New Mexico Public Schools Insurance Authority

Prescription Drug Program
About Express Scripts

• Express Scripts is NMPSIA’s chosen partner for administering your prescription plan

• We are a leading pharmacy benefit manager that puts medicine in reach for tens of millions of people

• As an Express Scripts member, you have access to:
  • 60k+ retail pharmacies located across the United States
  • Convenient home delivery services
  • Express-Scripts.com and our mobile app for ordering and managing your prescriptions
  • Accredo specialty pharmacy for medications that treat complex and chronic health conditions
  • Specialized pharmacists, nurses and other clinicians in 20+ condition-specific Therapeutic Resource Centers
Your plan covers a broad range of medications that fall into three categories:

**First tier:**
Generic drugs

**Second tier:**
preferred brand-name drugs (lower cost)

**Third tier:**
Non-preferred brand-name drugs (higher cost than First and Second tier)

**Excluded:** drugs that are not covered under your benefit
## Prescription Costs

<table>
<thead>
<tr>
<th></th>
<th>Participating retail pharmacies</th>
<th>Express Scripts Home Delivery</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Out of Pocket Maximum</strong></td>
<td>$3,100 single / $6,200 family</td>
<td></td>
</tr>
<tr>
<td>(Prescription Only- All Drugs)</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Generic</strong></td>
<td>$10</td>
<td>$22</td>
</tr>
<tr>
<td><strong>Brand (Preferred)</strong></td>
<td>30% ($30 min / $60 max)</td>
<td>$60</td>
</tr>
<tr>
<td><strong>Brand (Non-Preferred)</strong></td>
<td>70%</td>
<td>70%</td>
</tr>
<tr>
<td><strong>Specialty Medications</strong></td>
<td>$55 Generic</td>
<td>$80 Preferred Brand</td>
</tr>
<tr>
<td>(30 day supply)</td>
<td>$80 Non-preferred Brand</td>
<td>$130 Non-preferred Brand</td>
</tr>
<tr>
<td></td>
<td>Must be obtained via</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Accredo Specialty Pharmacy</td>
<td></td>
</tr>
</tbody>
</table>

**If you obtain a brand-name drug when a generic equivalent is available, you are responsible for the brand copayment plus the cost difference between the brand-name drug and the generic drug**
# Diabetic Medications and Supplies

<table>
<thead>
<tr>
<th></th>
<th>Participating retail pharmacies</th>
<th>Express Scripts Home Delivery</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Retail (30-day supply)</td>
<td>Mail Order (90-day supply)</td>
</tr>
<tr>
<td>Diabetes supplies, Generic &amp; preferred-brand insulin</td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td>Generic &amp; preferred-brand oral diabetes medications</td>
<td>$10</td>
<td>$22</td>
</tr>
<tr>
<td>Brand (Non-Preferred) diabetes medications and supplies</td>
<td>70%</td>
<td>70%</td>
</tr>
</tbody>
</table>

Please Note: Express Scripts Formulary Preferred Brand for Diabetes Blood Glucose Meters and Test Strips is LifeScan (OneTouch)
Vaccines

- NMPSIA members will pay $0 on certain vaccines including:
  - Influenza (Flu), Pneumonia, Shingles, MMR, Hepatitis A & B, Meningococcal, Tetanus/Diphtheria/Pertussis, Varicella (chicken pox)...to name a few

- Vaccines through the pharmacy benefit are:
  - A key preventive measure for seasonal influenza and other viral conditions
  - More convenient and less expensive through the pharmacy network than at physician practices
  - Likely to result in lower medical costs
  - All states allow certified, registered pharmacists to administer vaccines
  - Call Customer Service to locate a certified pharmacist near you
Get Started With Express Scripts Mail Order

- **E-Prescribe (electronic prescribing)** - Have your physician send your prescription direct to Express Scripts pharmacy for processing

- **Phone** – Call into Express Scripts customer service and request that your maintenance medication be moved to home delivery. We will consult your physician and take it from there!

