (if custom molded)
- Osteopathic fees
- Osmotic supplies
- Over-the-counter items (non-medical)
- Physical exams
- Pregnancy kits / Ovulation predictors
- Prescription drugs and medical supplies that are not otherwise excluded
- Psychologist fees
- Sterilization fees (or reversal)
- Surgical fees
- Therapy received as medical treatment
- Tuition at special school for handicapped
- Vision Expenses, including prescription glasses, contact lenses and cleaning supplies
- Weight-loss medications & programs (ONLY if to treat diagnosed medical condition)
- Wheelchair
- X-rays
Here is a brief listing of some of the OTC's covered by FSA's:

- Acne Preparations
- Allergy and Sinus Medications (Antihistamines, Claritin, Asthma Flow Meters and Nebulizers, Primatene Mist, Nasal Spray and Strips)
- Baby Care (Petroleum Jelly, Diaper Rash Ointment, Thermometers, Pediatric Electrolyte Solutions)
- Cough Cold and Flu Medications (Syrups, Capsule, Rubs, Drops)
- Condoms and Contraceptive Devices
- Diabetes Care/Accessories (Blood Test Strips, Glucose Tester, Glucose Food, Monitors and Kits)
- Digestive Aids (Antacids, Laxatives, Lactose Intolerance Medications)
- Eye Care (Contact Lens Solution, Eye Drops, Reading Glasses)
- First Aid Products (Antibiotics, Analgesics And Ointments, Bug Bite and Anti-Itch Medications, Sunburn Cream, Bandages Gauze Pads and Elastic Bandages, Rubbing Alcohol, Wart Removal Products, Supports and Braces, First Aid Kits, Wound Care Products, Tape and Gloves)
- Foot Care (Cushions, Pad, Creams, Anti-Fungal Medications)
- Heart Monitors and Medical Equipment (Blood Pressure and Heart Rate Monitors, Crutches, Medical Bracelets, Cholesterol Tests)
- Hemorrhoid Treatments
- Homeopathic Medicines
- Incontinence Supplies
- Lice and Scabies Treatments
- Menstrual Products
- Nausea and Motion Sickness Medications
- Pain and Fever Reducers (Aspirin, Acetaminophen, Ibuprofen, Menstrual Cycles and Migraine Medications, Muscle/Joint Pain Relief Cream and Balms, Heating Pads)
- Pregnancy Products (Ovulation Monitor, Pregnancy Testing Kits, Prenatal Vitamins)
- Smoking Cessation Products (Nicotine Patches, Gum and Lozenges, Inhalers)
- Toothache and Teething Pain Relievers

You must be able to provide adequate documentation to verify the eligibility of the item. **Detailed cash register receipts are acceptable documentation.** The receipts MUST contain the date, dollar amount, and specific product name in order to be considered for reimbursement. No miscellaneous (i.e., "pharmacy" or "OTC special") receipts will be accepted, even if accompanied by a box-top or label; and a designation by the pharmacy or merchant isn’t necessarily enough to verify that an item is eligible.
Ineligible Expenses

- Activity Trackers (e.g. Fitbit, Garman)
- Birthing Classes/Lamaze
- Breast pump accessories (i.e. special bottles, labeling lids, etc.)
- Chiropractic Service Agreement/Wellness
- Cosmetic prescriptions, procedures, supplies
- Court ordered exams/treatment
- Dental Bleaching & Veneers
- Diapers
- Exercise Equipment/Programs
- Expenses for which there is no diagnosis
- Family & Marriage Counseling
- Frames w/out prescription lenses
- Health Club Dues
- Infant Formula

- Insurance Premiums
- Massage (unless submitted with a letter of medical necessity to treat a diagnosed condition) (Tips are never eligible)
- Nutritional Supplements
- Special Bedding/Household Appliances
- Special Foods, even if medically necessary
- Toiletries
- Toothbrush/Toothpaste/Floss
- Vision Service Agreements
- Vitamins, one-a-day multiple
- Weight-loss medications & programs for general health