- **Register** – on express-scripts.com or Express Scripts mobile app and transfer medications to home delivery with a click of a button

- **Mail** – Complete a home delivery order form and submit it, along with a paper prescription, for processing

- **Payment Options** - check card or credit card is the preferred method for online orders. ESI accepts Visa, MasterCard, American Express and Discover. Provide your check card or credit card information or choose to be billed later for mail in orders.
Ask your doctor if a generic medication will work for you

• When you receive a prescription from your doctor, or if you are taking brand-name drugs today, ask
  • If a generic version of the medication is available
  • If generic medications are right for you
  • If there are any risks if you change from a brand-name drug to a generic drug
• Generics have the same chemical makeup as brand-name counterparts and have the same effect on the body
• Makers of generics spend less on research and advertising, and the savings get passed on to you

8 out of 10 prescriptions filled in the United States are for generic drugs
Have a question about a medication?
Give us a call

Each specialist pharmacist has had specialized training in the medications used to treat a specific condition, such as:

- High cholesterol
- High blood pressure
- Depression
- Diabetes
- Asthma
- Osteoporosis
- Cancer

You can contact a pharmacist 24/7 to ask about:

- Drug interactions
- Side effects
- Risks and benefits of your medication
- Help taking your medication as prescribed — which is one of the best ways to help maintain or improve your health

Talk with an Express Scripts pharmacist for general counseling — or a specialist pharmacist for complex concerns — by calling the number on the back of your prescription drug ID card

800-498-4904
Therapeutic Resource Centers
Personalized care for patients

**Retail pharmacists**
- Typically generalists who dispense medications for many conditions
- Juggle many tasks: filling prescriptions, checking orders, overseeing pharmacy
- Setting offers minimal privacy to counsel patients
- Average time talking to each patient is less than 2 minutes*  

**Specialist Pharmacists**
- Extensively trained in medications for a single disease state
- Focused on disease and therapy management
- Speak to patients in their homes or wherever they prefer
- Average time talking to each patient is 12 minutes

*Source: CVS data
Prior Authorization

- Some medications require a Prior Authorization – a process to ensure the medication prescribed is appropriate for the patient and/or the condition and is covered by the prescription drug plan
- Physician’s submit documentation for Prior Authorization on the patient’s behalf
- Most Prior Authorizations expire after 1 year
Drug quantity management (DQM): The right amount

- Aligns the dispensed quantity of prescription medication with FDA-approved dosage guidelines
- Ensures that the most cost-effective product strength is dispensed
- Helps reduce waste

DQM asks: Is this the correct quantity (tablets/capsules) of this medication?

- Rx written
- Pharmacy
- System checks for appropriate quantity
- Messaging to pharmacy with maximum quantity allowed
- Pharmacist can submit for allowed amount or ask physician to request a review be completed to allow the higher quantity
- If quantity is less than or equal to program limit, the claim pays
- If quantity exceeds program limit, the claim rejects
- If quantity is less than or equal to program limit, the claim pays
- If quantity exceeds program limit, the claim rejects

© 2017 Express Scripts Holding Company. All Rights Reserved.
Putting the Brakes on the Opioid Epidemic

Opioid Claim Utilization

Avg. Opioid Claim per Opioid Patient
Influence at home

Education, proactive care and safe disposal of opioids needed at home

1. **Safety Edits** to ensure patients are receiving the appropriate opioid prescription
2. **Educational letter** at first fill
3. **Provide safe deactivation drug disposal bags**
4. **Proactive outreach from our Neuroscience TRC**—A specially trained TRC Opioid Neuroscience Pharmacist contacts each opioid patient every time they fill:
   - 2 or more different short-acting opioids within the last 30 days
   - 2 or more long-acting opioids within the last 21 days and 2 or more prescribers
   - 3 or more different opioids (combination of short and long acting)
   - The 3 drug combo

Patients are NOT aware of opioid risks

70% of abused Rx medicine is provided by or stolen from friends/family

Centers for Disease Control and Prevention’s http://www.cdc.gov/
National Safety Council, Prescription Painkiller Epidemic
The complexity of specialty medications

One prescription = 16 items

- Coban™ adherent wrap
- Bandages
- Large cooler boxes
- Kendall alcohol swabs
- Sterile gauze pads
- Sharps container
- BD 60cc syringes
- Sterile exam gloves
- Tape
- Medication administration sets
- Sodium chloride 0.9% flushes
- Heparin flushes
- Sterile water for injection
- CADD-Legacy® Infusion Pump
- Patient education binder
- Remodulin® – medication that treats pulmonary arterial hypertension

Remodulin® – medication that treats pulmonary arterial hypertension
14 Areas of focus, including:
- Hepatitis C
- Oncology
- Multiple Sclerosis

Unique clinical protocols
maximize safety, effectiveness
and affordability

One-on-one counseling
from specialty pharmacists
and nurses

NMPSIA offers a specialty program through SaveonSP on select specialty drugs to maximize the use of manufacturer assistance dollars resulting in a potential $0 copay. Drugs are dispensed through Accredo Specialty Pharmacy. Contact SaveonSP at 800-683-1074 for more information.
Express Scripts Registration

Use express-scripts.com and the Express Scripts mobile app to manage your medications and prescription benefit plan.

There are two easy ways to register:

- Register at express-scripts.com or ….
- … download the Express Scripts mobile app for free and register

• Register using your member ID number or Social Security Number (SSN)
• One user name and password is all you need for web and mobile app access
Informative and actionable express-scripts.com home page

Order status is the #1 reason members visit the website.

- Provides a one-stop shopping experience
- Offers the services patients expect right up front...
  - Order status with tracking
  - Refilling a prescription
  - Enrolling in automatic refills
  - Visibility to home delivery savings
  - Transferring a prescription to home delivery
  - Navigating to anywhere in the site
Order Status gives members real-time visibility

- Clear, detailed order status
- Actionable self-service messages
- Track shipping
- Real-time email order confirmation
My Rx Choices explores options

- Side-by-side drug comparisons showing plan and usual & customary (U&C) pricing via retail and home delivery pharmacies
- Potential savings by drug and/or channel option
- Helpful drug information
- Ability to print for doctor review
- Access to Consumer Reports Best Buy Drug information
- Display 25+ possible lower-cost options
Easy to locate in-network retail pharmacies

Results provide:

- Nearby in-network pharmacies with address and contact details in Google Maps
- Link to Price a Medication from the selected pharmacy
- Link for directions using Google Maps
Resource Center helps members with health decisions

- View resources and information by medical condition:
  - Cardiovascular
  - Diabetes
  - Neuroscience
  - Oncology
  - Pulmonary
  - Women’s Health
  - Specialty
- Access specialist pharmacists for counsel with medication information and management
- Access more information from sources, such as, Medline Plus
An app that drives better decisions and healthier outcomes for members on the go

Convenience

- Easy-order refills and up-to-the-minute order status lets members avoid trips to their local pharmacy

Peace of Mind

- Reminders and a drug interaction checker help keep members traveling on the road to good health

Simplicity

- One swipe of the finger is all it takes to stay on track with medications

Versatility

- Flexibility that fits members’ lives, delivering personalized prescription information – whenever & wherever they need it
Convenience & Simplicity

Transfer to home delivery
Locate a pharmacy
Peace of Mind & Versatility

My Rx Choices
Convenience & Simplicity

Virtual ID card
Express Scripts:
We’re here for you

• Register at Express-Scripts.com, using the information on your member ID card
• Download the Express Scripts mobile app from your app store to manage your medicines anywhere, anytime
• Call the Member Services number on the back of your member ID card: 800-498-4904
Thank you